



FASD-CAN
Aotearoa New Zealand

February/March 2023

Tēnā koe

We have a bumper newsletter full of new events and information this month! Read on for the multiple ways we hope to support you this year.

Care in the Community grants



Thanks to a new round of funding from the Ministry of Social Development, FASD-CAN can now encourage eligible members to apply for grants of up to \$1,000 per individual or \$2,000 per whānau.

Your application should be geared towards enabling a person with FASD (and/or their caregivers or whānau) to connect to support networks and community. So a grant could be utilised for our next two news items perhaps: Pizza Club and caregiver training!

We're committed to helping our members to access grants and we have a staff member available to help you with the

application if necessary – so do find out more about Care in the Community Grants [here](#).

Pizza Club



In conjunction with [The FASD Centre Aotearoa](#), we are holding another Pizza Club night for people with FASD and their whānau in Tāmaki Makaurau on March 24th –

and this time it includes ten-pin bowling!

You can read/download a pānui with all information [here](#) – if you're thinking you'll join us, it's important to [email our coordinator Hannah](#) with numbers for catering purposes as soon as you can.

Remember – our [Care in the Community grants](#) are available to help with travel and accommodation for Pizza Club if coming from out of town. Hope to see you there!

Life with FASD Caregiver Training – Wellington



We invite you to our next free, two-day caregiver training course 'Life with FASD: Understand and Connect with Aroha' – this time in Pōneke on 11/12 May. All the info you need is

[right here](#), including our new confirmed venue in Te Aro.

PS – it's the final call for our [caregiver training in Ōtautahi](#) this week on Thursday and Friday – there are still some places available, but be quick!

If you're keen to take part in any of our trainings, but need a bit of help to get you there, remember our [Care in the](#)

Community grants are available for this, too...

New FASD Support for Educators

Over the last few years we've listened to kaiako, SENCOs and RTLBs, we've read surveys and recently we've taken advice from our new **Education Advisory Group**.

What we've found is that many educators feel they don't have enough information to ensure that both they and their learners with FASD are supported – and as we know, those years at school are crucial to enable those with FASD to live their best lives. So in 2023, we'll be launching some helpful new initiatives for educators. The first is our new networking group.

FASD Ngā Tupu Rau Networking Group for Educators



The purpose of this monthly, online group is to provide both information about FASD best practice in education and opportunities for educators to network with and

support each other.

Members will benefit from ongoing learning about understanding FASD as a brain-based disorder, and about management of symptoms within the education environment. We hope they will also develop informal supports with colleagues where issues can be discussed and brainstormed. Find out more and register for Ngā Tupu Rau **here**.

Post-disaster support

We are keenly aware that many of us are struggling with life-changing challenges brought about by recent weather

events. You may be feeling anxious, overwhelmed, exhausted or traumatised. Please reach out for help if you need it.

- There is an **excellent article here from All Sorts** about the mental health implications of natural disasters as well as links for practical help.
- Text or call **1737** any time to talk to a culturally diverse, highly trained team about any aspect of mental health.
- 0800 What's Up is a safe, free place for tamariki and rangatahi to call or chat online with a trained counsellor. Check out the website **here** – and do pass it on to your whānau.

If you have specific needs in the aftermath of Cyclone Gabrielle or other disaster events, please feel free to **contact us** – you may be able to apply for a **Care in the Community grant** to help with some costs.

Health of Disabled People Strategy

Manatū Hauora / the Ministry of Health is keen for contributions to their important new strategy. They want to know what you and your whānau need to better support your health and wellbeing now and in the future. There are many easy ways to get involved – find out more **here**.

Help FASD-CAN win a share of \$500K!



Finally, we'd love to do more to support those with FASD and their caregivers and whānau – but we need funds to do it. FASD-CAN has signed up with 'My Giving Circle'

which helps to raise money for charities, not-for-profits and

community groups. You can vote for us – but if you donate as well, we'll win extra votes to help get us to our funding goal.

Check us out on My Giving Circle [here](#) – and please share with your friends and whānau!

Mauri ora

The FASD-CAN team

Want to join FASD-CAN?

We have a lot of exciting initiatives that are currently in development. Many of these will be specifically created for our members, so there's never been a better time to become part of the FASD-CAN whānau.

It's easy to join us and membership is free.

Become a member

**Fetal Alcohol Spectrum Disorder
Care Action Network**

Learn more about our work

fasd-can.org.nz

admin@fasd-can.org.nz

This email was sent to kathyhunter.nz@gmail.com. You received this email because you are subscribed to the FASD-CAN email list. You can unsubscribe from our emails [here](#).