

NORTH EAST, YORKSHIRE & HUMBER

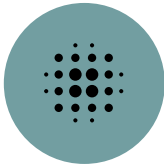


REGIONAL EDUCATION PROGRAMME

September 2026 to July 2027

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A message from the NEYH Education Officer



We would like to say a massive thank you for volunteering as a workplace representative, without you the trade union movement could not exist.

You have undertaken an incredibly challenging but rewarding role which will require you to represent GMB members in all aspects of workplace issues. As the NEYH Education Officer, it is my job to ensure you are equipped with the knowledge, skills, and confidence to be an effective workplace representative.

So where do you start?

On completion of your initial support meeting, you will be encouraged to book on your 10-day induction training at a venue of your choice. This course will equip you with the skills to represent members. It will also get you thinking about campaigning and negotiating with your employer along with growing the union in your workplace to ensure the GMB has a strong say in members terms and conditions.

Included in NEYH programme is access to the TUC Trade Union Reps online learning platform. You will find how to enrol on these courses on page 8, but it is very important that you liaise with your officer with regards to your legal rights to receive paid release to attend GMB training from your employer.

Finally, you can contact your Full-Time Officer for more local, bespoke training tailored specifically for you and your workplace/area. This training would be flexible and would be provided dependent on the demand, delivered by your Full-Time Officer, such as local policies training, redundancies, TUPE's, restructure training etc.

If you feel there is a demand for any bespoke training that is not covered within this programme, then please speak to your Full-time Officer who will discuss your request with the Regional Education Officer. We look forward to seeing you on one of our 10-day induction courses soon.

ROSEANNA FORD

Regional Education Officer

Course overview

10 Days

Induction Course

This course will be the first step in your new role and will help build the foundations to becoming a great representative.

This course covers:

- The role of the GMB workplace organiser
- GMB membership and its structures
- Dealing with members and employers
- Recruiting, organising and building the GMB
- Handling grievances and disciplinary cases
- Communication skills
- Negotiation skills

10 Days

Employment Law

This course is aimed at experienced reps who have completed their 10-day induction course and is also a refresher for Reps who have not had training for some time.

The course covers:

- Exploring, questioning, and using employment law
- Developing and consolidating research skills to help gather information on how the law impacts upon workplace rights
- Reviewing changes and challenges to workplace rights
- Applying representational, organising, and collective bargaining skills to making the most of the law at work

3 Days

Collective Bargaining

The course is aimed at Reps who have completed their 10 Day Induction training.

The course covers:

- Understanding bargaining, negotiation, and consultation in the workplace
- Preparing for bargaining, negotiating and consultation
- Developing skills to negotiate
- Different bargaining and negotiating styles
- Practical skills for bargaining, negotiation, and consultation

Course overview

5 Days

Dealing with Stress & Mental Health in the workplace

(You must have completed H&S Stage 1 to be eligible for this course. H&S Stage 2 isn't required but is desirable)

The course covers:

- What causes stress and mental health in the workplace?
- What effect does stress and mental health have?
- Why is understanding stress and mental health a trade union issue?
- How to approach tackling workplace stress and mental health issues with the employer

2 Days

Equality

This course brings together all threads of the equality agenda so that representatives have grounding in union policy, best practice and equality law. It will help students understand issues in the workplace, current equality legislation and how these can be applied in the workplace.

The course covers:

- Understanding of equality issues and how that affects diverse groups
- The GMB approach to equalities
- An understanding of the Equalities Act 2010 and how to use it when representing members
- Organising for equality in the workplace and in wider society
- A look at the role of Equality Reps and Branch Officers

3 Days

Redundancy

Is your workplace facing potential redundancies or has redundancy notification already been served?

If so, this course will help you:

- Challenge redundancies
- Organise campaigns around redundancies
- Negotiate effectively in redundancy situations

Course overview

5 Days

Health & Safety Stage 1

This 5-day course is aimed at reps who have completed their 10 Day Induction course or for reps that may have completed their Health & Safety training many years ago and would like to update their knowledge.

The course covers:

- Applying the Law
- Safety Reps Rights
- The Management of Health and Safety Regulations 1999
- Inspections
- Writing a safety report
- Identifying hazards and associated risks
- Preventing ill health at work

5 Days

Health & Safety Stage 2

This 5-day course builds on the stage 1 Health & Safety Course by further developing experience, knowledge and skills in health and safety matters.

You must have completed health & safety stage 1 before applying for this course.

The course covers:

- Identifying, preventing, and controlling risks to build a safer and healthier workplace
- Involving members more in health and safety issues and develop a collective approach to health and safety
- Ensure that an equal opportunities approach to health and safety at work is adopted
- Finding out information about the law and use it more effectively
- Keeping up to date on health and safety law and information
- Further building health and safety organisation in the workplace
- Getting things done and effect changes in health and safety in the workplace

Course overview

2 Days

Anti-Racism

An opportunity to deepen your knowledge of Racism and the difference between being non-racist and anti-racist in order to equip you to apply Anti Racist Practice in the support of GMB members experiencing Racism in the workplace.

1 Day

Disciplinary Procedures

The focus of this course is to teach the workplace rep the disciplinary procedure from start to end and develop the reps skills in representing members in a disciplinary investigations and hearings.

1 Day

Grievance Procedures

The focus of this course is to teach the workplace rep the grievance procedure from start to end and develop the reps skills in representing members in grievance investigations and meetings.

1 Day

Risk Assessments

This Health & Safety course will help reps develop skills in carrying out workplace risk assessments in conjunction with the 1977 SRSC Regulations.

1 Day

Workplace Inspections

This course will help reps develop skills in carrying out workplace inspections in line with is the SRSC regulations.

Course overview

3 Days

Tupe

On a Trade Union TUPE Transfer course, you can expect to learn modules that explain the fundamentals of TUPE (Transfer of Undertakings – Protection of Employment) regulations and how they protect workers during organisational change. Typical modules cover employees' legal rights and employer obligations, consultation and communication processes, continuity of employment, and changes to terms and conditions. The course also usually includes the role of trade unions and representatives before, during, and after a transfer, as well as practical case studies to help you understand how TUPE applies in real workplace situations.

TUC Venues



TUC Online Training

You will notice at the time of this programme being circulated access to the TUC education in the Yorkshire and the Humber Region is limited but our affiliation will allow GMB Reps to apply for online learning through other TUC providers which is accessible to GMB Reps. This doesn't apply to classroom-based learning.

For more information or [click here!](#) or scan the QR Code

Course application process

Induction Courses

A link to the application form for each induction course is provided under your preferred office venue within this document.

If you would like to attend, simply complete and submit the form. Once received, you will be sent a confirmation email securing your place on the course, along with any additional relevant information.

Please note that applications can be submitted up to two weeks prior to the course start date.

Follow-On Courses

A link to the application form for follow-on courses is also provided under each office venue within this document.

If you wish to attend, please complete and submit the form. Once we receive your application, you will be sent confirmation of your place on the course, along with any further relevant information.

Applications can be submitted up to two weeks before the course start date.

Cancellations

If you are no longer able to attend your training, please inform us as soon as possible. Our college provider requires a minimum of eight attendees for a course to run. If this number is not met, the course may unfortunately need to be cancelled.

You can cancel your place by clicking the link below or by scanning the QR code.

[Click here to cancel! or scan the QR code](#)



Contact us



neyh.education@gmb.org.uk



01924 887268/03000 133 377

Hull Office

GMB, 62 Russell Street, Hull, HU2 9AD

Induction Courses

[Click here to apply! or scan the QR code](#)



HU1 - Week 1 - 5, 6, 7, 8, 9 October & Week 2 - 2, 3, 4, 5, 6 November 2026

HU2 - Week 1 - 18, 19, 20, 21, 22 January & Week 2 - 8, 9, 10, 11, 12 February 2027

HU3 - Week 1 - 10, 11, 12, 13, 14 May & Week 2 - 24, 25, 26, 27, 28 May 2027

Follow on Courses

[Click here to apply! or scan the QR code](#)



Health & Safety Stage 1 – 5 days training	23, 24, 25, 26, 27 November 2026
Health & Safety Stage 2 – 5 days training	8, 9, 10, 11, 12 March 2027
Employment Law – 10 days training	Week 1 – 26, 27, 28, 29, 30 April & Week 2 – 17, 18, 19, 20, 21 May 2027

Newcastle Office

GMB, Lifton House, Eslington Road,
Jesmond, Newcastle upon Tyne, NE2 4RH

GMB 10 Day Induction Course
Newcastle-(2026/2027)



Induction Courses

[Click here to apply! or scan the QR code](#)

NE1 - Week 1 - 14, 15, 16, 17, 18 September & Week 2 - 28, 29, 30 September, 1, 2 October 2026

NE2 - Week 1 - 16, 17, 18, 19, 20 November & Week 2 - 30 November, 1, 2, 3, 4 December 2026

NE3 - Week 1 - 1, 2, 3, 4, 5 February & Week 2 - 22, 23, 24, 25, 26 February 2027

NE4 - Week 1 - 17, 18, 19, 20, 21 May & Week 2 - 14, 15, 16, 17, 18 June 2027



Follow on Courses

[Click here to apply! or scan the QR Code](#)

Health & Safety Stage 1 – 5 days training	12, 13, 14, 15, 16 October 2026
Grievance Procedures	12 November 2026
Disciplinary Procedures	26 November 2026
TUPE – 3 days training	13, 14, 15 January 2027
Redundancy – 3 days training	27, 28, 29 January 2027

Newcastle Office

GMB, Lifton House, Eslington Road,
Jesmond, Newcastle upon Tyne, NE2 4RH



Follow on Courses

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Employment Law – 10 days training	Week 1 – 1, 2, 3, 4, 5 March & Week 2 – 19, 20, 21, 22, 23 April 2027
Health & Safety Stage 2 – 5 days training	8, 9, 10, 11, 12 March 2027
Equality – 2 days training	15 & 16 March 2027
Collective Bargaining – 3 days training	17, 18, 19 March 2027
Anti-Racism – 2 days training	23 & 24 March 2027
Dealing with Stress & Mental Health in the Workplace – 5 days training	26, 27, 28, 29, 30 April 2027
Risk Assessment	13 May 2027
Workplace Inspection	24 June 2027

Sheffield Office

GMB, Suite 4, Building 5 Meadowhall
Business Park, Carbrook Hall Road
Sheffield S9 2EQ

Induction Courses

[Click here to apply! or scan the QR code](#)



SF1 – Week 1 – 19, 20, 21, 22, 23 October & Week 2 – 9, 10, 11, 12, 13 November 2026

SF2 – Week 1 – 1, 2, 3, 4, 5 February & Week 2 – 1, 2, 3, 4, 5 March 2027

SF3 – Week 1 – 10, 11, 12, 13, 14 May & Week 2 – 7, 8, 9, 10, 11 June 2027

Follow on Courses

[Click here to apply! or scan the QR Code](#)



Disciplinary Procedures	6 October 2026
Grievance Procedures	4 November 2026
Equality – 2 days training	25 & 26 January 2027
Risk Assessment	19 May 2027
Workplace Inspection	22 June 2027

Wakefield Office

GMB, Grove Hall, 60 College Grove Road,
Wakefield, WF1 3RN

Induction Courses

[Click here to apply! or scan the QR code](#)



WF1 – Week 1 – 14, 15, 16, 17, 18 September & Week 2 – 28, 29, 30 September, 1, 2 October 2026

WF2 – 15, 16 October & 9, 10, 11 November & 10, 11 December 2026 & 18, 19, 20 January 2027

WF3 – Week 1 – 25, 26, 27, 28, 29 January & Week 2 – 8, 9, 10, 11, 12 February 2027

WF4 – 11, 12 March & 26, 27, 28 April & 13, 14 May & 21, 22, 23 June 2027

WF5 – Week 1 – 17, 18, 19, 20, 21 May & Week 2 – 7, 8, 9, 10, 11 June 2027

Follow on Courses

[Click here to apply! or scan the QR Code](#)



Health & Safety Stage 1 – 5 days training	21, 22, 23, 24, 25 September 2026
Employment Law – 10 days training	Week 1 – 5, 6, 7, 8, 9 October & Week 2 – 2, 3, 4, 5, 6 November 2026
Tupe – 3 days training	12, 13, 14 October 2026
Anti-Racism – 2 days	19 & 20 October 2026

Wakefield Office

GMB, Grove Hall, 60 College Grove Road
Wakefield, WF1 3RN



Follow on Courses

[Click here to apply! or scan the QR Code](#)

Grievance Procedures	22 October 2026
Disciplinary Procedures	17 November 2026
Collective Bargaining – 3 days training	18, 19, 20 November 2026
Redundancy – 3 days training	1, 2, 3 December 2026
Health & Safety Stage 2 – 5 days training	11, 12, 13, 14, 15 January 2027
Employment Law – 10 days training	Week 1 – 22, 23, 24, 25, 26 February & Week 2 – 15, 16, 17, 18, 19 March 2027

Wakefield Office

GMB, Grove Hall, 60 College Grove Road
Wakefield, WF1 3RN

Follow on Courses

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Health & Safety Stage 1 – 5 days training	19, 20, 21, 22, 23 April 2027
Equality – 2 days training	29 & 30 April 2027
Risk Assessment	6 May 2027
Dealing with Stress & Mental Health in the Workplace – 5 days training	24, 25, 26, 27, 28 May 2027
Health & Safety Stage 2 – 5 days training	14, 15, 16, 17, 18 June 2027
Workplace Inspection	25 June 2027



Contact us



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