

# TIME TO ACT ON MALE SUICIDE IN AUSTRALIA

Male suicides in Australia up

**25%**  
IN 10 YEARS

ABS. Causes of Death 2013-2023



**3 in 4**  
Suicides are men

ABS. Causes of Death 2023



Suicide kills  
**7 MEN**  
every day  
in Australia



ABS. Causes of Death 2023

Male suicides are more often linked to social issues than female suicides

**6x more** suicides linked to legal issues



**6x more** suicides linked to drug and alcohol abuse



**4.5x more** suicides in people not in the labour force



**4x more** suicides linked to economic hardship



**4x more** suicides linked to divorce and separation



**Nearly 4x more** suicides linked to relationship issues

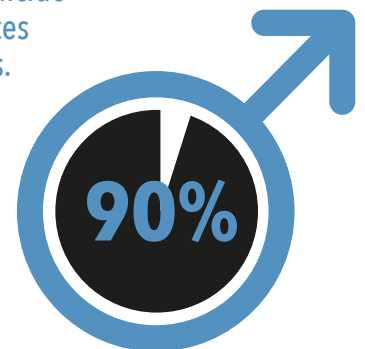


ABS. Causes of Death 2023, AIHW. Burden of Disease Study 2024

Most men who die by suicide  
are in contact with services  
prior to taking their lives.

**90%** of people with a mental  
health diagnosis who die by  
suicide were in treatment (VIC).

**9 in 10** people who die by  
suicide were in contact with  
community services (TAS).



Clapperton et al 2018. Identifying Typologies of Persons Who Died by Suicide  
DoH 2021. Report to the Tasmanian Government on Suicide in Tasmania

 **2020**

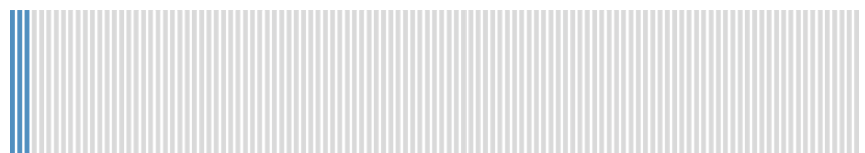
The National Suicide  
Prevention Advisor called  
for male suicide to be made a  
whole-of-government priority.

She advises all jurisdictions  
to identify priority actions to  
prevent male suicide be included  
in the National Strategy.

NMHC. NSPA Final Advice 2020

 **2025**

The National Suicide Prevention Strategy is launched



**3** out of **117** actions  
specifically mention men

NSPO. National Suicide Prevention Strategy 2025-2035



[www.amhf.org.au/suicide](http://www.amhf.org.au/suicide)

It's time to develop a National Action Plan to Prevent

**MALE SUICIDE IN AUSTRALIA**