

What is PrEP?

PrEP stands for pre-exposure prophylaxis. It involves a HIV-negative person taking antiretroviral medication to prevent themselves from acquiring HIV. When used as prescribed, PrEP is highly effective, and has been available through the Pharmaceutical Benefits Scheme (PBS) since April 2018.

Who can take PrEP?

PrEP can be taken by anyone on an everyday, ongoing basis (daily dosing), and can be accessed under the Pharmaceutical Benefits Scheme (PBS).

There are alternative dosing regimens for taking PrEP, such as:

- Periodic dosing
- On-demand dosing (if you are a cisgender man who has sex with men)

To take PrEP you must be HIV negative. A HIV test will be performed before you start taking PrEP, and every 3 months after you start taking it. Your PrEP prescriber will go through this with you at your first appointment.

If you'd like to know more about PrEP, or on-demand and periodic dosing, check out endinghiv.org.au/stay-safe/prep



Looking for a PrEP Prescriber outside of this area?

Check out PrEP Access Now's Australia-wide map: pan.org.au/find-a-doctor

This guide has been compiled to help community members navigate the local health services and make informed decisions regarding their health.

It is not an endorsement of any physician.

If you would like additional information, please contact:
regionaloutreach@acon.org.au

This guide is proudly supported by



Health
Southern NSW
Local Health District



Version: April 2022



PrEP GUIDE

South East NSW



PrEP Prescribers in the South East NSW



Bungendore Medical Centre

36 Ellendon Street, Bungendore
Phone: 02 6238 1417
(Mon – Fri &
Saturday morning)



Dr Vishal Arya

Queanbeyan GP Super Clinic
23 Antill Street, Queanbeyan
Phone: 02 6297 3311
(Mon – Fri)



Dr Alison Lavender

Queen Street Medical
45 – 49 Queen Street, Moruya
Phone: 02 4474 2222
(Mon, Tues Broulee branch,
Wed Moruya)



Dr Nghia Tran

Cobargo Doctors
54 Princes Highway, Cobargo
Phone: 02 6493 6075
(Mon – Fri)



Bega Valley Medical Practice

61 Carp Street, Bega
Phone: 02 6492 3333
(Mon – Fri)



Dr Dilini Pelpola

Main Street Medical Centre
6/93 Main Street, Merimbula
Phone: 02 6495 2555
(Mon – Wed, 9am – 4:30pm)



Curalo Medical Clinic

60 Princes Highway, Eden
Phone: 02 6496 3322
(Mon – Fri)

Have you got a script?

Congratulations! You can now collect your PrEP from your local pharmacy or order it online through the Personal Importation Scheme (see www.pan.org.au/buy-prep-online for more info).

Note: the pharmacy may have to order in your PrEP, which means you will have to wait a few days once handing in your prescription.



Are you a GP interested in being a part of the guide?



Please fill out the online form here:
acon.org.au/prepguide

GP Letter

If you're not sure if your doctor knows about PrEP, PrEP Access Now (PAN) has created a letter that you can take to your GP. This can be downloaded from: **pan.org.au/find-a-doctor**

What about STIs?

While PrEP is effective in protecting you from HIV, PrEP does not protect you from sexually transmitted infections (STIs). Anyone taking PrEP can use it in conjunction with condoms, and should test four times a year for STIs. Additional testing may be required if you start to show symptoms or a partner lets you know they've been diagnosed with an STI.

A full screen should include chlamydia, gonorrhoea and syphilis. This can be done when visiting your health provider for your PrEP script.

Want to chat to someone about PrEP?

Community members and clinicians can discuss all things PrEP by calling Sexual Health Info Link: **1800 451 624**

