

# Updates

## Summary of changes (2025/2026)

### DECEMBER 2025

#### NEW GUIDELINES:

Paracetamol, NSAIDs, and glucocorticoids (anti-inflammatory medications) guideline – replaces 'Dexamethasone in palliative care' guideline

#### MAJOR AMENDMENTS:

Lidocaine protocol  
Management of cough guideline

### MARCH 2026

#### MINOR AMENDMENTS:

Ketamine protocol  
Ketamine monograph  
Ketamine patient information sheet

### MAY 2026

#### NEW GUIDELINES:

Hiccups, 48hr subcutaneous medicines, methadone

#### MINOR AMENDMENTS:

Lidocaine – please note there was a serious error in the 10% dosing table for the CADD-solis pumps which has been amended

For any comments and  
feedback, please email us:

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