MARCH OF DIMES

IT STARTS WITH MOM *Live*

PANEL SERIES

MATERNAL MENTAL HEALTH

Mental health challenges are among the most common pregnancy and childbirth complications. Approximately 1 in 7 women experience postpartum depression, and 1 in 10 experience postpartum anxiety. However, many new parents feel alone in their experience.

JOIN OUR PANEL OF MENTAL HEALTH PROFESSIONALS, LEADERS AND ADVOCATES FOR A POWERFUL DISCUSSION ON ERASING STIGMA AND SUPPORTING FAMILIES.

MAY 25, 2022
12:00PM – 1:00PM PT
REGISTER HERE

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For more information or to support March of Dimes, please contact Sahar Milani at smilani@marchofdimes.org.