



OUR MISSION

To promote Christ-centered marriage and family life.
To help individuals & families live the Christian faith in their everyday lives.
To improve society through actions of love, service, education & example.

WHO

Christian Family Movement (CFM) is a Catholic lay movement of families and individuals that gathers in small groups to strengthen marriage and family life through faith, friendship, and action. CFM is recognized in the U.S. Catholic Bishops' Directory of Lay Movements and Organizations.

WE ARE A FAMILY OF FAMILIES!

WHY

CFM believes:

- The family is the “domestic church.”
- Strong families build a strong Church and society.
- Faith grows best in community.
- Christian discipleship calls us not only to reflect—but to act.

CFM helps families integrate faith into everyday decisions, relationships, and responsibilities.

WHERE

CFM operates across the United States and is part of an international confederation of Christian Family Movements (ICCFM) active around the world.

Locally, groups meet:

- In parish facilities
- In members' homes
- Within Catholic communities seeking deeper connection and mission

WHAT

CFM brings families together in small groups to:

- Pray and reflect on Scripture
- Share the realities of daily family life
- Support one another in living the Catholic faith
- Take action to serve their parish and community

HOW

CFM groups use original program materials developed and updated each year by CFM, centered on the simple and powerful “Observe – Judge – Act” method.

1. Observe – Look at real experiences of family and community life.
2. Judge – Reflect through the lens of Scripture and Church teaching.
3. Act – Respond with meaningful action in the home, parish, or broader community.

CFM helps new groups launch and grow through mentoring and formation. **CONTACT US TODAY!**

WHEN

- Founded in the United States in the 1940s
- Active internationally for decades
- Local groups typically meet monthly
- Families may join at any stage of life

