Update: IFEM global campaign against ED over-crowding

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About ~

Our work ~

Resources ~

Research ~

Education ~

Events ~

News ~

2019 IFEM report

Home > Resources > Resource Library

> Emergency Department Crowding and Access Block in the COVID Era and Beyond: Webinar launch of the IFEM Taskforce Report

Emergency Department Crowding and Access Block in the COVID Era and Beyond: Webinar launch of the IFEM Taskforce Report





Emergency Department (ED) crowding and access block represent potentially the greatest threats to the core mission of emergency care across the world. The problem is pervasive, massive in scale, and amounts to a public health emergency with potentially lethal consequences. At its core, crowding and https://www.ifem.cc/stories folder access block overwhelm FD resources and prevent the delivery of timely and effective care for nationts

2022: in USA, Canada, UK, Australia, New Zealand......



Canada's Health Care System Is on Life Support





State of Emergency: Inside Canada's ER Crisis

I've been an urgent-care doctor for 39 years, and my department has never been closer to collapse.

We're not alone.

CANADA

Nova Scotia man wants answers after wife dies following seven-hour ER wait

The husband of a 37-year-old Nova Scotia woman who died in hospital after waiting seven hours to see a doctor is calling for changes to the province's health-care system.





IFEM survey November 2022: 100% Presidents of national EM Societies (41 responses) reported over-crowding

Global campaign against over-crowding launched December 12 2022 via social media

Taken up by the regions (North America, Latin America, Europe, Africa, Asia, Aus)

By 1 March 2023, IFEM social media alone:

115,000 impressions on Twitter 9,919 people reached on Facebook 1,533 people reached on Instagram 17,322 impressions on LinkedIn → bit.ly/3W50mWA

#NoMoreLivesLostWaiting



Global Campaign Against Hospital Emergency Department Over-Crowding





The toolkit

Editable campaign posters and template letters available for download

Poster 1 Emotional / moral angle

#NoMoreLivesLostWaiting

#NoMoreLivesLostWaiting





THE PROBLEM IS UNIVERSAL THE SOLUTION MUST BE LOCAL

"My child was waiting by a man who was lying down, crying in pain. She was terrified."





"I saw a woman waiting hours for a hospital bed. I was so upset to find out she died."

NURSE

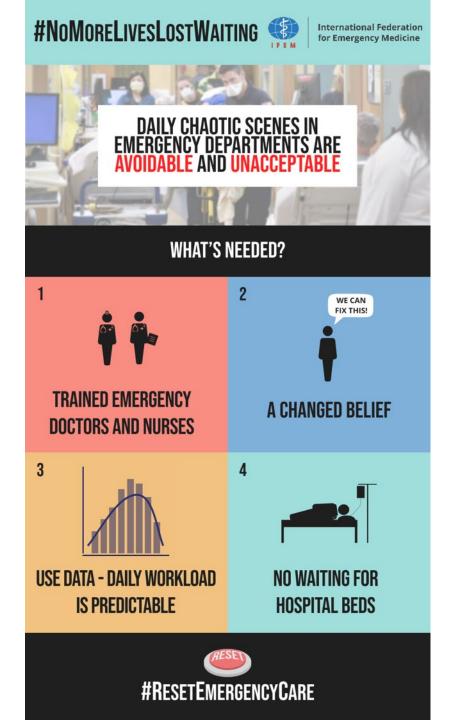


Poster 2

Angle: that over-crowding is unacceptable and avoidable

- Look at your local data and sort out the causes of over-crowding
- Believe it is possible to change

#ResetEmergencyCare



Around the world round-up

USA, Canada
Mexico, Latin America
Finland, UK, Switzerland, Italy
India
Ethiopia
South Africa
Hong Kong





Boarding: Cause & Impact

Causes

- Staffing shortages, especially nursing
- Tridemic (COVID, RSV, flu), especially pediatric patients
- Misaligned economic drivers prioritize staff and bed space for more lucrative elective surgery patients
- Disproportionate lack of resources for patients with mental health emergencies

Impact

- Many patients—even ones severe enough to require admission—being treated in the ED waiting room
- Physicians and nurses burning out as each day they are unable to provide high-quality patient care
- Patients coming to preventable harm

Emergency Department Boarding and Crowding



verwhelming emergency physicians, care teams and staff who do all they can to treat or stabilize every patient that needs

While the causes of boarding are multifaceted, staffing shortages and the resulting burnout only exacerbate the crisis and perpetuate a dangerous and sometimes deadly cycle. To help address this crisis, ACEP President Christopher S. Kang, MD,

ED Boarding: Frontline Stories

ACEP members are sharing stories about the impact of rising patient boarding, and the picture painted is bleak-emergency departments and



Advocacy

ACEP has been leading national efforts to address ED crowding and boarding for several decades. Currently we are advocating directly with the White House, bipartisan members of Congress, regulatory agencies, and other stakeholders involved in constructive approaches to alleviate the factors that lead to our nation's boarding crisis.



Boarding and Crowding Talking Points

READ MORE



Letter to the White House (November 7.



Regs & Eggs: Update on The ED Boarding Crisis





USA Letter to President Biden December 2022



Collective action is urgent and necessary to help emergency physicians address the boarding crisis and save lives.

ACEP has collected and shared personal stories from the ER and lead the call for a White House summit on the issue:



emergencyphysicians.org

Boarding, Crowding, and Wait Times

The nation's emergency physicians are sounding the alarm—the number of patients "boarding," or held in the emergency department while waiting for car...





Boarding: Successes to Date

Initial

 Media visibility of domestic and international challenges growing following a multi-organization letter to the White House

Subsequent

- Organizational
 - Working on stakeholders summit
 - Updated policy statement protects the emergency physician and clarifies the responsibilities of the hospital and the admitting physician
- Multi-Organizational IFEM
- Legislative Engaging sponsors, advocating solutions
- Innovations Practices and resources



February 9, 2023 • National Public Rad

One state looks to get kids in crisis out of the ER — and back home

"We see more and more mental health patients, unfortunately, languishing in emergency departments," says Dr. Chris Kang, president of the American College of Emergency Physicians. "I've heard stories ...



December 22, 2022 · HealthLead

Emergency Department Length of Stay for Children with Mental Health Conditions Soikes

Last month, the American College of Emergency Physicians and 34 other healthcare organizations raised alarm over the boarding of patients in emergency departments for days or weeks, including pediatri...



November 18, 2022 • FOX New

Emergency rooms overloaded due to spike in viruses, staffing shortages

Facing what is being dubbed the tri-demic, hospitals across the nation are in crisis. ERs are overwhelmed. According to the American college of emergency physicians the situation has been years in th...



November 17, 2022 • The Boston Globe

Megan Ranney: 'Political will' is needed to avoid ER disaster as crowding, wait times spiral

The American College of Emergency Physicians outlined a similar request in a Nov. 7 letter to President Joe Biden, co-signed by dozens of other provider organizations.



November 16, 2022 · HealthDay

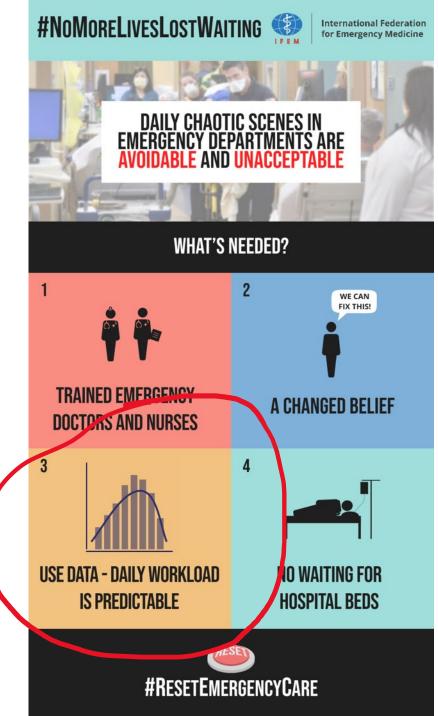
America's ERs Are Jammed, Affecting Patients on Other Wards

A crowded emergency department is a sign of a hospital that's running at its absolute limits, said Dr. Ryan Stanton, a board member of the American College of Emergency Physicians.

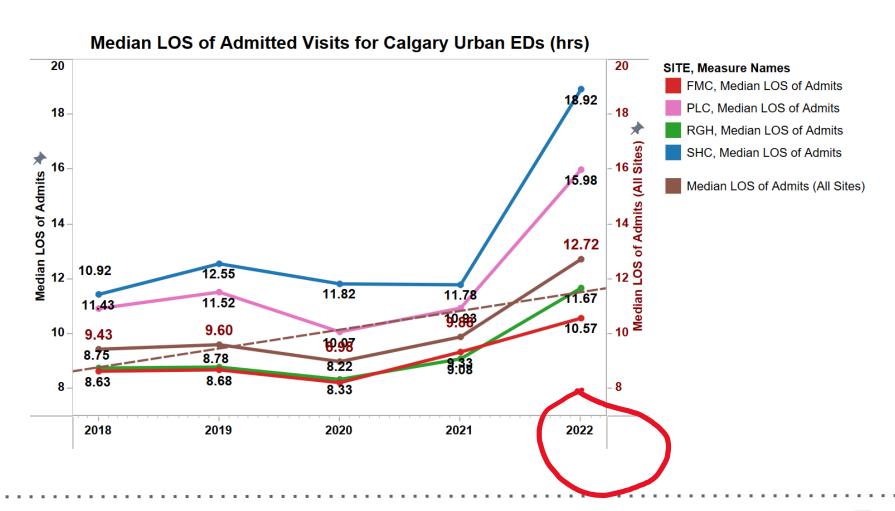
Data from Alberta state, Canada

Similar to USA, UK, Australia, NZ

Biggest problem = lack of hospital bed capacity



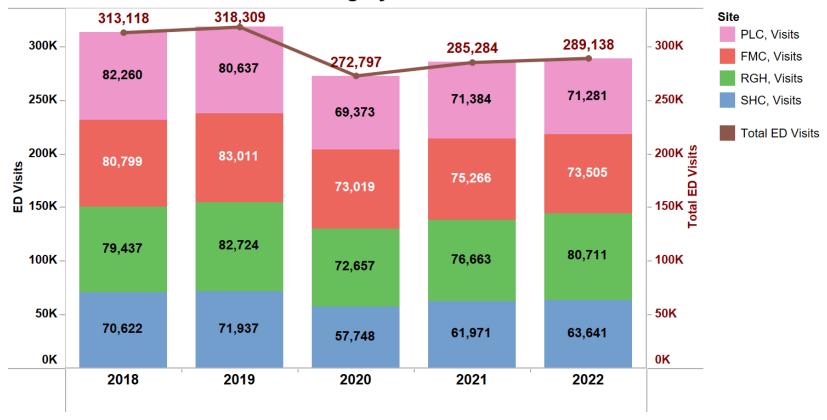
Marked Increase in ED Length Of Stay for hospital admission patients





Still Not at Pre-Pandemic Visit Volumes

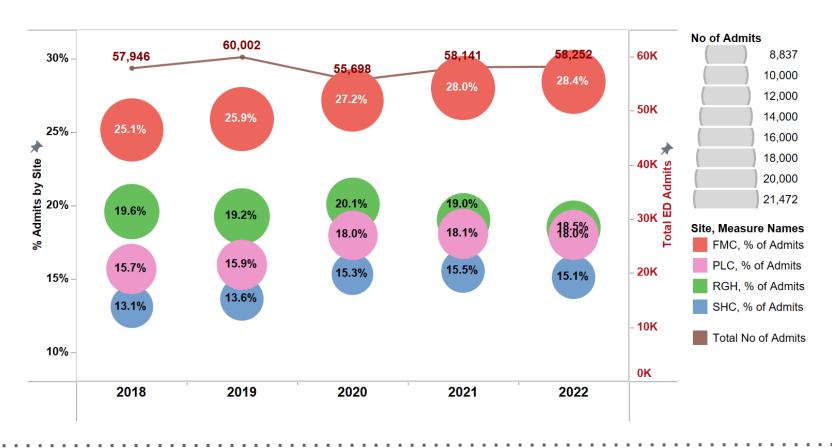
Annual Visits to Calgary Urban Adult EDs





Minimal Change in Admission Rates

% of Admits and Total Admitted ED Visits in Calgary Urban EDs

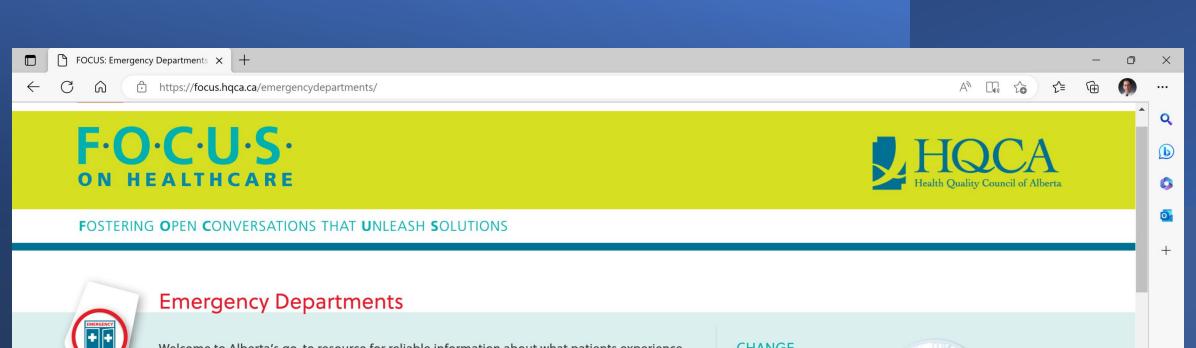




...similar data seen in USA, UK, Germany, other

Progress in that area of Canada?

- ED wait times and EMS response now a government priority in Alberta
- Emergency Inpatient Task Force (35% bed-wait patients trigger)
- Concerted effort to increase hospital bed capacity
- Surge to long-term care (heavy push to transfer out of hospital)
- Aim to eliminate "Ambulance Car Park"
- Postponement of scheduled surgery
- Regionwide "dashboard" displaying current waiting times etc



Welcome to Alberta's go-to resource for reliable information about what patients experience in our province's 16 busiest emergency departments. The Health Quality Council of Alberta (HQCA) believes that reporting about emergency departments, from things like patient wait times to hospital occupancy rates, are all important pieces of information that can lead to quality improvement and a better healthcare system in Alberta.

CHANGE

F·O·C·U·S·

See all of the healthcare

areas that the HQCA is

reporting on. \rightarrow GO



 \rightarrow

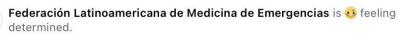


Over to Mexico / Latin America: IFEM toolkit used and translated



Federación Latinoamericana de Medicina de **Emergencias**





12 December 2022 . 🔇

El sobrecupo y colapso de los servicios de emergencias incrementa la mortalidad a los pacientes, genera estrés y agotamiento para el personal de medicina de emergencia que se esfuerza todos los días para brindar el mejor estándar de atención posible.

La International Federation for Emergency Medicine & Federación Latinoamericana de Medicina de Emergencias lo invitan a unirse a la Campaña mundial contra el hacinamiento en los departamentos de emergencias hospitalarias.

La vo... See more

See translation



International Federation for Emergency Medicine



Global Campaign Against



#NoMasSobrecupoEnUrgenci

Mexico media

OVACIONES

Promueven recuperar servicios de urgencia

Ante el incremento de muertes por infartos y accidentes durante la temporada decembrina, instituciones de salud promueven una campaña que busca recuperar los servicios de urgencias en México y el

"Creemos que es importante hacer un 'reinicio' de los sistemas de los servicios de urgencias, mejorar la infraestructura de los hospitales, apoyar al personal de salud, meiorar el primer nivel de atención, prevenir enfermedades desde los consultorios y evitar saturaciones en urgencias", dijo a EFE Daniel Sánchez, presidente de la Sociedad Mexicana de Medicina de Emergencias (SMEE).

El especialista señaló que, junto con la Federación Internacional de Medicina de Emergencia (IFEM, por sus siglas en inglés), consideran esencial "recuperar el control de los servicios de urgencias de los hospitales y garantizar que no se pierdan más vidas mientras los pacientes esperan a ser tratados"

Detalló que en la temporada decembrina la atención en salas de urvencias de los hospitales, a nivel mundial, se incrementan en promedio un 30 %, mientras que las muertes por enfermedades cardíacas aumentan un 8 % respecto a otras épocas del año, además de que incrementan las urgencias por enfermedades respiratorias.

"Las salas de urgencias a nivel mundial están viviendo un retraso en los tiempos de atención y una sobrepoblación de pacientes y en México nunca vamos atrás", señaló.

La mortalidad cardíaca es mayor en Navidad y Año Nuevo que en cualquier otra época y las fiestas son factor de riesgo de



Reportan 41 países de la IFEM hacinamiento en sus servicios hospitalarios de urgencias

En temporada decembrina, cuando hay mayor demanda y pocas

TEMPORADA DECEMBRINA, INCREcas consideran que es esencial recas consideran que es esencial recamas disponibles

Cecilia Higuera Albarrán

propósito de vida en el que la sa-lud personal, sea una prioridad, es la mejor forma de iniciar un diace amayor en Navidad y Año nuevo ciclo y minimizar el riesgo Nuevo que en cualquier otra época de sufrir un evento cardiaco que y las fiestas pueden ser considera-

Mexicana de Medicina de Emer-gencia, doctor Daniel Sánchez En ese mismo sentido, el doc-En ese mismo sentido, el doc-Arreola, puntualizó que "ante tor Daniel Sánchez Arreola, se- no constante y creciente los últi el incremento de enfermedades ñaló que datos de la Federación mos tres años. De los 41 países respiratorias en la temporada de Internacional de Medicina de miembros de IFEM encuestado: cembrina, los médicos de emergencia (IFEM, por sus siglas gencias hacemos un llamado paen inglés) y la Sociedad Mexica-informó de hacinamiento en sus ra hacer buen uso de los servicios na de Medicina de Emergencia salas de urgencias •

de urgencias de los hospitales y evitar la saturación". (SMME) hacen un llamado al restablecimiento de la atención

TEMPORADA DECEMBRINA, INCRE- Ambas organizaciones médi DADES CARDIACAS

OIndigo

Piden "tomar el control" de los servicios de

urgencias de los hospitales

nuerte, según investigaciones de la Asociación Americana del Corazón de

los Estados Unidos

Con el objetivo de que no se pierdan más vidas en los hospitales mientras los pacientes esperan a ser tratado, la Federación Internacional de Medicina de Emergencia (IFEM, por sus siglas en inglés) y la Sociedad Mexicana de Medicina de Emergencia (SMME) resaltan la importancia de recuperar el control de los

servicios de urgencias de los hospitales.

cuperar el control de los servicios DADES CARDIACAS
Hay que tomar en cuenta, abundó, que durante las fiestas de fin
de não por lo regular, los acidentes que llegan a salas de urgenticas aumentan 30% y las muercias aumentan 30% y las muerrias aumentan 30% y las muerrias aumentan 50% y las muerrias tes por enfermedades cardiacas
Comenzar el año nuevo con un se disparan hasta en un 8% con salud y gobiernos tomen medidas

restablecimiento de la atención de urgencias en todo el mundo.

cada año le cuesta la vida a míles de personas en el país.

El presidente de la Sociedad ciación Americana del Corazón de de adoutes de la pantes de Torazón de Corazón de do antes de la pandemia de CO-

EL HERALDO

SALUD / MIÉRCOLES 28 DE DICIEMBRE DE 2022

Muertes por enfermedades cardiacas repuntan en Navidad y Año Nuevo, advierte especialista

Es durante las fiestas decembrinas que se registra un incremento en muertes por enfermedades cardiacas, lo que también aumenta la afluencia en salas

Antonio Campos | El Sol de Tampico

mayores en Navidad y Año Nuevo que en cualquier consideradas un factor de riesgo de mortalidad y por





otra época, por lo que las fiestas pueden ser



Flurry of TV interviews President of EM society in Mexico

December 2022 - January 2023



- ☐ Press release adaptation
- ☐ Press release
- ☐ Management of 8 interviews

Interviews

#	State	Media	Journalist	Speaker	Month	Date	Status
1	CDMX	Canal 44	lsaura López	Dr. Daniel Sánchez	Decem ber		Published
2	CDMX	EFE	Cristina Sánchez	Dr. Daniel Sánchez	January	03-ene	Published
3	CDMX	24 Horas	Karina Aguilar	Dr. Daniel Sánchez	January	10-ene	Published
4	CDMX	ACIR	Armando Arteaga	Dr. Daniel Sánchez	January	10-ene	Published
5	CDMX	El Economista	Nelly Toche	Dr. Daniel Sánchez	January	18-ene	Published
6	CDMX	Medscape		Dr. Daniel Sánchez	January	18-ene	Performed
7	CDMX	ADRN	Mariano Riva Palacio	Dr. Daniel Sánchez	January	18-ene	Published
8	CDMX	La Prensa	Genoveva Ortíz	Dr. Daniel Sánchez	January	19-ene	Published



Europe





Maaret Castren

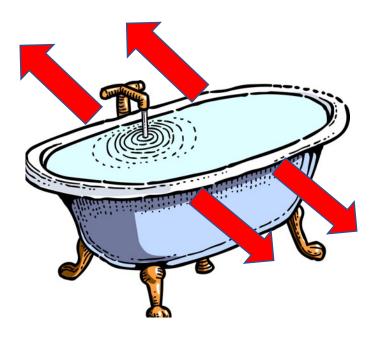
Biggest newspapers in Finland and our tv has today published stories from our EDs after I sent them our campaign info







The view from the UK





What are your region's top causes of ED over-crowding?

ANSWER: UK

- Primary care is generally good in the UK
- Due to national performance targets introduced in 2004 processes in ED are very swift and efficient, until you get staffing gaps...
- Staffing gaps are common, large amount of money spent filling gaps with "agency" nurses & doctors
- Hospital beds are blocked because elective surgery is given priority (waiting times built up during the pandemic)
- Biggest problem: many elderly patients medically fit for discharge but awaiting care homes who have big staffing issues (low morale, low wages)

Have you had any successes in improving your situation?

- "Flow managers" roaming the ED solving problems helping doctors and nurses
- Hot lab for ED bloods results <40 minutes
- Electronic requests from doctors to nurses (bloods, cannula, ECG, urine dip, meds, suturing etc etc) - not roaming to look for nurses all the time!
- ED authorized bed requests for most specialties (no referral conversation / permission needed)
- National society (Royal College of Emergency Medicine)
 highly politically active with Government and over
 Dec/January "over-crowding kills" was clearly heard by
 politicians

<u>BUT</u> – whatever we improve – the queue seems not to change!!!



SWITZERLAND

- In some cantons (states) both increase in number of patients and shortage of beds
- root causes lack of doctors so need to close smaller ED and hospitals

ITALY

- Chronic problem due to hospital bed reductions over years. The problem has become more acute with the pandemic
- Boarding in some hospitals is more than 5 days and adverse events are frequent
- Doctors and nurses are tired and discouraged and are leaving the job
- Lots of agency workers to cover shifts
- root causes it is a systemic problem that needs to be addressed more by politicians

Have you had any successes in improving your situation?

- The EM society in Switzerland has done a campaign of information to the political authorities
- Situation is very different from one area to another and also the legislation is cantonal (varies state to state)
- The issue of the status of the specialty in EM is national, with insufficient specialist staff



What are your region's top causes of ED over-crowding?

- Lack of primary care
- Mixing up "true" ED with out-patients
- Lack of skilled staff (nurses and doctors)
- Slow processes (bloods, imaging)
- Not enough critical care beds



Have you had any successes in improving your situation?

Mumbai: 6 new service managers with MBA qualification

- Analysed ED processes
- Diverted out-patient stream to avoid ED (eg blood tests, imaging)
- Limited number of relatives with patients
- Unblocked space occupied by trolleys and wheelchairs
- Spotting urgent actions (ECG for chest pain)
- Enforced job clarity (role and responsibilities of security, other staff)



Have you had any successes in improving your situation?

- The main challenge we were facing was difficulty in hospital admission
- We, the emergency team, created a "short stay ward" to treat all patients after the first 24 hours
- We gave 15 beds within the emergency room to the internal medicine team. They take full responsibility by making rounds and admission or discharge. They have their own internist, intern and resident.
- Now the internal medicine team make frequent rounds to discharge or admit. They also improved discharging stable patients from their wards.
- That is all due to the ownership they felt over the 15 beds of the green area in ER. It makes them feel more responsible.
- That way since Feb 1,2023 over the past three weeks, the ER overcrowding, prolonged Length Of Stay, and mortality decreased.



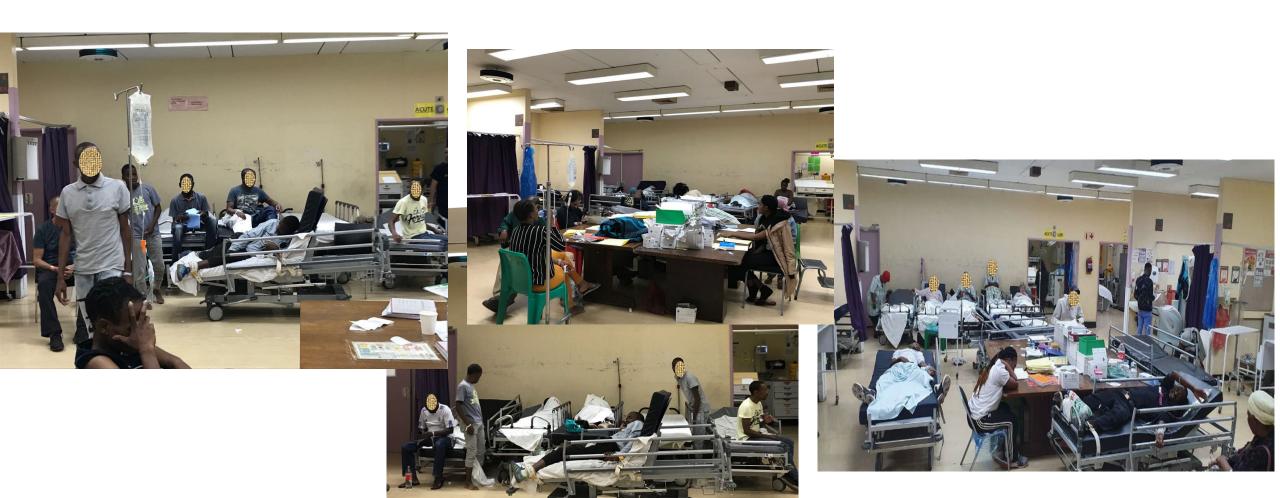
This is the ER on the 9th day of our intervention – empty seats!!!

SOUTH AFRICA

SOUTH AFRICA's top causes of ED over-crowding

- Poorly maintained infrastructure
- Access block limited facilities
 - large migrant population
 - unfunded public for private health care 80%
 - staff shortages doctors and nurses
- Exit block limited capacity of hospital beds
 - long waiting times for radiology/blood results
 - specialist consultation/takeover delays
- Major mental health care user problem up to 26 pts in ED at any one time

- Stock/equipment shortages
- Limited budgets funding decreases annually
- Staff shortages aggravated by emigration of HCW o other countries



Have you had any successes in improving your situation?

- Adoption of 24 hour Primary Healthcare satellite unit reduced referrals / admissions to the larger central hospital ED, basic investigations can be done – also can be sent to out-patient clinics rather than ED
- Effective triage EMSSA (EM national society) developed SA Triage Score (SATS) –
 nationally being utilised also helps sift out patients that do not need hospital
 care
- Need much more public awareness policy change of no use if public not aware

 overcrowding / overutilization of hospital services needs to be driven from
 bottom up public needs the education on accessing HC appropriately

Hong Kong



ED Overcrowding in Hong Kong







Even worse during upsurge in COVID-19









What are your region's top causes of ED overcrowding?

- High daily attendance rate
 - About 5,000 per day (68 per 100,000 population)
- High attrition rate in both medical and nursing staff
 - About 10% for medical staff
 - About 20% for nursing staff
- Increased in complexity for patient care
 - 24/7 PPCI programme
 - Sepsis programme
- Space constraint
 - Especially after impact from COVID-19
 - Access Block
- Inadequate primary medical care system
 - Not many people have their own family doctors

Have you had any successes in improving your situation?

Measures

- Public appeal
- Special honorarium scheme to increase manpower (existing ED staff receive motivational pay rate, to avoid agency staff usage)
- Geriatric specialist "front door" programme to reduce admission
- Development of better primary medical care systems in the community
- Electronic Hospital Command System
- Any improvement observed?
 - Sometimes
 - But ED is still vulnerable because of low buffering capacity

Common themes

Dealing with the ageing population (multiple comorbidities)

Increase in mental health patients (eg USA, UK, South Africa, Hong Kong, Australia, NZ) who are attending ED and waiting days or weeks for in-patient beds

NEXT STEPS



- Asian Society of Emergency Medicine webinar March 25 2023 all welcome
- European Society of Emergency Medicine "Emergency Medicine Day" annual campaign May 27 2023
 - This year's theme is "Patient Safety" links closely to overcrowding
- Please continue to use social media hashtags
 - #NoMoreLivesLostWaiting #ResetEmergencyCare
- IFEM dedicated email address: overcrowding@ifem.cc

A new "useful tips" document will be appearing in the IFEM toolkit

Examples

"Flow manager" roles (UK, India)

Display waiting times clearly for patient

WhatsApp groups for nurses / managers with bed management responsibility

Etc

Etc



#NoMoreLivesLostWaiting (Webinar on ED Overcrowding)

25 March 2023 (Sat) 14:00 – 16:00 (GMT+8)



Organized by: Asian Society for Emergency Medicine

ID: 840 0545 1360

Password: 425716

Agenda

14:00 – 14:05 Opening Remarks

14:05 – 15:00 Overview of ED Overcrowding in Asia-Situation Report and Strategy Sharing

SPEAKERS:

Dr. Axel SIU (President, ASEM)

(A) Hong Kong

(B) Philippines

(C) Taiwan

(D) Thailand

15:00 – 15:30 ED Overcrowding and IFEM

15:30 =16:00 Panel Discussion

Dr. Sam Yang (HKSEMS)

Dr. Richard Henry Santos (PCEM)

Dr. Tsai Kuang-Chau (TSEM)

Dr. Nathida SUMETCHOTIMAYTHA (TAEM)

Dr. Ffion Davies (President, IFEM),

Moderators

Dr. Pauline Convocar (PCEM)

Dr. Lee Ching-Hsing (TSEM)





Free Registration for all No pregistration is