

Important Dates in November

- November 2: International Day to End Impunity for Crimes against Journalists.
- November 6: International Day for Preventing the Exploitation of the Environment in War and Armed Conflict.
- November 16: International Day for Tolerance.
- November 20: Universal Children's Day.
- November 20: Transgender Day of Remembrance.
- November 25: International Day for the Elimination of Violence against Women, which also marks the beginning of the "16 Days of Activism against Gender-Based Violence" campaign.
- November 27: Happy Thanksgiving!
- November 29: International Day of Solidarity with the Palestinian People.
- November 29: Native American Heritage Day. (Don't forget to wear your Native American Heritage AFA pin).

The 16 Days of Activism Against Gender-Based Violence

The 16 Days of Activism against Gender-Based Violence is an annual global campaign that begins on November 25, the International Day for the Elimination of Violence against Women, and concludes on December 10, which is Human Rights Day. This initiative is led by civil society and coordinated by the Center for Women's Global

Leadership (CWGL). The campaign aims to connect the issue of violence against women and girls to the broader human rights framework, emphasizing that such violence constitutes a fundamental violation of human rights.

Native American Heritage Month

November marks the beginning of Native American Heritage Month, a dedicated time to honor and celebrate the histories, cultures, contributions, and achievements of Native Americans in the United States. Throughout the month, communities across the nation reflect on the vital roles Native Americans have played in shaping the country's history and culture.

In 2021, the AFA Executive Board took an important step by passing a resolution to establish the heritage month program and the commemorative pin. This initiative was created to formally recognize Native American Flight Attendants and highlight their contributions and influence within the airline industry, as well as their broader impact on the history and culture of the United States.

Each year, Native American Heritage Month provides a meaningful opportunity for education, reflection, and recognition, culminating in Native American Heritage Day, which falls on Friday, November 29th. This day serves as a special occasion to honor and celebrate the achievements and enduring legacy of Native Americans.

Voter Registration and Voting Rights

It is essential to ensure that you are registered to vote, as some states have purged voter rolls in recent years due to new restrictive laws and initiatives that suppress the voting rights of millions. To protect your ability to participate in local and national elections, check your voter registration status. Visit your local supervisor of elections website or use national resources such as [Vote.org](https://www.vote.org) and [Rockthevote.org](https://www.rockthevote.org) to confirm your status and register if necessary.

Human Rights Violations and Social Impacts

Over the past year, there have been numerous violations of basic human rights in the United States. Families have been separated as a result of ICE raids and detentions, with individuals being taken from streets and homes. In addition, actions taken by the current Republican Administration and Congressional Republicans have resulted in the removal of \$300 billion from the SNAP Benefits program, significantly undermining its effectiveness. Beginning November 1st, many families are expected to face increased food insecurity and may need to rely on food pantries and other support systems to meet their basic needs.

Accessing Food Resources and Community Support

If you or someone you know is affected by food insecurity due to recent changes in SNAP benefits or other circumstances, there are several ways to find assistance in your

area. Online locators such as Feeding America, FoodFinder, and FindHelp.org allow users to search for local food pantries by ZIP code. Additionally, calling 211 provides a referral service to connect individuals with food resources nearby. Local food banks can also offer details about their partner pantries and available support. For those who are able, participating in local food drives or donating food is encouraged to help support ongoing efforts to fight hunger within the community.

Affordable Thanksgiving Meal Deals

In response to increased food insecurity, several major grocery chains have introduced budget-friendly Thanksgiving meal deals in 2025. Walmart and ALDI are offering meals for ten people priced at \$40 or less. Hy-Vee has a \$30 deal designed for six people. Costco has also announced affordable bundles. These packages typically include a turkey along with sides such as stuffing, potatoes, and pie ingredients, making it easier for families to enjoy a holiday meal at a lower cost.

Practicing Gratitude and Compassion This Thanksgiving

This Thanksgiving season, it is important to pause and reflect on your personal journey. Acknowledge and appreciate who you are, the progress you have made, and the accomplishments you have achieved so far. Recognize the goals you continue to pursue and give yourself credit for your resilience and dedication.

Take a moment to step back and thoughtfully consider what and who you are grateful for in your life. Remember not to take anyone or anything for granted. Cherish your loved ones and show them how much they mean to you. Extend a helping hand to those in need within your community and hold hope in your heart for those who may be lost, misguided, or harboring negativity.

By practicing gratitude, compassion, and empathy, you can make this holiday season more meaningful for yourself and those around you.

The Human Rights and Equity Committee Supports Spirit Airlines Flight Attendant Through the Furlough Process

In light of ongoing challenges impacting our membership such as furloughs, financial hardship, and heightened stress both in and outside of work it is clear that Flight Attendants require immediate and direct access to support systems and resources. The Human Rights and Equity (HRE) Committee plays a critical and practical role in meeting these needs, far beyond its symbolic importance.

The Essential Role of HRE Representatives

- Connecting Members to Resources: An HRE Representative serves as a link to essential community and union support services, particularly valuable during periods of uncertainty and hardship.

- Providing Confidential Support: The committee offers discreet guidance and assistance for individuals facing personal challenges or workplace issues related to equity.
- Strengthening Communication: By facilitating dialogue between the local and the Master Executive Council (MEC), the HRE Representative ensures that members' concerns and needs are recognized and addressed.
- Promoting Inclusion and Fairness: The committee's work fosters an environment of inclusion and equality, which helps maintain morale and solidarity among members, especially in difficult times.

Currently, many members are experiencing struggles silently. Having a dedicated representative within the union who is prepared to listen, respond, and connect individuals to appropriate support is crucial to ensuring that no AFA member is left without help.

Supporting Our Veterans This Season

This time of year, it is especially important to remember and support those who have served in the military to protect and defend our country. Veterans have made tremendous sacrifices, and it is our responsibility to ensure they receive the support they need.

We should make sure that veterans are aware of the resources available to them. By actively reaching out and offering assistance, we help honor their service and contribute

to their well-being. Let's take time this season to show our gratitude and extend our support to veterans in our communities. If you're a Veteran, make sure to wear your new AFA Veteran pin! If you do not have one, reach out to your local reps so they can make sure you get one.

Veteran Support Links

<https://modernmilitary.org/programs/strong-communities/>

<https://pflag.org/events/military-community/>

Veterans' Pin: [Thank You For Your Service- Vet Pin Request](#)

#Melissa LGBTIQ+ Support fund #prayforJamacia

The project seeks to provide support to approximately 200 LGBTIQ+ Jamaicans with rebuilding efforts in an effort to regain some normalcy in their lives post Hurricane Melissa. Through provision of this project, we seek to build the resilience of the Jamaican LGBTIQ+ community by strengthening social ties and community support. Investing in

infrastructure repairs will aid in mitigating negative mental health impacts and strengthen community support networks.

[Donate Here!](#)