

Kathryn Parlet

Behavioral Health Division Director

Santa Clara Valley Healthcare | County of Santa Clara



▼ Building relationships. Solving problems. Delivering results.

Every CEMA member deserves a representative who listens, communicates openly, and advocates effectively on their behalf. That's the kind of Member-at-Large I will be. I am running because I want to use my experience in County leadership, negotiations, and advocacy to strengthen CEMA and ensure every member's voice is heard.

For more than 25 years, I have proudly served the County of Santa Clara, building relationships, solving complex problems, and advocating for employees and the communities we serve. Today, as a Behavioral Health Division Director, I collaborate with leaders across the County to solve complex challenges, build consensus and achieve results.

▼ Commitment to CEMA

My commitment extends well beyond this election.

- Supported the 2026 Budget Negotiation Team and our most recent Contract Negotiation Team.
- Represented my department in SEIU meet-and-confer meetings.
- Longtime CEMA Liaison for Custody Health Services.
- Active participant in CEMA events, including the Board of Supervisors Rally and Stars & Strides Runs.

▼ My Priorities

- Protect and advocate for telework.
- Advocate for fair compensation.
- Support reasonable workloads and increased vacation opportunities.
- Stand with members during budget reductions and organizational change.
- Ensure every member's voice is heard.

▼ My Commitment

The best leadership, representation, and solutions begin with listening. I believe strong relationships are the foundation of effective advocacy.

If elected, I will be visible, accessible, and responsive. I will work hard to earn your trust by listening, communicating openly, and following through on my commitments.

My husband and I have proudly called Santa Clara County home since 1997. I care deeply about our County, our members, and CEMA's future.

It would be an honor to represent you. I would be grateful for your vote and your support.