

VAD Documentation checklist

Voluntary assisted dying (VAD) allows a dying person who is suffering in the final stages of life to ask their doctor for medication to help them die.

To access VAD in Australia you must*

- Be diagnosed with a disease, illness, or medical condition that is:
 - advanced, progressive, and will soon end your life
 - causing suffering which cannot be relieved in a manner tolerable to you
- Be able to make decisions about VAD
- Act voluntarily and without coercion
- Be aged 18+ and an Australian citizen/meet residency requirements
- Have lived in the state for at least 12 months.

To prove you have an incurable disease, illness, or medical condition likely to end your life, your VAD-practitioner may ask for

- Health summary including medication list from your GP
- Latest correspondence from your treating specialist for last 1-2 years
- Latest imaging
- Latest blood tests, at a minimum full blood count (FBC), urea and electrolytes (UEC), liver function tests (LFT)

To prove you are at least 18 years old, you must provide one of the following

- Passport
- Birth certificate
- State driver license
- Other photo identification

To prove you are an Australian citizen or permanent resident who has lived in your state/territory for at least 12 months

- Documents required to prove Australian citizenship depend on whether you are born overseas/when you were born
- Proof of visa record from electronic visa record
- Bank statements/ employment documentation/ medical records/ utility bills/ documentation from rental agreement

*VAD is legal and operating in all states and the Australian Capital Territory. Only the Northern Territory is yet to pass a VAD law.