

sex
NOW



**Long-acting
HIV treatment
is here!**



**But more action is
needed to improve
access.**

Long-acting HIV treatment is changing what living well with HIV can look like.

- Just two injections every one or two months are required (cabotegravir + rilpivirine).
- This isn't experimental or in the future. It's real. It's here. And it's approved by Health Canada.
- More complete long-acting options are coming in pill and injectable form.



**Daily pills work, but are
not the only option
anymore.**

**Curious? Long-acting
HIV injectables could be
a fit for you.**





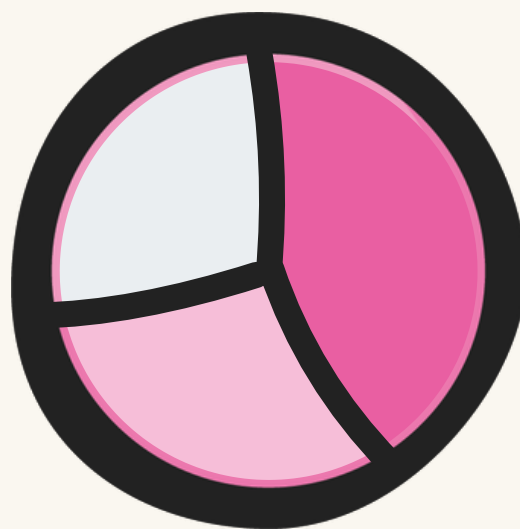
**As part of Sex Now 2024, we
asked 231 2S/GBTQ+
participants living with HIV
about their preferences for
long-acting HIV treatment.**

Here's what they said...

Treatment Preference

Two in five Sex Now participants shared they would prefer long-acting injectable HIV treatment to daily oral pills.

I prefer
daily pills
28%

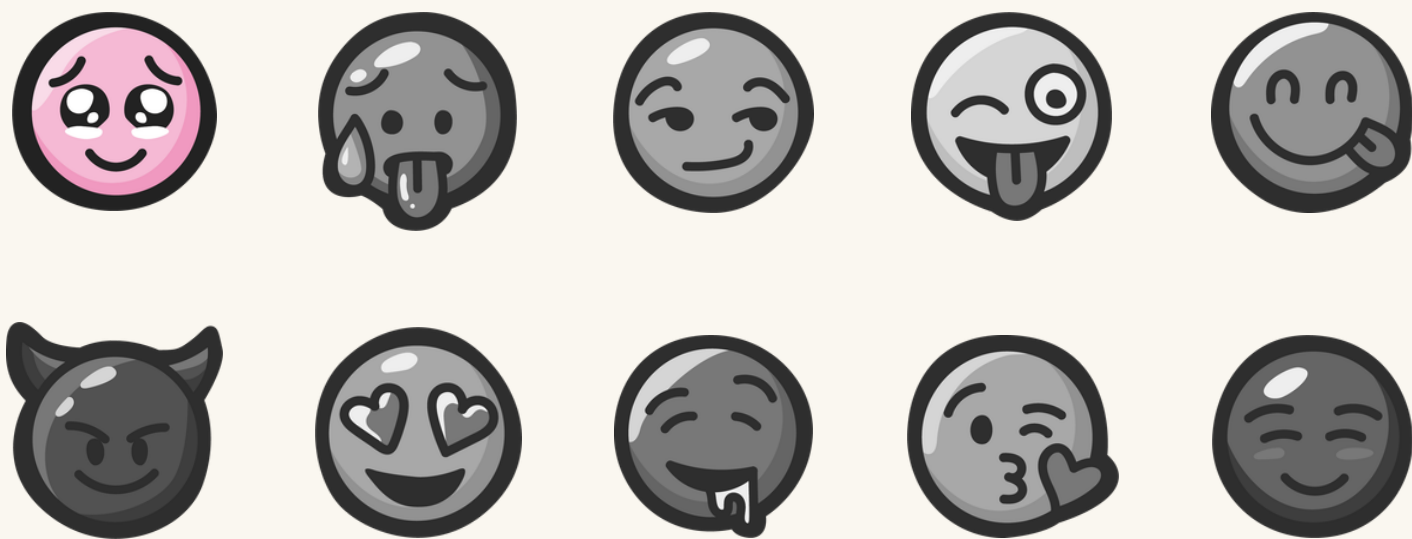


I prefer long-
acting
injectables
42%

I am unsure
what treatment
I prefer
30%

Treatment Access

Only 1 in 10 Sex Now participants who prefer long-acting injectable HIV treatment could access it.



That means that 9 in 10 people who wanted this form of treatment can't get it currently.

Treatment Benefits

Long-acting treatment could make living with HIV easier for some people. Participants shared that benefits included less worry about HIV, less daily reminders about living with HIV, more freedom, and greater privacy.



What might hold you back?

Long-acting treatment isn't right for everyone. Some people wonder: Will they have to visit the clinic more often? Is this really as reliable as daily pills? What about possible side effects?



So, what can you do?

- Spread the word about access and barriers by sharing this post!
- Learn more about long-acting HIV treatment and how it works from CATIE: bit.ly/443RQgv
- Talk to a peer, case manager, or healthcare provider if you think long-acting treatment is right for you!



Want to know more?

Find out more about the
Sex Now Survey at
cbrc.net/sex_now



This infographic was created by three Health Communication students at the Dalla Lana School of Public Health, University of Toronto, with support from staff at CBRC:

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