**GET TESTED TUESDAYS**

Bradbury-Sullivan LGBT Community Center in Allentown hosts Get Tested Tuesdays on the first and third Tuesday of each month.

Come by for safe and affirming COVID-19 testing; assistance enrolling in low-cost health insurance plans through Pennie; and sexual health screenings for:

- HIV
- HEPATITIS C
- SYPHILIS
- CHLAMYDIA
- GONORRHEA

Services are offered between 4 and 6 pm at 522 West Maple Street in Allentown. Additionally, on the first Tuesday of each month, COVID-19 vaccines are available for free.

**CONTACT:** Chrystina@BradburySullivanCenter.org for more information

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**CONNECTING TO AFFIRMING CARE**

Many LGBTQ+ folks go without the healthcare services they need because they cannot identify and access affirming providers. Our team can direct you to LGBTQ-competent doctors, therapists, and vaccine providers. Call or email us for assistance.

Emails will be responded to within 24 hours, Monday through Fridays, and our LGBTQ+ infoline is answered 24/7.

**CONTACT:**
- Referrals@BradburySullivanCenter.org
- 610-347-9988 ext. 103

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**YOUR PRIDE GUIDE TO PUBLIC HEALTH IN 2022**

What you need to know to stay socially active while keeping yourself and your community healthy.
**MONKEYPOX**

**SPREAD:**
Direct contact with infectious sores, scabs, or bodily fluids, especially during activities such as kissing, cuddling, or sex

**SIGNS & SYMPTOMS:**
Symptoms typically appear 7-14 days after exposure and may begin with:
- Fever, chills
- Swollen lymph nodes
- Headache, muscle aches, backache
- Exhaustion

1-3 days later...
May experience lesions on the arms, legs, face, and/or genital region.

**STEPS TO TAKE:**
- Avoid physical contact with sick individuals
- Wash hands
- Call a doctor if you start exhibiting symptoms

**SYMPHILIS**

**SPREAD:**
Transmitted during vaginal, anal, or oral sex*

*It is NOT spread through casual contact such as doorknobs, swimming pools, hot tubs, sharing clothing & utensils

**SIGNS & SYMPTOMS:**
Typically firm, round, and painless sores on, around, or in the site of infection (penis, vagina, anus, rectum, lips, or mouth)

If it remains, a rash can begin to form:
- Rash on palms or bottom of feet
- Fever, fatigue
- Swollen lymph nodes, sore throat
- Hair loss, weight loss

**STEPS TO TAKE:**
- Use condoms, correctly, every time you have sex
- Ask new partners if they had a recent STD test
- Get tested regularly

**COVID-19**

**SPREAD:**
COVID is an airborne virus. It can enter the body through the eyes, nose, and/or mouth

**SIGNS & SYMPTOMS:**
- Fever, fatigue
- Coughing, shortness of breath
- Headache, muscle aches
- Loss of taste or smell
- Sore throat
- Congestion, runny nose
- Nausea, vomiting
- Diarrhea

**STEPS TO TAKE:**
- Wear a mask
- Get vaccinated, including booster
- Practice good hygiene

**DO I QUALIFY FOR THE BOOSTER?**
bit.ly/vax_booster