

FOR OUR KIDS

Friends,

Some days, what we see and hear on the news, in social media, and from friends, family and colleagues makes it seem like we're becoming more fractured, in our own communities and across the globe.

What we know, though, from supporting this mighty and growing network of everyday people doing incredible things, is that what threatens to divide us can instead pull us closer together.



Something else we've learned is that reaching out and connecting with each other is an action in itself. It's one of the most effective ways to address that feeling of being overwhelmed or stuck.

With constant news of escalating brutality and a growing humanitarian crisis from Russia's invasion of Ukraine, and this week's release of the starkest - to date - report from the IPCC on the human impact of climate change, that connection is more important than ever.

You're already part of this network of local teams doing amazing things (see what we mean [here](#) and [here](#)). Today, we're encouraging you to step in a little closer and make a connection. It won't hurt, honest.

Take a look

Is there a team near you? [Find out here](#). If you're in the Atlantic region or Alberta, there are parents eager to connect with you! Get in touch with Natalie: natalie@forourkids.ca



Say hello!

You might already be following a team in your area - maybe you're on their e-mail list or part of their social media group. Why not contact them? Ask them how you can get involved. They're real people, like you, who are creating caring, supportive spaces from which arise courageous actions.

Team up



If you don't see a team near you, maybe you have some friends, family members or colleagues that you're keen to organize around a project close to your heart? Get in touch with natalie@forourkids.ca for a helpful, friendly chat on putting a team together.

[Here's one parent's story to inspire you.](#)

There are ways you can take action on your own too - connect with us at hello@forourkids.ca to let us know what's on your mind.

We're real people too (see proof below) doing our best from our own spaces to support a flat-out awesome network of people taking action for our kids. We'd love to hear from you!



Lella, Lorna, Natalie & Ruth

For Our Kids parents and teams are grateful to live, work, meet, and act in communities built on the territories of First Nations, Métis and Inuit peoples across Turtle Island. We recognize the ongoing harm and injustices of colonization and we commit to working toward safe, inclusive, just, equitable and healthy communities for all.