



**FASD-CAN**

Fetal Alcohol Spectrum Disorder  
Care Action Network

Aotearoa New Zealand's  
National FASD Caregiver  
Support Organisation

**CAREGIVER CARD**  
**DO NOT INTERVENE**

For more information  
about FASD visit:

[www.fasd-can.org.nz](http://www.fasd-can.org.nz)

**Fetal Alcohol Spectrum  
Disorder (FASD)**

is a brain-based disability.

You cannot see this  
disability, but it is there.

**Think BRAIN, not BLAME!**

**YOU HAVE BEEN GIVEN THIS CARD BECAUSE  
YOU ARE SEEING MY CHILD HAVING A MELTDOWN**

My child is not naughty or misbehaving and my parenting skills are not an issue. You are witnessing the brain of a child with FASD become overwhelmed and 'shut down'.

We are doing our best to manage the situation in a way that will lead to a positive outcome for everyone.

You can help by:

- \* Not judging
- \* Not staring
- \* Not commenting
- \* Not interfering (unless requested to)

**THANK YOU FOR YOUR UNDERSTANDING**