

An Noun We Semirit Kewe Foun Achem (ren mettoch napengeni semirit ir mei tongeni fori ren ekkoch ier)



An Noun We Semirit Kewe Foun Achem Mi Auchea (ren mettoch napengeni semirit ir mei tongeni fori ren ekkoch ier)!

Katon non ren ekkoch foun achem (“milestones”) fanitan noun we semirit me auchean poraus ren omw kopwe tongeni anisi an epwe mamarita me kaeo.



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Angei seni ekkei taitenun puk mi affat ren CARING FOR YOUR BABY AND YOUNG CHILD: BIRTH TO AGE 5, Fifth Edition, a mak/edit meren Steven Shelov me Tanya Remer Altmann © 1991, 1993, 1998, 2004, 2009 me ewe American Academy of Pediatrics me BRIGHT FUTURES: GUIDELINES FOR HEALTH SUPERVISION OF INFANTS, CHILDREN, AND ADOLESCENTS, Third Edition, mi mak/edit meren Joseph Hagan, Jr., Judith S. Shaw, me Paula M. Duncan, 2008, Elk Grove Village, IL: American Academy of Pediatrics.



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An Noum We Semirit Kewe Foun Achem

(ren mettoch napen-geni semirit ir mei tongeni fori ren ekkoch ier)

Ewe tetten ke appiru mei wor foun achem omw kop-
we nengeni nupwen noum we semirit a:

2 Maraman	3–6
4 Maraman	7–10
6 Maraman	11–14
9 Maraman	15–18
12 Maraman	19–22
18 Maraman	23–26
2 Ierin	27–30
3 Ierin	31–34
4 Ierin	35–38
5 Ierin	39–42
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Ifa usun an noum we semirit kukunou, kaeo, kapas, mwokut, me fofor mei uwau ekkoch auchean mettoch fanitan mamaritan. Auchean “foun achem” mei wewe ngeni mettoch napengeni semirit ir mei tongeni fori ren ekkoch ier.

Cheki met foun achem noum we semirit a fen tori seni ew me ew ier.

Angei ei puk ka poraus ngeni noun noum we semirit dokter nupwen omw chutiw ren fanitan ekkewe foun achem noum we semirit a tori me met epwe fis murin.

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Noum monukon seni 2 Maram

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.

Foun Achem non Memef/Chiechi

- Tongeni pwisin akinamwei ngeni (tongeni uwata poun ngeni awan me atumwu poun)
- Poputa emenimen ngeni aramas
- Sotuni atona/nengeni inan/saman

Foun Achem non Fos/Kapas

- Ngingin monukon, akururu awan
- Akunu mokuran ren ngingin mettoch

Foun Achem non Ekiek (kaeo, ekiek, atawei osukosuk)

- Nenengeni mesan ekkoch
- Poputa ne atona mettoch me esinna aramas me towaw
- Poputa ne mwokutukut (kechiw, mwokutukut) ika ese siwin nikinikin

**MWITIRIN
MWOKUTUKUT
IKA NOUM WE
MONUKON:**

- Mi missini ew/ekkoeh foun achem (ika a wor osukosukan an mamarita)
- Ese mwokut ren neuemongun mettoch
- Ese katon mwokutukutun mettoch

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.



Foun Achem non Mokutukut/Mamarita

- Tongeni chimweta me uneta nupwen an kon won nukan
- Kinamwe ne amwokutu poun me pechen

Kosapw utiwit. En mi wessen sinei noum we monukon me an mochen.

Ureni noun noum we monukon dokter ika kangof ika en mi kuna ekkoch esisin fanitan mangan mamaritan me eis ren ar repwe cheki inisin (screening).

Ika en ika ewe dokter mi chiwen eani osukosukan

1. Tungor fanitan emon chon aninis me,
2. Kokori ewe state ika an ewe territory early intervention prokram omw kopwe sinei ika ir mei tongeni anisi noum we semirit.

Kaeo pwan ekkoch me kutta ena nampa ren [cdc.gov/FindEI](https://www.cdc.gov/FindEI). Ren ekkoch poraus, no ngeni [cdc.gov/Concerned](https://www.cdc.gov/Concerned).

- Ese emenimen ngeni aramas
- Ese uwata poun ngeni awan
- Ese tongeni chimweta nupwen epwe kon won nukan

Ifa usun omw kopwe tongeni anisi mamaritan noum we monukon

- Eki, fos, me urumwot ngeni nupwen omw amwongoni, aufoufa, me atutu.
- Anisi noum we semirit an epwe kinamwe. Mei eoch an epwe atumwu autun poun.
- Poputa ne anisi noum we monukon an epwe eoreni, ren an epwe anapa an mour nepwin napeseni neran, me wor an fansoun iteitan.
- Sinei met noum we monukon mi sani me esapw sani an epwe anisuk an epwe wor kinamwe me nukunuk.
- Pwapwa nupwen noum we semirit epwe mengungu non ngingin fos.
- Appiru an mengungu fan ekkoch, nge afata omw fos.
- Ateneki noum we monukon nupwen an kechiw pun kopwe sinei met e mochen.
- Fos, anea, me keen ngeni noum we monukon.
- Urumwot ngeni ne peek-a-boo. Anisi noum we monukon an epwe pwan urumwot peek-a-boo.
- Uwatiw ew mirror ika kinas epwe tumwun fanitan ewe monukon an epwe atona pusin i non.

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.

- Katon fengen sassing me afata met sakkun.
- Akonatiw won nukan ika a neno me watiw nios unukun.
- Amwochu nios me mwen mesan an epwe chimweta mokuran.
- Amwochu/uchiki nios asan mokuran apochokuna ngeni an epwe angei ika tori.
- Auweta epwe pwu won pechen. Keen/fos ngeni nupwen an uta/motá.



Noum we monukon seni 4 maram

Angei ei puk ka poraus ngeni noun noum we semirit dokter nupwen omw chutiw ren fanitan ekkewe foun achem noum we semirit a tori me met epwe fis murin.

Foun Achem non Memef/Chiechi

- Akamenimen chok, akaewin ngeni aramas
- Appiru ekkoch mwokutukut me napanapan on maas, ren amenimen me otumwutumw.
- Mochen kukunou ngeni ekkoch me pwan tongeni kechiw nupwen a wes me kukunou.

Foun Achem non Fos/Kapas

- Poputa ne fori mengungu
- Ngingin monukon fiti fengen me pomwen me apiru met i mi rong
- Kechiw non ekkoch nikinik mi pwarata echik, metek, ika monu

Foun Achem non Ekiek (kaeo, ekiek, atawei osukosuk)

- Urenikich ika i mei pwapwa ika song
- Ponu ngeni met mi mwokutukut
- Kanengeni mesan ne atona/ngeni
- Esina aramas ika mettoch me towaw
- Looks at his hands with interest

**MWITIRIN
MWOKUTUKUT
IKA NOUM WE
MONUKON:**

- Mi missini ew/ekkocho foun achem (awewe ren mi wor osukosukan an mamarita)
- Ese atona mettoch an mwokut
- Ese emenimen ngeni aramas
- Mokuran ese tongeni pos/fanefaneno

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.



Foun Achem non Mokutukut/ Mamarita

- Angetai nios ren efoch poun
- Eaea poun me mesan, ren an kuna nios me sotuni an epwe angei
- Atona mettoch mi mwokutukut seni epek ngeni epek
- Amochu mokuran, anisata
- Aipwatiw pechen an epwe ipwatiw
- Epwe meni tongeni kununo seni won nukan ngeni nukusekurun
- Tongeni amochu nios me uchiki ngeni ekkewe nios mi ititiw
- Uwata poun ngeni awan
- Nupwen konetiw won nukan, itetiw won sopwun poun

Kosapw utiwiw. En mi wessen sinei noum we monukon me an mochen.

Ureni noun noum we monukon dokter ika kangof ika en mi kuna ekkoch esisin fanitan mangan mamaritan me eis ren ar repwe cheki inisin (screening).

- Ese apasa ekis
- Ese tongeni uwata mettoch ngeni awan
- Ese achoutiw won pechen nupwen epwe ipwatiw won pwun ika mettoch
- Weires ne amwokutu fetanei efou ika me ruofou mesan

Ifa usun omw kopwe tongeni anisi mamaritan noum we monukon

- Amochu me poraus ngeni noum we monukon, emenimen me pwapwa nupwen kopwe fori ei.
- Awora fansoun mour me amwongo.
- Eteneki met noum we monukon e sani me met ese sani; kopwe sinei met ekan wesen sani me mochen me met kopwe tongeni fori an epwe pwapwa.
- Appiru ngingin noum we semirit.
- Emenimen me pwapwa nupwen noum we monukon a mengungu.
- Awora fansoun an epwe kinamwe nupwen kopwe anea ika keen ngeni noum we monukon.
- Ngeni ekkewe nios mi eoch ngeni ierin an epwe urumwot ngeni, ren ekkewe nios mi akurang me sassing mi ning.
- Urumwot games ren peek-a-boo.
- Awora an fansoun an epwe tori noun nios me pusin katon met mi nomw unukun.
- Watiw nios unukun noum we monukon an epwe tongeni tori ika chepeti ngeni pechen.

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.

- Watiw nios ika mettoch non poun me anisi an epwe amo-chu.
- Amwochata noum we monukon ren pechen epwe uta won pwun, me keen ika fos ngeni nupwen an “uta” omw anisata.

Ika en ika ewe dokter mi chiwen eani osukosukan

1. Tungor fanitan emon chon aninis me,
2. Kokori ewe state ika an ewe territory early intervention prokram omw kopwe sinei ika ir mei tongeni anisi noum we semirit.

Kaeo pwan ekkoch me kutta ena nampa ren [cdc.gov/FindEI](https://www.cdc.gov/FindEI).
Ren ekkoch poraus, no ngeni [cdc.gov/Concerned](https://www.cdc.gov/Concerned).



Noum we Monukon seni 6 Maram

Angei ei puk ka poraus ngeni noun noum we semirit dokter nupwen omw chutiw ren fanitan ekkewe foun achem noum we semirit a tori me met epwe fis murin.

Foun Achem non Memef/Chiechi

- Sinei me esinna ekkoch maas me poputa ne sinei ika mi wor emon ese sisinei
- Sani an epwe kunou ngeni ekkoch, akaewin ngeni iin/sam
- Fan ekkoch mi pwapwa ne ponuwani mefian ekkoch
- Sani an epwe pusin atona non kinaas

Foun Achem non Fos/Kapas

- Ponuwani mengungu non ngingin
- Apache fengeni foun mak/kapas nupwen akurang ika apasa ekis (“ah”, “eh,” “oh”) me nikasiwin ngeni iin/sam ne apasa
- Ponu/mwokut ren pusin itan
- Mengungu an epwe pwa pwe mi pwapwa ika ese pwapwa/sani
- Poputa ne kapas ika mengungu (poputa ren mesen “m,” “b”)

Foun Achem non Ekiek (kaeo, ekiek, atawei osukosuk)

- Nenefetan ren mettoch mi nomw unukun
- Pwari mesemesan ren mettoch me sotuni ne angei mettoch esapw tori
- Angei mettoch apache ngeni awan

MWITIRIN MWOKUTUKUT IKA NOUM WE MONUKON:

- Mi missini ew/ekkocho foun achem (awewe ren mi wor osukosukan an mamarita)
- Ese mwo sotuni ne angei mettoch mi tori
- Pwari an ese tongei ewe chon tumwunu
- Ese mwokut ren ngingin mettoch ika akurang unukun

Poraus ngeni noun noum we semirit dokter iteitán omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.



Foun Achem non Mokutukut/ Mamarita

- Poputa amweta mettoch seni efoch poun ngeni efoch
- Kununo kunuto won me ruepek (mwan me murin ika nukusekurun ngeni mwan)
- Nupwen uta, eaea pechen an epwe anisi
- Poputa ne pusin moteta
- Mweteno mwan me murin, fan ekkoch te' sefan me mwan te' no' mwan

Kosapw utiwit. En mi wessen sinei noum we monukon me an mochen.

Ureni noun noum we monukon dokter ika kangof ika en mi kuna ekkoch esisin fanitan mangan mamaritan me eis ren ar repwe cheki inisin (screening).

- Weires an epwe uwata mettoch ngeni awan
- Mi chepwarukuruk, usun ew nios
- Ese apasa och kapas ren (“ah”, “eh”, “oh”)
- Ese kunufetan won me ruepek
- Ese takir ika terekiiik

Ifa usun omw kopwe tongeni anisi mamaritan noum we monukon

- Kukunou ngeni noum we monukon iteitan ran
- Sinei met noum we monukon e mefi. Ika mei pwapwa, sopweino ne fori. Ika ese pwapwa, ekis asoso iwe fori an epwe kinamwe.
- Pwar ngeni noum we monukon ifa usun omw akinamwei nupwen epwe netipengaw. Epwe meni atumwu autun poun an epwe kinamwetiw netipan.
- Nounou “kapas mi eniwin” urumwot – nupwen epwe emenimen, emenimen en; nupwen epwe ngingin kapas, kopwe epirur.
- Eniwini met noum we monukon a apasa me apasa ekkoch kapas mei mecheres ren ngingin. Awewe, ika a era “bah,” era “bottle” ika “puk”.
- Anea puk ngeni noum we semirit iteitan ran. Pwapwa nupwen epwe apasa ekis me “anea” pwan.
- Ika noum we semirit a nengeni och mettoch, itini me aporaua.
- Nupwen epwe monetiw nios won pwun, angei pwan ngeni senfani. Ei urumwot ika game mi anisi an epwe kaeo popun me wewen.
- Aneani ekkewe chungu ngeni noum we monukon.

Poraus ngeni noun noum we semirit dokter iteitán omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.

- Itini minafon mettoch ngeni noum we monukon me apasa iter.
- Pwar ngeni noum we monukon nios non puk me apasa iter.
- Kemwechuta noum we monukon ngeni unuun an epwe anisatá. Mwut ngeni epwe nenefetan ngeni nios an epwe nengeni nupwen epwe mwotepos.
- Akonatiw noum we monukon won sekurun ika upwan ka watiw nios unukun an esapw tori. Apochokuna ngeni an epwe kun me angei.



Noum we Monukon seni 9 Maram*

Angei ei puk ka poraus ngeni noun noum we semirit dokter nupwen omw chutiw ren fanitan ekkewe foun achem noum we semirit a tori me met epwe fis murin.

Foun Achem non Memef/Chiechi

- Epwe meni nuweiti chon ekis
- Epwe meni pacheri ekkewe ra watte i mi sisiner
- Nios a men sani
- Weweiti “apw”

Foun Achem non Fos/Kapas

- Fori chommong sakopaten akurang ren “mamamama” me bababababa”
- Appiru ekkoch ne mengungu me pwomeni pwomwer
- Eaea poun ne itini mettoch

Foun Achem non Ekiek (kaeo, ekiek, atawei osukosuk)

- Katon fetanin mettoch an turutiw
- Kutta mettoch mi kuna omw opano
- Urumwot “peek-a-boo” pwan ekkoch

MWITIRIN MWOKUTUKUT IKA NOUM WE MONUKON:

- Mi missini ew/ekkoeh foun achem (awewe ren mi wor osukosukan an mamarita)
- Ese tongeni pusin utaw on pecher
- Ese tongeni mwot nge esapw wor epwe anisi
- Ese ponueni kokon itan



Poraus ngeni noun noum we semirit dokter iteitán omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.

Foun Achem non Mokutukut/Mamarita

- Pusin wanong mettoch non awan
- Amwokutu mettoch seni efoch poun ngeni efoch
- Angei mettoch ren cereal amochu nefinan autun poun
- Uta, komwochuno
- Mot, esapw wor aninis
- Te'
- Tongeni mot wenewen
- Amwochatiw ne uta

* A tori atun chekin met sineian (“screening”)! *

9 maram, a tori atun an noum we monukon epwe chek, mei murinne ngeni meinisin monukon/semirit seni ewe American Academy of Pediatrics.

- Ese fos/apasa ekis ika mengungu (ren “mama”, “baba”, “dada” ika pwan ekkoch)
- Ese mwo nge urumwot (play games) epwe wor eniwin non
- Usun ese esina aramas mi sisinei
- Ese nengeni ia ke itini ian

Ifa usun omw kopwe tongeni anisi mamaritan noum we monukon

- Eteneki mwokutukutun ngeni minafon mettoch ika aramas; sopweno ne fori mettoch noum we monukon epwe pwapwa me kinamwe ren.
- Nupwen an mwokutukut, nomw unukun an epwe sinei pun en mi kanengeni.
- Sopwosopwono fori met mi pin fori; mi fokkun achuea iei.
- Kukunou ngeni ren “ngang” me “en.”
- Era met noum we monukon mi ekieki me mefi. Awewe, era, “Ka fokkun netipengaw, sipwe katon ika kich mei tongeni apwapwaok.”
- Afata met noum we monukon e nengeni; awewe, “pwor mi par me fokukumwos.”
- Era met noum we semirit e mochen nupwen epwe itini mettoch.
- Appiru mengungun noum we semirit
- Eis ren fofor ke mochen. Awewe, me nukun omw era “kosapw uta,” kopwe era “a tori atun momot.”
- Aiti wewen me popun seni omw okunano me okunato ewe pwor, tini niosun toraku me uwanong pwan uwau blocks non ewe container.

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.

- Urumwot “peek-a-boo” me nikaopop
- Anea me fos ngeni noum we monukon
- Awora watten neni mi tumwun/seif ngeni noum we monukon an epwe mwokut fetan.
- Watiw noum we monukon ngeni mettoch epwe tongeni komwochuta.



Noum we Semirit seni 1 ler

Angei ei puk ka poraus ngeni noun noum we semirit dokter nupwen omw chutiw ren fanitan ekkewe foun achem noum we semirit a tori me met epwe fis murin.

Foun Achem non Memef/Chiechi

- Mi nisesaaw me nuokus ren chon ekis
- Kechiw nupwen mama me papa ra no
- Mei wor met mei sani me io mi sani
- Pwari nuokus non ekkoch nikinik
- Urumwot ren “peek-a-boo” me “pat-a-cake” ika pwan ekkoch kapasen urumwot

Foun Achem non Fos/Kapas

- Ngonuk ew puk nupwen epwe mochen rongorong story/poraus
- Eniwini mengungu ika fofor an epwe eteneki
- Ponueni ekkoch kapas eis
- Pwomwoni, ren omw achimwa mokurom “apw” ika chunata poun kapong “bye-bye”
- Fori ngingin kapas mi sokkono (usun afanafan)
- Era “mama” me “dada” ika era “uh-oh!”
- Sotuni ne era met en mi apasa

MWITIRIN
MWOKUTUKUT
IKA NOUM WE
MONUKON:

- Mi missini ew/ekkoeh foun achem (awewe ren mi wor osukosukan an mamarita)
- Ese te'naw
- Ese tongeni uta nupwen ar anisi
- Ese kutta mettoeh i mei kuna omw opa

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.



Foun Achem non Ekiek (kaeo, ekiek, atawei osukosuk)

- Eitau poun me pechen epwe anisi an ufouf
- Katon mettoch non sakopaten nikinik, ren achungu, achopowa, mwonei
- Mecheres ne kuna mettoch mi opono/mwonono
- Katon eochun sassing ika mettoch nupwen kopwe ngeni itan
- Appiru mwokutukutun

Foun Achem non Mokutukut/Mamarita

- Achopwu fengeni ru mettoch
- Poputa ne eaea mettoch mi eoch epwe eaea ngeni; awewe ren un seni ew kap, komwei mokuran
- Tiki ngeni autun poun
- Mwoteta nge ese pwan need aninis
- Epwe ipweno fan fitu nge esapw komwoch mettoch

- Ese itini mettoch
- Ese pwan kaeo amwokutu inisin ren akanipo ika wichiki mokuran
- Ese mwo nge era ew fos ren “mama” ika “dada”
- Monuki met i mi pin sinei

Ifa usun omw kopwe tongeni anisi mamaritan noum we monukon

- Mwut ngeni noum we och fansoun an epwe sisinei ewe a minafon chon tumwunu. Uwei ew nios, niosun maan, ika panangket an epwe anisi me akinamwei noum we semirit.
- Omw ponuweni mwokutukut ese ketiw, era “apw” non pochokun. Kosapw akapwas, kawat, ika awewe tam. Ew “time out” (asoso) ren 30 seken ngeni 1 minich mi anisi noum we semirit.
- Turufi faropachei noum we iteitan, kissini, me ingeiti an fori met mei eoch.
- Anapa omw fansoun ne apochokuna eochun mwokutukut nap seni omw punishini (fan 4 napengeni kopwe apochokuna ren foforeoch mi anisi seni fofofor ese pung).
- Fos ngeni noum we semirit ren met en mi fori. Awewe ren, “Mama a tonu poum ngeni mangak.”
- Anea ngeni noum we semirit iteitan ran. Mwut ngeni epwe wisan suki ewe puk. Nikasiwin ne esisina fengeni ekkewe sassing.
- Fori met noum we semirit a era ika sotuni ne era, ika itini. Ika e itini efoch toraku me era “t” ika “truck/toraku,” era, “U, inan efoch watten, toraku mei araw.”

Poraus ngeni noun noum we semirit dokter iteitani omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.

- Ngeni noum semirit kuraion me taropwe, mut ngeni epwe chunganga. Aiti ifa usun an epwe chunganata me chunganatiw lines pwan chunganano nepekin ewe taropwe. Pwapwa ren an angang pwan fiti ne fori.
- Urumwot ngeni blocks, napanapan mettoch, me ekkoch nios an epwe apochokuna noum we semirit an epwe eaea poun.
- Opa ekkewe kukun nios me ekkoch mettoch ureni noum we semirit epwe kutta.
- Eisini noum we semirit epwe eitita kinikinin won inisin ika mettoch ke kuna nupwen omw sa on toraku.
- Keen me pwomwoni, ren “The itsy Bitsy Spider” me “wheels on the Bus” ika pwan ekkoch keenun semirit. Anisi noum we an epwe fituk ne pwomwoni.
- Ngeni noum we semirit nape ika och kukunun minen ettick ren drum ika cymbals. Apochokuna ngeni noum we semirit an epwe fos ika ekurang.



Noum we Semirit seni 18 Maram*

Angei ei puk ka poraus ngeni noun noum we semirit dokter nupwen omw chutiw ren fanitan ekkewe foun achem noum we semirit a tori me met epwe fis murin.

Foun Achem non Memef/Chiechi

- Sani an epwe eiti ngeni ekkoch ren mettoch nupwen ar kukunou fengen
- Epwe meni wor ren nisosong/kopwut
- Epwe meni nuweiti chon ekis
- Saani/tongei ekkoch i mi sisiner
- Nikefamw, aweve ren nikefamw on nios
- Pusin katon fetan mettoch omw fiti iin/sam

Foun Achem non Fos/Kapas

- Itini an epwe pwar ngeni ekkoch ren met mei apwapwa
- Era ekkoch fos mei mecheres
- Apasa me uchuki mokuran “apw”
- Itini met mi sani an ekkoch repwe sinei

Foun Achem non Ekiek (kaeo, ekiek, atawei osukosuk)

- Sinei met mi auchea ren mettoch; aweve ren telefon, piros, sipun
- Itini ew kinikinin won inisin

MWITIRIN
MWOKUTUKUT
IKA NOUM WE
SEMIRIT:

- Mi missini ew/ekkoeh foun achem (aweve ren mi wor osukosukan an mamarita)
- Ese itini mettoch an ekkoch repwe kuna
- Ese tongeni fetan
- Ese sinei mettoch mi pin kuna

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.



Foun Achem non Mokutukut/Mamarita

- Pusin chungu ika mak won an
- Tongeni ipweno ren omw ureni; awewe, a mottiw nupwen kopwe era “mottiw”
- Akanamon ne fetan
- Mei tongeni fetan me sá won natte
- Weiti/uwei nios an fetan
- Tongeni anisi ne pwiniti ufan
- Un seni ew kap
- Mongo won efoch sipun

* A tori atun chekin met sineian (“screening”)!

Ren 18 maram, noum we semirit epwene pwan no ngeni chekin inisin me chekin autism, mi katou ngeni meinisin semirit seni ewe American Academy of Pediatrics.

- Ese tongeni appiru ekkoch
- Ese wor minafon kapas mi kaeo
- Ese mwo nge tongeni era 6 mak ika kapas
- Ese eteneki nupwen ewe mi tutumwunui a no ika niwin sefan

Ifa usun omw kopwe tongeni anisi mamaritan noum we monukon

- Awora ew neni mei tumwun. Mei auchea an epwe fokkun nukunukeoch.
- Pwapwa ngeni foforeoch nap seni omw punishini faniten fofor mi ngaw (eaea ekis fansoun ren “time out” ika fansoun asoso)
- Awewei mefian. Awewe ren, era “En mei pwapwa nupwen sia anea ei puk.”
- Fori tipitipin kukunou
- Anapa omw kopwe ausening me weweiti mefian ekkoch. Awewe, nupwen epwe kuna emon semirit epwe song, aiti ngeni an epwe hug ika atapa/fos ngeni ekkoch semirit.
- Anea puk me nounou ekkoch kapas mei mecheres ren ekkewe sassing.
- Apiru met noum we semirit mi apasa.
- Nounou kapas epwe awewei mefiom me ekiekum.
- Nounou, kapas mi mecheres.
- Kapas eis mi mecheres.

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.

- Opa mettoch fan panangket ika unuun me ureni epwe kut-ta.
- Kunou me urumwot ngeni blocks, pwor, puzzles, puk, me nios an epwe anisi ren popun me wewe me atawei osukosuk.
- Awora nios ren tipitipin kukunou, awewe ren niosun fon ika nios.
- Awora ew nenian kunou an noum we semirit epwe mwokut fetan non.
- Era itan ekkewe sassing me kinikinin won inisin non ewe puk.
- Awora nios i mei tongeni tiini ika pwusuni.
- Apochokuna ngeni an epwe un seni an kap me eaea sipun, ika mwo epwe nimengaw me pipi fetan.



Noum we Semirit seni 2 Ier*

Angei ei puk ka poraus ngeni noum noum we semirit dokter nupwen omw chutiw ren fanitan ekkewe foun achem noum we semirit a tori me met epwe fis murin.

Foun Achem non Memef/Chiechi

- Appiru ekkoch, akaewin serafo me ekkewe ra watte
- Pwari an chengen/pwapwa nupwen an nomw nein semirit
- Pwari watten an pusin fori mettoch
- Pwari mwokutukut ese eoch (fori met rese mochen epwe fori)
- Napengeni an kunou ngeni ekkoch semirit, nge iei a pwan poputa ne apachanong ekkoch, non ar urumwot ren sá

Foun Achem non Fos/Kapas

- Itini sassing ika mettoch nupwen repwe apasa itan
- Sinei itan aramas i mei sisinei me kinikinin won inis
- Apasa kapas ren 2 ngeni 4 kapas taman
- Apiru met mei katou
- Eniwini kapas mi rong non ar aporaus
- Itini mettoch non ewe puk

MWITIRIN MWOKUTUKUT IKA NOUM WE SEMIRIT:

- Mi missini ew/ekkoch foun achem (awewe ren mi wor osukosukan an mamarita)
- Ese sinei met epwe fori ren met mi mecheres, ren piros, fon, fork, sipun
- Ese apiru fofor me kapas

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.



Foun Achem non Ekiek (kaeo, ekiek, atawei osukosuk)

- Kutta mettoch nupwen repwe nomw fan ru ika unungat apwon/tukutuk
- Poputa ne ateteni napanapan me anuwan
- Urumwot epwe mecheres ren nikefamw ika tipitipin kunou/ games
- Urumwot epwe mecheres ren nikefamw ika tipitipin kunou/ games

Foun Achem non Mokutukut/Mamarita

- Aueta iimw ren 4 me chommong blocks
- Kikini ewe pwor
- Poputa ne sá

* **A tori atun chekin met sineian (“screening”)**

Noum we semirit epwene pwan no ngeni chekin inisin me chekin autism, mi katou ngeni meinisin semirit seni ewe American Academy of Pediatrics.

- Ese apiru aureur mei mecheres
- Ese apasa 2 kapas (awewe ren “un minik”)
- Ese fetan wenewen
- Monuki met mi sinei me nomw

Ifa usun omw kopwe tongeni anisi mamaritan noum we monukon

- Apochokuna ngeni noum we semirit an epwe aninis non iimw, ren pirum me for mongo. Pwapwa nupwen epwe fokkun aninis.
- Ren ei ier, semirit mi chiwen urumwot unukun (esapw ngeni) ekkoch esapw pwan konien share (eaea-fengen). Ren pekin kukunou, ngeni ewe semirit chommong nios an epwe kunou ngeni. Nomw unukur me tumwunur ika repwe osukosuk ika fiu me anini.
- Eteneki noum we semirit me mwareiti nupwen epwe appiru ekkewe aureur. Aukuku omw eteneki met mi fori ururun esapw fori. Anapa omw ingeiti ren eochun met mi fori nap seni omw punish-ini met ese eoch.
- Aiti noum we semirit an epwe pwarata me era kinikinin won inis, maan, me ekkoch mettoch.
- Kosapw apwungu noum we semirit nupwen epwe apasa och fos ese pung. Kopwe fen apasa nge epwe pung. Awewe, “Inan efou pwor.”
- Apochokuna ngeni noum we semirit an epwe apasa kapas pwan itini. Ika ese tongeni era unusan ewe kapas (“minik”), ngeni ngingin nepoputan (“m”) an epwe anisi. Iteitan ka tongeni ngeni an epwe apasa non unusan — “Uwa mochen un minik.”
- Uwei noum we semirit ngeni nenian kunou (park) an epwe sá me te’ on ekkewe pisekin kunou ika fetan non ekkewe nenian fetan. Tumwunu ika atona.

Poraus ngeni noun noum we semirit dokter iteitán omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.

- Opa noun noumw we semirit nios non room ureni epwe kutta.
- Anisi noum we semirit an epwe fori puzzles non nap-anapan, anuwan, ika nenian maan. Eita ew me ew foun nupwen epwe watiw non nenian.
- Apochokuna noum we semirit an epwe nounou blocks ne kunou me urumwot. Nikasiwin ne aueta ew imw pwan ataieno.
- Fori ew “art project” ngeni noum we semirit nounou crayons, peinit, me taropwe. Awewei met noum we semirit e fori ka pacheta won ewe wall ika refrigerator.
- Ureni noum we semirit epwe anisuk ne suki ewe asam me suki ekkewe kapet me pwan suki puk ika puken sassing.
- Nupwen noum we semirit epwe poputa fetan, eisini epwe anisuk me uwei mettoch mei kukun.
- Kik pwor ngeni noum we semirit nupwen epwe angeoch, anisi an epwe sá me kikini.



Noum we Semirit seni 3 ler

Angei ei puk ka poraus ngeni noun noum we semirit dokter nupwen omw chutiw ren fanitan ekkewe foun achem noum we semirit a tori me met epwe fis murin.

Foun Achem non Memef/Chiechi

- Apiru serafo me chiechian
- Pwari an tongei/sani chiechian nge esapw seni an emon epwe ureni
- Nikasiwin non games
- Pwari an osukosuk ren chiechian an kechiw
- Pusin ufouf ufan
- Weweiti met “ai” me “an atewe” me “an neminewe”
- Pwari watten netipom omw memef

Foun Achem non Fos/Kapas

- Tongeni eita mettoch mi sinei
- Weweiti kapas ren “non,” “won,” me “fan”
- Era itan, ierin, i emon met
- Eita chienan
- Poraus eoch ngeni ekkoch ar repwe weweiti iteitan
- Era ew kapas ren “ngang,” “kich” “en” me ekkoch kapas mi achupa chommong (toraku, konak, kattu)
- Sopweino ne poraus non 2 ngeni 3 kapas

MWITIRIN MWOKUTUKUT IKA NOUM WE SEMIRIT:

- Mi missini ew/ekkocho foun achem (awewe ren mi wor osukosukan an mamarita)
- Chommong an turutiw ika weires ne me non nate’
- Sur chonun aaw ika fatengaw ne poraus

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.



Foun Achem non Ekiek (kaeo, ekiek, atawei osukosuk)

- Tongeni for nios ngeni pwachen, mecha, me mettoch
- Nikefamw ngeni ekkewe nios, maan, ika aramas
- Fori puzzle ren 3 ika 4 kinikinin
- Apiru ew foukukumwos ngeni pin ika kraion

Foun Achem non Mokutukut/Mamarita

- Aueta watten iimw ren 6 blocks
- Sukuruni me etatiw apwonun rume ika akunu amwochun asam
- Sinei te', Mecheres ne sá
- Sinei te', Mecheres ne sá
- Sá on traisikel (3 wheel paisikel)
- Fetaneta pwan fetanetiw on nate', efoch pechen won ew step

- Ese tongeni for nios mi mecheres (ren peg boards, puzzles, okunu amochun mettoch)
- Ese weweiti met ra aureura ngeni
- Ese fosetam
- Ese nengeni emon an poraus

Ifa usun omw kopwe tongeni anisi mamaritan noum we monukon

- Fiti group/mwich ne urumwot ngeni noum we semirit ika ekkoch neni ikewe mi wor semirit ie, omw kopwe apochokuna an epwe sisinei ekkoch.
- Anisi noum we semirit ne atawei osukosuk nupwen epwe song.
- Poraus fanitan nikinikin noum we. Awewe ren “ngang mi sinei nupwen kosapw pwapwa ren omw moneno ewe foun puzzle.” Apochokuna noum we semirit an epwe pwari mefian non ekkewe puk.
- Watiw annuk me aukuk ngeni noum we semirit, me fori. Ika noum we semirit epwe atai ew annuk, ngeni an “time out” ika fansoun asoso non ukukun 30 seken ngeni 1 minich won efoch sea ika no rumwan. Pwapwa ika i mi apwonuweta ekkewe annuk.
- Ngeni noum we semirit aureur ren 2 ika 3 kinikin. Awewe, “no non rumwom me angei noum sus me ufom.”
- Anea ngeni noum we semirit iteitan. Ureni epwe itini mettoch non sassing me apiru omw fos.
- Ngeni noum we semirit ew “activity box” pwan taropwe, crayons, me puken chungu. Chungu lines me napanapen mettoch ngeni noum we semirit.

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.

- Play games ika urumwot mi wewe fengen. Ureni noum we semirit epwe kutta mettoch non ekkewe puk ika nukun ewe iimw mi wewe fengen.
- Tipitipin anea. Aneani kinikinin inis, nate', me ekkoch mettoch en mi nounou ika kuna iteitan ran.
- Amwochu poun noum we semirit fetaneta fetanetiwi on nate'. Nupwen epwe tongeni pusin fetaneta me fetanetiwi, apochokuna ngeni an epwe komoch amochun ekkewe nenian fetan.
- Kunou ngeni noum we semirit nukun. No non park ika hiking trail. Mut ngeni epwe pusin urumwot on pusin an.



Noum we Semirit seni 4 ler

Angei ei puk ka poraus ngeni noun noum we semirit dokter nupwen omw chutiw ren fanitan ekkewe foun achem noum we semirit a tori me met epwe fis murin.

Foun Achem non Memef/Chiechi

- Apwapwai fori minafon mettoch
- Watteno an kao me sinei ren an nuku met mi fori
- Fifiti ekkoch semirit
- Poraus fanitan met mi sani me met mi apwapwai
- Aporaus ew poraus/story ika tutunap

Foun Achem non Fos/Kapas

- Sinei ekkoch annukun kapas, ren “epwe”, “repwe”, “oupwe” me ekkoch
- Tongeni era itan me an last name
- Keen ngeni ika pusin ekiekiet a ew poem ren “Itsy Bitsy Spider” ika ewe “Wheels on the Bus” ika pwan ekkoch keenun semirit

MWITIRIN
MWOKUTUKUT
IKA NOUM WE
SEMIRIT:

- Mi missini ew/ekko ch foun achem (awewe ren mi wor osukosukan an mamarita)
- Weires an epwe mak ika chungani mettoch
- Amwochu/chipwang ufouf, mour, me eaea nenian ngaseno

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.



Foun Achem non Ekiek (kaeo, ekiek, atawei osukosuk)

- Weweiti an epwe anea
- Poputa ne weweiti kunok
- Chemeni kinikinin ewe story/poraus

Foun Achem non Mokutukut/Mamarita

- Nounou fich/sisech
- Poputa ne kapini ekkoch foun mak mi mese mong.
- Mwetemwet me uta won efoch peche non 2 seken
- Ninatiw, reirei/pokupok nge emon epwe anisi, ika pusin for mongo mi pwetete

Kosapw utiwit. En mi wessen sinei noum we monukon me an mochen.

Ureni noun noum we monukon dokter ika kangof ika en mi kuna ekkoch esisin fanitan mangan mamaritan me eis ren ar repwe cheki inisin (screening).

- Amonungaw seni ekkoch semirit ika ese mochen ponuwani ekkoch me nukun an famini
- Ese nounou “ngang” me “en” non pwungun kapas
- Ese appiru 3 kinikinin commands/order
- Poutano/monuki met mi pin sinei

Ifa usun omw kopwe tongeni anisi mamaritan noum we monukon

- Tipitipin kunou/urumwot ngeni noum we semirit. Mut ngeni epwe wisen sou emwen me kapini met mi fori.
- Ekieki an noum we semirit epwe tipin urumwot ew fansoun mi fokkun auchea epwe fori an epwe nuokus, usun chok an epwe no preschool ika mouruno ren imwan inan me saman chinap.
- Ngeni noum we semirit mettoch mi mecheres nupwen epwe tongeni. Mut ngeni epwe fini met epwe ufouf, kukunou ngeni, ika ani ren snack. Aukuku finian ren 2 ika 3.
- Nupwen kukunou mut ngeni noum we semirit epwe pusin atawei an osukosuk ngeni chiechian, nge kopwe chok nom unukun omw kopwe anisi.
- Apochokuna ngeni noum we semirit an epwe nounou kapas, nounou fengen nios, me nikasiwin non urumwot ngeni ekkoch.
- Ngeni noum we semirit nios an epwe pusin ekieki an epwe aufoufa, ika pisekin non nenian mongo, ika blocks.
- Nounou eochun fos nupwen kopwe fos ngeni noum we semirit. Me nukun “Mommy e mochen kopwe feito ikei,” kopwe era “Ngang u mochen kopwe feito ikei.”
- Etiki an noum we semirit favorite music me fiti ne pworuk. Appiru an emon mwokut.

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.

- Nounou kapas ren “ewin” “murin,” me saingo/amuchunon” nupwen kopwe fosun met en mi fori iteitan ran. Ei epwe anisi noum we semirit an epwe kaeo tetenin mettoch.
- Awora fansoun omw ponuweni noum we semirit “pwata” kapa seis. Ika kose sinei ponuwan, era “ use sinei,” ika anisi an epwe kutta ponuwan me non ewe puk, won internet, ika seni ekkoch mi watte seni.
- Nupwen kopwe fiti noum we semirit ne anea, eisini epwe uronuk met a fis non ewe story.
- Era ekkewe anuwan mettoch non ewe puk, sassing, me mettoch non iimw. Aneani iteitan ettoch, usun fite ukukun snack crackers, sasarun nate’ ika niosun trains.
- Aiti noum we semirit an epwe kunou nukun ren tag, “follow ewe leader”, me “duck, duck, goose”.



Noum we Semirit seni 5 ler

Angei ei puk ka poraus ngeni noun noum we semirit dokter nupwen omw chutiw ren fanitan ekkewe foun achem noum we semirit a tori me met epwe fis murin.

Foun Achem non Memef/Chiechi

- Mochen akinamwei netipan chienan
- Mochen epwe usun chiechian kewe
- Mochen keen, pworuk, me pomw

Foun Achem non Fos/Kapas

- Fatafateoch an poraus
- Aporaus ew story/poraus non unusan ew kapas
- Nounou kapasan met epwe fis; aweve ren, “Grandma epwe war.”
- Era itan me nenian

Foun Achem non Ekiek (kaeo, ekiek, atawei osukosuk)

- Aneani 10 ika chommong mettoch
- Tongeni chungani emon aramas ren 6 kinikinin non
- Kapini ew triangle ika ekkoch ununun/napanapan mettoch
- Sinei eaeen mettoch iteitan ran, ren moni ika mongo

MWITIRIN MWOKUTUKUT IKA NOUM WE SEMIRIT:

- Mi missini ew/ekkocho foun achem (awewe ren mi wor osukosukan an mamarita)
- Ese pwari ukun met mi mefi
- Pwari watten an mwokutukut (ren an watten nuokus, pwora, saw, ika netipengaw)

Poraus ngeni noun noum we semirit dokter iteitan omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.



Foun Achem non Mokutukut/Mamarita

- Uta won efoch pechen non ukukun 10 seken ika tameseni
- Mwetemwet; pwan skip ika mwet
- Eaea fook ika sipun fan ekkoch saar-un mongo
- Tongeni eaea nenian ngaseno won pusin inisin
- Pirangko me teta'

Kosapw utiwit. En mi wessen sinei noum we monukon me an mochen.

Ureni noun noum we monukon dokter ika kangof ika en mi kuna ekkoch esisin fanitan mangan mamaritan me eis ren ar repwe cheki inisin (screening).

- Ese ponuwani aramas, ika ponu chok fan ew
- Ese tongeni sinei met mei wesewesan me esapw wesewesan
- Ese fosun met mi fori iteitan ika met an sinei

Ifa usun omw kopwe tongeni anisi mamaritan noum we monukon

- Sopweino ne fori ranin/fansoun kukunou, no non park, ika fiti mwichen aramas ne urumwot. Ngeni noum we semirit an fansoun an epwe pusin fini menni urumwot epwe fiti ngeni chienan, pwan mut ngeni an epwe pusin fori mettoch on inisin.
- Noum we semirit epwe poputa ne aponuwok ika akaponuk (kapas mei pochokun) ina anen an epwe mefi nge a men watte. Kosapw anapa omw eteneki ren an kapas iei usun, me nukun chok ekich fansoun asoso. Me nukun ekkei, sani an epwe eis mettoch non kinamwein an poraus me mecheres an epwe rong “apw” ren ponuwan met e mochen.
- Iei ew eochun fansoun omw kopwe fos ngeni noum we semirit ren met epwe atapa me met esapw atapa. Ese wor epwe atapa “kinikinin non inis mi praifet/monomon” chinon chok dokter me kangof nupwen repwe cheki ika iin/sam nupwen repwe nimeti.
- Aiti ngeni noum we semirit nenian me nampan fon.
- Nupwen kopwe anea ngeni noum we semirit, eisini an epwe pusin ekieki met epwe fis murin me non ewe story/poraus.
- Apochokuna ngeni noum we semirit an epwe “anea” seni an epwe katon sassing me aporausa porausan ewe puk.
- Aiti noum we semirit an epwe amwokutu pechen won pirangko.
- Anisi noum we semirit an epwe tota/teki ekkewe mecha.

Poraus ngeni noun noum we semirit dokter iteitán omw chutiw ren fanitan ekkewe foun achem noum we semirit a fen tori me met epwe fis murin.

- Aiti noum we semirit kunokun me fansoun ren nesosor, murin neonowas, nekunion, ikenai, nesor, me nanew. Poputa ne aiti ekkewe ran non ew wiik.
- Kutta met noum we semirit mi pwapwaiti me non ewe community. Awewe, ika noum we semirit mi sani maan, no visit ekkewe nenian maan (zoo) ika farm. No ngeni ekkewe nenian puk ika library ika katon on internet omw kopwe sinei ekkei itenap.
- Awora ew pworun kuraion, taropwe, peinit, noun semirit fich, me apach. Anisi noum we semirit an epwe chungá me for mettoch mi sokkono foforun.
- Urumwot ngeni ekkewe nios an epwe anisi noum we semirit an epwe achu fengeni.
- No fiti noum we semirit ne fetan, fetain nukun iimw ika non park anisi an epwe sá won paisikel mi wor “training wheels” won (akaw).



Kapas Eis ren Noun Nei We Semirit Dokter

2 Maram

4 Maram

6 Maram

9 Maram

12 Maram

18 Maram

Kapas Eis ren Noun Nei We Semirit Dokter

2 ler

3 ler

4 ler

5 ler

Ekkoch Poraus

Ekkoch Poraus
