

Psychologists

SETTING

First Step is a renowned for-purpose addiction, mental health and legal services hub in the heart of St Kilda supporting over 1,800 people each year. First Step is seeking to grow its team of mental health professionals, particularly through the engagement of psychologists. These are part-time or contractor roles for AHPRA registered psychologists who are eligible for Medicare.

Our model of care is designed to address the systemic barriers faced by people with co-occurring illnesses including mental ill-health and prioritises welcome, empathy and hope. Through the compassionate application of multiple disciplines in a team environment we focus on incremental, whole-of-life improvements that build gently towards physical and mental health and wellbeing. We work to keep people connected to their families, participating in society and taking control of their own lives. At First Step we believe the everybody deserves every chance to turn their lives around.

First Step is a thought leader in the area of co-occurring illnesses and service integration contributing to journals and research, and being the lead agency in the Victorian Department of Health's Integrated Care Pilot.

THE TEAM

Mental health professionals will find themselves collaborating in the care for vulnerable Victorians, the significant majority of whom have co-occurring conditions including mental ill-health and substance use, as well as legal and housing issues and more. All onsite, the team includes:

- clinical and counselling psychology
- GPs and nurses
- mental health nurses
- case managers and care coordinators
- addiction psychiatry
- group psychoeducation recovery programs
- peer workers
- family therapists
- lawyers (in our accredited community legal centre)

WHAT WE OFFER

- **A flexible and autonomous working day** within normal business hours
- **Fully-furnished** consulting rooms including phone, internet, computers.
- Considerable **admin and reception** support
- **A variety of work options** including part-time (with full not-for-profit salary packaging options) or independent contract
- **A supportive team environment**

THE NOT NEGOTIABLES

- **Tertiary qualification** in Psychology

- Eligibility for full registration with **AHPRA** (Provisional registration may be considered)
- **Working With Children** and **Police** Check for paid employment in Victoria

CONTACT US

Please contact our CEO Patrick Lawrence at patrick@firststep.org.au or 9537 3177 to express your interest in this position. We would be happy to schedule a visit to the clinic to meet Patrick and the team with no obligation. You can learn more about First Step from our website: www.firststep.org.au

First Step is a completely independent not-for-profit organisation (primarily 'funded' by Medicare) that provides a safe and nurturing work environment for people of all backgrounds, genders, religions, sexualities and ethnicities.