



IMPACT Bay Area

Associate Board Member | *Job Description*

About IMPACT Bay Area

IMPACT Bay Area is a grassroots 501(c)3 nonprofit organization based in the San Francisco Bay Area. We offer violence prevention programs that help people feel more safe and confident by teaching them effective boundary setting and safety skills along with full-force physical defense strategies in a supportive and empowering environment.

Since 1985, we have trained more than 20,000 people to defend themselves and others against verbal, physical, and sexual assault. Our in-person and online courses serve communities most affected by violence, teaching practical skills in a culturally-relevant and trauma-sensitive way. Graduates often describe our programs as “life changing”.

Our work centers on social justice and equity, and we are continually seeking ways to meet the intersectional needs of BIPOC communities and people of different ages, genders, abilities, and identities. If you share our enthusiasm for safer communities, you will find a home at IMPACT.

Position Description

IMPACT Bay Area's Associate Board Members (ABM) are young professionals, usually 18-30 years of age, who build the capacity of our organization by leveraging unique skills and personal networks. These individuals are a reflection of the communities we serve and contribute to our efforts by sharing their diverse perspectives and passion for empowerment self-defense. In return, IMPACT provides leadership development and growth opportunities through meaningful involvement within a small, but mighty non-profit organization.

As a small organization, IMPACT Bay Area's board is very much a "working" board. The following describes ABMs involvement once they join the board:

- Commit to at least a year of involvement
- Attend at least 75% of monthly board meetings
- Engage on at least 1 board committee
- Actively participating in meetings, share perspectives, and vote on important issues
- Set an appropriate fundraising goal determined in partnership with the executive committee

Additionally, to support leadership development and growth, ABMs will have an opportunity to:

- Meet with a board member each month for coaching, insight, and connection
- Lead either a project, marketing effort, and/or meeting topic that aligns with the ABMs professional goals

Prerequisites & Onboarding Process

To ensure the board is a good fit for all parties involved, the following prerequisites describe how ABM candidates join our board:

- Meet with an IMPACT Bay Area executive committee board member
- Attend at least two board meetings

- Attend at least one IMPACT class
- Share an updated resume
- Share a purpose statement (either written or video recorded) that describes:
 - What they would like to contribute to IMPACT
 - How they would benefit from this experience
 - Their perspective on IMPACT's mission, covering topics such as personal empowerment, public safety, social justice, and community connection
- Engage in at least one committee meeting
- Raise and/or donate a minimum of a set fundraising goal determined in partnership with the executive committee before officially joining the board

If you are interested in becoming an IMPACT Board Member, please complete our [Board Application Form](#) and we will follow up with you.

If you have any questions, please reach out to Jessica Pocalyko, Board Chair, at jessica@impactbayarea.org.