



Fields of opportunities

- Medical
- Dental
- Business
- Education
- Construction
- Music and Art
- Information Technology
- Sports Medicine
- Veterinary Science
- Social Services

Some Internship Business Partners

- Albright & Thiry Orthodontics
- Clark Associates
- Eurofins
- Community Action Partnership of Lancaster County
- Strasburg Veterinary Hospital
- Creative Pursuits Studio
- Lanco Credit Union
- Case New Holland
- Thomas E. Strauss Inc.
- Schreiber Pediatrics
- Dart Container
- Lancaster General
- Lapp Electric
- Midpenn Legal Services
- High Steel
- Fulton Financial Corporation



Conestoga Valley HIGH SCHOOL

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Conestoga Valley
SCHOOL DISTRICT

THE SCHOOL-TO- WORK CONNECTION: Career-Based Experiences



INTERNSHIPS

A GUIDE FOR STUDENTS

INTERNSHIPS: CAREER-BASED EXPERIENCE

What is an internship?

An internship is a short-term employment experience that allows a high school student to gain introductory skills and knowledge in a certain profession. Student interns will participate with a specific company, firm, or other organization and will be assigned to one or several types of work environments under the guidance of a site supervisor.

What are the benefits of participating in an internship?

- Enhance your school transcript for applications to colleges and employment opportunities
- Learn more about your field of interest
- Apply knowledge learned in the classroom
- Gain valuable work experience
- Decide if the career is the right path
- Develop and build upon employability skills
- Create connections with local companies
- Make valuable networking contacts
- Obtain references for future job opportunities

How do I get more information about internships at CVHS?

See Internship Coordinator Mr. Ciurski, Work-Based Learning Facilitator Mr. Danz, or your school counselor.

Do I get to choose the type of internship and how long I will be assigned there?

Yes, students may obtain their own internship placement or seek help from the internship coordinator or transition coordinator for assistance in finding an internship. Students may also review the list of available internship placements and work with the coordinator to select a cooperating organization.

Is an internship a class? Is it worth credit?

Yes, internships are designed to be hands-on, career-based experiences that students complete for academic credit. Honors weighted credit value is based on time worked at the site. Honors credit values may range from .5 to 2.0 credits.

Are there different types of internships?

Absolutely! Internships can be for various lengths of time, be paid or unpaid, and take place at a variety of organizations such as for profit, private, public, non-



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profit, or government organizations. Internships can be for a portion of the school day and may occur during the school year.

What are the qualifications for an internship? How do I sign up?

Any junior or senior with their own transportation can select an internship during course selection. The first step is to speak with your guidance counselor. Once that is done, a meeting with Mr. Ciurski and Mr. Danz is needed to discuss the paperwork and process moving forward for the program.