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HUSHABYE NURSERY

Recovery Center for Neonatal
Abstinence Syndrome





Hushabye
Nursery



"Without Hushabye, I know I wouldn't have been able to be a momma to my baby, the way that I am now."

Hushabye Nursery's Care Model

NAS Center of Excellence



Prenatal Services & Community Support

- Medical Care
- HEAL Program
- Housing support- Sally's Place
- Addiction Treatment
- Counseling
- DCS Collaboration
- Medication Assisted Tx
- Financial Guidance
- Home Visiting



Nursery Services

- NAS Recovery Services
- NAS Environment
- Specialized Training
- Nonjudgmental Environment
- Family Care Model



Discharge Services

- Newborn Follow-Up
- HEAL Program
- SDOH
- SENSE
- Pediatric specialists
- Developmental services
- Family Counseling
- Financial Guidance
- Home Visiting

Service Coordination
Access to Care

Hushabye's Prenatal Services



Prenatal Services

- Medical Care
- Addiction Treatment
- Counseling
- DCS Collaboration
- Medication Assisted Tx
- Financial Guidance
- Home Visiting

Hushabye Outpatient Services

Trauma Informed

- Peer Supports
- Trauma Specialist
- EMDR
- Counseling
- Transportation, food and housing support
- NAS education-diagnosis treatment and follow-up care
- Infant CPR
- Car Seat Education
- Safe Sleep Education
- Baby Supplies and Resources
- Care Coordination
- Evidence Based Parenting Classes such as Triple P Parenting
- Baby Soothing Education
- Social Connections
- SMART Recovery

August 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 *Mentoring every Tuesday night 8:00pm to 9:00pm duty hours in person	4	5	6 HOPE gym	7
8 HOPE swim Triple P 2:30 pm	9 Strength-through Safety swim HOPE gym Swain Recovery to person	10 Group Coaching swim HOPE gym	11 Swain Recovery gym HOPE swim	12 HOPE gym	13 HOPE Car Seat Safety gym	14
15 HOPE swim	16 Strength-through Safety swim HOPE gym Swain Recovery to person	17 Group Coaching swim HOPE gym	18 Swain Recovery gym HOPE swim	19 HOPE gym Developmental Screenings (GAS) 10:00 am-12:00 pm	20 HOPE gym	21
22 HOPE swim	23 Strength-through Safety swim HOPE gym Swain Recovery to person	24 Group Coaching swim HOPE Family Support Event	25 Swain Recovery gym HOPE swim Pregnancy Counseling Support	26 HOPE gym	27 Safe Sleep gym	28
29 HOPE swim	30 Strength-through Safety swim HOPE gym Swain Recovery to person	31	1	2	3	4



Hushabye's Inpatient Services



Nursery Services

- NAS Recovery Services
- NAS Environment
- Specialized Training
- Nonjudgmental Environment
- Family Care Model
- 1:1 Caregivers
- Trauma informed

Current NICU Environment





Hushabye Nursery | hushabyenursery.org | 480-628-7500
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**"Every second we spent there, my partner
and I felt welcomed and heard."
- Hushabye Mom and Baby**



Hushabye Nursery is Different.

NICU Model

NICU environment

Design NICU for premature babies, not NAS babies

Limited resources for family recovery and DCS navigation

Restricted visitation due to COVID and space

Ensure one caregiver to every three babies (1:3)

Hushabye Model

Treat babies in quiet, dark, calm environment

Private nurseries

Educate families on how to care for NAS baby

Family can stay in-room 24/7

Ensure one caregiver per baby (1:1)

DCS specific Case manager

Specially-trained staff with passion for NAS babies

Promote bonding and breastfeeding

Use five Ss, rock up and down, 6th S-squat techniques

Wean and treat babies with medications as necessary

Eat Sleep & Console Treatment Model (ESC)

Validate Finnegan Neonatal Abstinence Scoring System

Provide outpatient behavioral health treatment onsite



Inpatient Services

Family-Centered Trauma Informed Care

- Care for babies as they go through the withdrawal process
- Families may stay with their baby 24/7
- ESC model with Modified Finnegan assessment tool
- **Phototherapy**
- **Gavage Feedings**
- **Pharmacologic care if needed**
- **DCS Support**
- Family Education
- Counseling
- Family Coaching
- **Lactation Support**
- Developmental Specialist Consultations
- Trauma Support Specialist

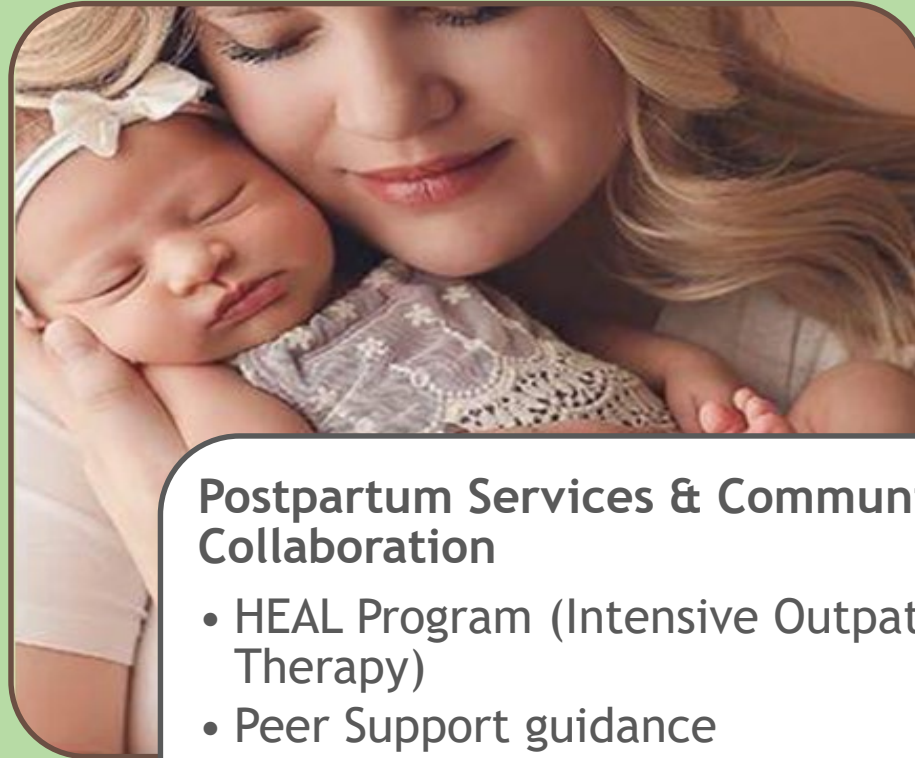




Outpatient Services

- Peer Supports
- Trauma Specialist
- EMDR
- Counseling
- Transportation, food and housing support
- NAS education-diagnosis treatment and follow-up care
- Infant CPR
- Car Seat Education
- Safe Sleep Education
- Baby Supplies and Resources
- Care Coordination
- Evidence Based Parenting Classes such as Triple P Parenting
- Baby Soothing Education
- Social Connections
- SMART Recovery

Postpartum Follow Up



Postpartum Services & Community Collaboration

- HEAL Program (Intensive Outpatient Therapy)
- Peer Support guidance
- Trauma Therapy
- MAT
- Edinburg Assessments
- Family Counseling
- SDOH Support
- Home Visiting
- Maternal Mental Health
- HOPPE groups

HOPPE PROGRAM

Hushabye Opioid Pregnancy Preparation & Empowerment



What is the SHIFT Collaborative?

- National Quality Improvement Center for Collaborative Community Court Teams (QIC)
- Goal: improve outcomes for infants with prenatal substance exposure and their families.
- Multidisciplinary team including:
 - Court Staff
 - Judicial Officer
 - Parent's Attorney
 - Terros Health
 - Maricopa County Public Health
 - Neonatal Nurse Practitioner
 - Medication Assisted Treatment (MAT) Provider

The Goal of SHIFT

- *The overall goal for the Safe, Healthy Infants & Families Thrive (SHIFT) Collaborative is to ensure early identification of infants prenatally exposed to substances, reduce the time to service engagement for parents and infants, increase system collaboration on this issue, and decrease the overall exposure to trauma for the impacted family.*

1

Pilot a collaborative strategy for intervention at a birthing hospital.

2

Explore a pre-filing dependency diversion drug court.

3

Improve outcomes for enrolled Family Treatment Court parents of IPSE and pregnant participants



IMPACT REPORT

NOVEMBER 2020 - DECEMBER 2021

We offer compassionate, evidence-based care that changes lives.

Opioid Use Disorder (OUD) during pregnancy has been linked to serious negative health outcomes for pregnant women and developing babies including preterm birth, stillbirth, maternal mortality, and Neonatal Abstinence Syndrome (NAS).

Hushabye Nursery is working to improve systems to help ensure that every newborn experiencing NAS, and their family experiencing OUD, receive the right care at the right price for better overall health outcomes.

Reduced Length of Stay

Average NICU stay is

22 DAYS

in Current Standard of Care

Average Hushabye Nursery stay is

7 DAYS

Our innovative care model for treatment of NAS infants significantly decreases length of stay.



Dramatic Decrease in Cost

Average NICU cost is

\$44,824

Average Hushabye Nursery cost is

\$6,874

The financial savings to the healthcare industry could be substantial as a majority of newborns with NAS are insured by Medicaid.



COMMUNITY REFERRALS

Hushabye Nursery helps families navigate the healthcare maze as well as other critical systems and social services. We made

1,168

referrals to community partners.



Decreased Usage of Morphine

Hushabye Nursery's integrated, family-centered care model provides the ideal setting for implementation of the Eat, Sleep, Console method that minimizes the need for pharmacologic support.

98%
of NICU babies are treated with Morphine compared to
25%
at Hushabye Nursery

37%
of NICU babies who arrived at Hushabye had already been administered Morphine; Only
53%
needed continued treatment during their Hushabye stay.

Only
5%
received their first dose of Morphine at Hushabye Nursery.

We Served

460
PARENTS
(outpatient) and

199
INFANTS
(inpatient)

90 DAY FOLLOW UP

69%
Decrease in substance abuse.

48%
Increase in patient safety.

42%
Increase in parenting knowledge.

CLIENT SATISFACTION

95%
Would recommend the program to someone they cared about.

99%
Felt safe.



High Success Rate in Working With Mothers Prenatally

77%
of mothers who are prenatally involved with Hushabye Nursery safely maintained custody of their infant.

50%
of mothers who are not prenatally involved infants were placed in foster/kinship care.

Our Comprehensive approach addresses the needs of the entire family, from prevention for the child to recovery for the adult.





*Hushabye
Nursery*



**"I am truly blessed to have an opportunity to bring you home to love
to cherish and to keep safe day by day. Thank you, Hushabye!"**

- Hushabye Mom and Baby



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For Referral
Call/Text 480-628-7500