



CFM in ACTION: St. Joseph Church, Winterset, Iowa and Spirit of Christ Church, Arvada, Colorado



The St. Joseph Church CFM Group based in Winterset, Iowa gathered gently used and new winter clothing for their local CRISP office to distribute to those in need. CFM National Board members Rick and Sandy Hoenig are part of this group.

www.wintersetcrisp.org



They had the box in the gathering space of their parish & was nearly FULL after only two weekends! They plan to leave the box out through January as they know families will receive new items through Christmas, but also children tend to “lose” items through the winter! They are thankful for the generosity of their community.

Photos courtesy of Heather Honkomp, CFM National’s Digital Communications Manager.



The CFM group of Spirit of Christ Church in Arvada, Colorado attended the Festival of Lessons and Carols at St. John Francis Regis Chapel at Regis University during the 2023 Advent Season. The group later went out for their Christmas celebration. This group includes CFM board members Gene and Linda Nuccio and former CFM National VP couple Frank and Pat Gacnik.

The Lessons and Carols service was written and presented by the Regis University students and choir, including original music, readings from scripture, and commentary linking these readings to today's challenges. It was an inspiring and spiritually uplifting experience for all.





CFM in Social Media

Please share our latest video:

https://youtu.be/E9MqFzXn_ms

Copy the link of our video and share in your own social media accounts (FB, Instagram, Twitter, YouTube, Tiktok, etc.)

216 days till our CFM 75th Anniversary Celebration

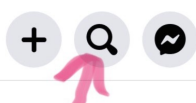


2024 is finally here! CFM's 75th year anniversary celebration will be held from August 3-4, 2024 @ Mundelein Seminary in Illinois. Please visit our website at [75th Anniversary -CFM-USA](https://www.cfm.org/75th-Anniversary-CFM-USA) to register and for additional details. We hope you can join your fellow CFM members (past, present and future) in this momentous occasion.

Share and invite others to our upcoming CFM 75th Anniversary Celebration

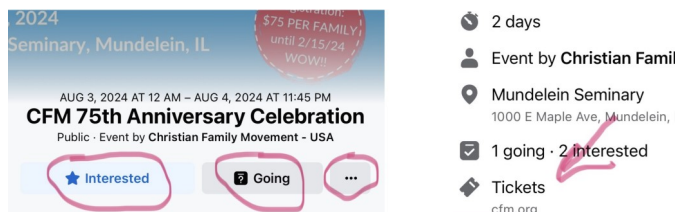
1. Visit FB and search for our event using the magnifying glass (search icon) at the top. Please note that images and layout may be different if using a PC.

facebook



2. Type in the name of the event: CFM 75TH Anniversary Celebration

3. Tap on the event and indicate if you are "Interested" and/or "Going". This helps with the algorithms that spread the word about our event.



4. Tap "Tickets" for links to our registration.
5. Next, INVITE others to the event. Tap the three dots on the right. This opens a menu where you will see "Invite people". Then simply click invite next to all the names you wish to invite. Notice you may search specific friends. You must be FB Friends to invite people.
6. Another option on the menu when you tap on the three dots is to "Share" the event on your FB timeline, via Messenger, or with another Group.

Thank you for helping us spread the word!



8 (Spiritual) New Year's Resolutions for Catholics

1. Increase Your Marian Devotion so that our Blessed Mother may lead you to deeper conversion; to a renewed following of God's will for your life; and to an increase of your faith and trust in Jesus Christ.
2. Make more time for spiritual reading. Stick to the classics written by Catholic saints known for their practical spiritual wisdom (Teresa of Avila, Francis de Sales, Therese of Lisieux, and John of the Cross). The inspired Word of God through the four gospels and the letters of St. Peter and St. Paul are also excellent choices for reading.
3. Make good stewardship a lifestyle. That means good management of our "time, talent, and treasure" for the greater glory of God.
4. Share your Catholic faith with others by focusing on doing simple things, such as being joyful in your walk with Christ and inviting people to come to Mass with you.
5. Bring back regular penances. All of the Church's saints performed penances habitually, either internally or externally, great and small, for themselves and for others.
6. Go an extra day to Mass during the week. Mass is not only the source and summit of our faith—it is also the source and summit of our very life.
7. Pray the Rosary. If you already pray the Rosary daily, your resolution can be to spread devotion to the Rosary in 2024. Hand out blessed rosaries to others as the opportunity arises.
8. Pick a new saint buddy whose virtues you would like to emulate in the New Year, and entrust your year to their special intercession.

Excerpted from: [8 \(Spiritual\) New Year's Resolutions for Catholics - Good Catholic](https://www.catholic.com/magazine/75th-Anniversary-CFM-USA)