



Christian Family
Movement

...

MAKE FRIENDS | MAKE DISCIPLES | MAKE A DIFFERENCE!

A FIRST LOOK AT THIS YEAR'S PROGRAM GUIDE

The release of a new Program Guide is always an exciting time in CFM. It offers fresh opportunities for groups to grow in faith, strengthen relationships, and engage in meaningful action together.

We are pleased to share this year's program and encourage you to take a closer look at all it has to offer. Thoughtfully developed and prayerfully considered, this year's guide reflects our continued commitment to supporting families on their faith journey. [VIEW THE TABLE OF CONTENTS HERE.](#)

NEW



Traditions: Sacred and Secular



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Traditions: Sacred and Secular

Bring your family's faith to life like never before.

Traditions: Sacred and Secular empowers families to move beyond routine and rediscover the meaning behind everything they celebrate. By revealing the why behind Sacred Traditions—like the sacraments and the Church's core teachings—it helps parents confidently pass on a faith rooted in Jesus and the Apostles.

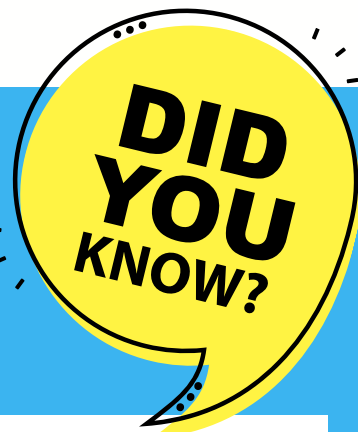
This inspiring guide also sheds new light on beloved customs—holiday meals, decorations, and family rituals—showing how to enjoy them while keeping Christ at the center. The result? Celebrations that feel richer, more intentional, and deeply connected to your Catholic identity.

More than just a book, Traditions: Sacred and Secular is an invitation to live your faith every day—praying together, celebrating with purpose, and building a stronger, more unified family grounded in what truly matters.

As you explore our newest program, we encourage you to give it serious consideration. For many groups, the newest topic becomes a meaningful and enriching experience. At the same time, we recognize that every group is different. **What resonates deeply with one group may not be the best fit for another—and that's okay.**

Our library of topics exists to give leaders the flexibility to choose what will best serve their members. Whether you select this year's program or another from our library, our hope is that your group finds a resource that inspires growth in faith, action, and community. **SEARCH OUR PROGRAM MATERIALS [HERE](#).**

To ensure a balanced and well-rounded formation experience, CFM Program Guides follow a three-year thematic cycle: Faith & Spirituality, Family & Marriage, and Social Justice. Each year focuses on one of these core areas while remaining rooted in CFM's mission and values.



CFM Program Materials are based on the teachings of the Catholic Church and are subject to a three-stage theological review process, including reviews by two credentialed theological reviewers and a final review by the Spiritual Director/National Chaplain to safeguard doctrinal integrity.

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YOU

for your excellent leadership!

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Christian Family Movement-USA



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