



7 Easy Steps to have a GREAT MPP meeting

1) Learn about your Member of Provincial Parliament in advance

- What role do they hold in parliament? Do they support worker rights or our campaign in the past?
- The more you know about your MPP, the better you can explain why decent work is important.

2) Recruit a strong and diverse group of people for the visit

- We are experts of our own lives. The people who can best speak about workers rights are workers most impacted by our government's labour laws.
- Having a team of people allows people to focus on different roles.
- Helps build the confidence of new activists who have never met their representative before.

3) Prepare a kit of materials

- It is ok not to remember everything. Having a package of materials such as policy backgrounders, factsheets or newspaper articles can be used to add to your stories and arguments.
- Bring copies of petitions with signatures of people that were collected locally.
- Bring visuals (such as posters or buttons) for group photos.

4) Be creative with MPP visit or actions

- Give them a block of ice to represent "frozen minimum wage," boxes of noodles students
- Give them a clock saying "It's time for paid sick days.
- Chalk messages or put up posters outside their office.
- Writing Google Reviews of their Constituency office and posting photos.

5) Assign roles for your team

- Facilitate the meeting: Does the introductions, keep the meeting on agenda, passes the speakers list, and concludes the meeting.
- Tell their story: Tells their story on how labour laws impact them and has a specific ask at the end.
- Make demands: Will you read the petitions in the legislature? Will you agree to a follow-up meeting? Will you take a photo with us? Will you vote "yes" on upcoming legislation?
- Note take and time keep: Helps with the follow up as well as keeping meetings on time.

6) Schedule your MPP meeting and a pre-meeting

- Meet with your team 30 minutes before the MPP meeting to finalize roles and practice.

7) Follow up with the MPP as soon as possible.

- Make sure to thank the MPP for their time and respond to any questions / information they had.
- Keep them accountable to any promises, actions, or events they said they would support you with. This is especially important if they did not take notes during the meeting.



Sample Email to request a meeting with your MPP

The Hon. [MPP's name]
Constituency Office Street Address
City/Town, Postal Code

Date

Dear Hon. [MPP Name],

My name is [your name] and I am a member of your riding [riding name]. I am a [sector you work in or community you organize] and I am part of the Justice for Workers Campaign. I am writing to you to request a meeting to talk about precarious work that impacts me and my community.

COVID-19 has shown the importance of essential workers in our community. Yet many of us lack paid sick days, fair wages and protections at work as our minimum standards are not good enough. And many of us are illegally misclassified as independent contractors by bad bosses so they do not even have access to these minimum standards.

I would invite you to meet with [names of the people in your community that would join you in the MPP meeting. Your co-workers, local community leaders, other workers in the riding]. We are available to meet on [give some dates and times]. We look forward to hearing from you so we can discuss how changes to our labour laws can make real differences in the lives of people in your riding.

[Your Name]

[Your Address]

[Your Email]

[Your Phone Number]



MEETING DEBRIEF SHEET

Meeting Date: _____

Name of MPP and/or senior staff:

Names of constituents at the meeting:

General Description:

Generally Positive / Generally Negative / Neither positive or negative

Petitions:

Will read to the Legislative Assembly? Yes / No

If yes, then WHEN:

Will they ask a colleague to read to the Legislative Assembly? Yes / No

If yes, then WHEN:

Name of colleague who will present the petitions.

What other follow-up is required?

Who will take responsibility for follow-up? _____

Other Comments:

Please let us know how it went by sending this back to info@justice4workers.org



Sample Email to thank your meeting with your MPP

The Hon. [MPP's name]
Constituency Office Street Address
City/Town, Postal Code

Date

Dear Hon. [MPP Name],

We would like to thank you and your staff for setting up a meeting with us. I'm attaching a summary of the decent work demands as promised.

[Respond to any questions raised by your MPP that you could not answer. For example if they do not support it because it leads to rising inflation or worried that people would abuse paid sick days.]

[Respond and remind them of any actions that you could do with your MPP raised during the meeting. For example, an invite to a town hall, having the petitions read, having your story used in a members statement at Queens Park.]

We look forward to working with you to raise the floor for decent work for all in Ontario.

[Your Name]

[Your Address]

[Your Email]

[Your Phone Number]