

He Pānui Koutou o Tāngata Katoa

Nau mai Haere mai Piki mai ra

Whānau are warmly invited to attend a 5-week programme: Te Iho Tātai-a-Rongo Fetal Alcohol Spectrum Disorder (FASD)

Come along to connect, learn, and share your experiences.

- How does alcohol affect our unborn pēpi?
- What are the signs and symptoms of FASD?
- Learn practical strategies using a brain-based approach
- Explore ways to support whānau wellbeing
- Connect and share with other whānau
- Create pathways to services and support
- Free to attend

This programme is for:

- Parents, caregivers, and whānau supporting mokopuna who have, or may have, FASD.
- Anyone wanting to be part of a safe, non-judgemental space for collective learning grounded in shared experiences, courageous conversations, cultural insight, and future-focused aspirations.

10AM - 12PM	DATE	VENUE
1	Thursday, 24 July 2025	Ōmanaia Marae , 28 Ōmanaia Road
2	Thursday, 31 July 2025	Pikiparia Marae , 53 Smith Deviation Road
3	Thursday, 7 August 2025	Ōmanaia Marae , 28 Ōmanaia Road
4	Thursday, 14 August 2025	Pikiparia Marae , 53 Smith Deviation Road
5	Thursday, 21 August 2025	Ōmanaia Marae , 28 Ōmanaia Road

Please, register by 21 July 2025

(preferably for the full 5-week programme).



To register, please contact:

or (027) 200 1813

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