ACT!
NEWSLETTER
NOVEMBER 2026

Christian Family Movement

Be doers of the word
& not hearers only.
James 1:22

FROM MEMBER TO MEMBER

"A book I think your CFM group will love!"

Inspired by this year's CFM program guide, one of our members shared a wonderful resource for families: **The Catholic All Year Compendium** by Kendra Tierney. Filled with practical ideas for celebrating Catholic traditions, feast days, and prayers throughout the year, it's especially helpful for young families. Our member shared, "I wish I had this book when my kids lived at home!" Kendra also offers a podcast, Catholic All Year with Kendra Tierney Norton, with more inspiration for living our faith at home.

CFM and Vibrant Parishes

A longtime CFM member from the Archdiocese of Detroit recently reached out with a thoughtful question and an invitation to connect.
As his archdiocese prepares for significant parish restructuring, he is exploring ways to build a vibrant faith community—one that encourages parishioners to move beyond Sunday Mass attendance toward a deeper commitment to living their faith. He sees great potential in CFM's small-group model to help make this vision a reality.
His question to fellow CFM members:
Are others within CFM working toward similar goals—using the CFM model as a tool for parish renewal, evangelization, and deeper discipleship?
He would welcome the opportunity to connect, exchange ideas, and learn from others who are exploring or already putting this vision into practice.
Are you working toward similar goals? Reach out to the CFM national office, and we'll be happy to connect you.

Online CFM groups this month



East: Tuesday, 11/10, 8-9:30 pm ET
West: Thursday, 11/12, 6-7:30 pm PT

SIGN UP »
(CLICK)

FAQ
(CLICK)

It's not too late to sample CFM through an online experience. We meet every 2nd Tuesday and Thursday of the month.

GET Ready: CFM Is Gearing Up!



12/1/26



Marie Pierce

7/28/1934- 8/29/2026

CFM Out and About: Making Connections Nationwide

CFM Iowa Takes Its Message to Christ Our Life Conference

September 26-27, 2026

CFM Iowa recently participated in Christ Our Life, a major Catholic conference in Des Moines, where thousands of Catholics gathered to celebrate and deepen their faith.

The conference provided a wonderful opportunity for CFM members to introduce others to the movement, share how CFM strengthens families through faith and community, and make connections with those interested in bringing CFM to their own parishes.

A special thank you to our Iowa members for sharing their enthusiasm for CFM and helping plant the seeds for future growth. It's through efforts like these that we continue to introduce CFM to new families and communities!







Meanwhile,

October 8-10, 2026

Members of CFM's Board of Directors represented CFM at the Catholic Family Life Assoc. Conference in Charleston, SC.

This gathering gave us the opportunity to introduce CFM to diocesan family life directors from across the country, share our mission, and explore ways CFM can support families in their dioceses.



Please keep these outreach efforts in your prayers as we work to bring CFM to more families and parishes! **Do you know of conferences or Catholic events in your area where CFM could be represented?** We'd love to hear about them! And if you're interested in promoting CFM at a local event, reach out to the national office. We'd be happy to help provide promotional materials to support your efforts.





A Time For Gratitude

"Give thanks to the Lord, for he is good; his mercy endures forever."
(Psalm 107:1)

This season, we invite CFM families and groups to go beyond simply counting blessings—put gratitude into action! Here are a few fun and meaningful ways to celebrate together, appreciate our blessings, and remember those who may go without.





A CFM THANKSGIVING POTLUCK FEAST

Each family brings a dish or two to share, its own place settings (fancy or simple), and a food pantry item for the outreach table. Begin with a prayer, then eat, play, and reflect together.

GAMES

Foam Pumpkin Hunt: Find hidden numbered pumpkins for fun prizes!
Gourd Rolling & Cup Stack: Team rolling races and red cup pyramid building.
Turkey Hat Pass: A "musical chairs" twist passing a festive turkey hat.
Thanksgiving Trivia/Family Feud: Faith, food, and holiday history fun!

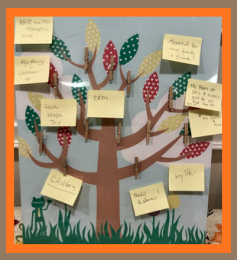
ACTIVITIES

Thanksgiving/Remembrance Trees: Hang paper leaves (tags) with your blessings or prayer intentions on trees.
Pass the Mic: Share a quick grace or thanksgiving story with the room. Click this link for prompts and accompanying fun actions.

OUTREACH

Food Drive & Blessing Bags: Collect non-perishables for local pantries and assemble care bags (socks, snacks, toiletries, prayer cards) for our unhoused neighbors.
Military Support: Write thank-you cards and assemble small care packages with treats and comfort items to send to our deployed service members this holiday season.

As Thanksgiving approaches, we're reminded that some of God's greatest blessings aren't things at all.
They're the people who walk beside us, the faith that carries us through life's challenges, and the opportunities we have to make a difference in the lives of others.







A Prayer for CFM Families

Loving God, we thank You for the gift of our family and the grace of our community. Bless our table, our hearts, and our hands. May the love we share as a family reflect Your light to the world. Teach us to be instruments of Your mercy, so that we may serve those in need with humble and grateful spirits. Amen.

