

Support Programs

ICN Open House: Pediatric Support Resources



Support Groups

- Evergreen Foundation program
- Before Covid, all groups were in-person
 - Groups went virtual or disbanded
- Most support groups meet virtually
- Allowed Foundation to design program that meets patient/caregiver need rather than focusing on location

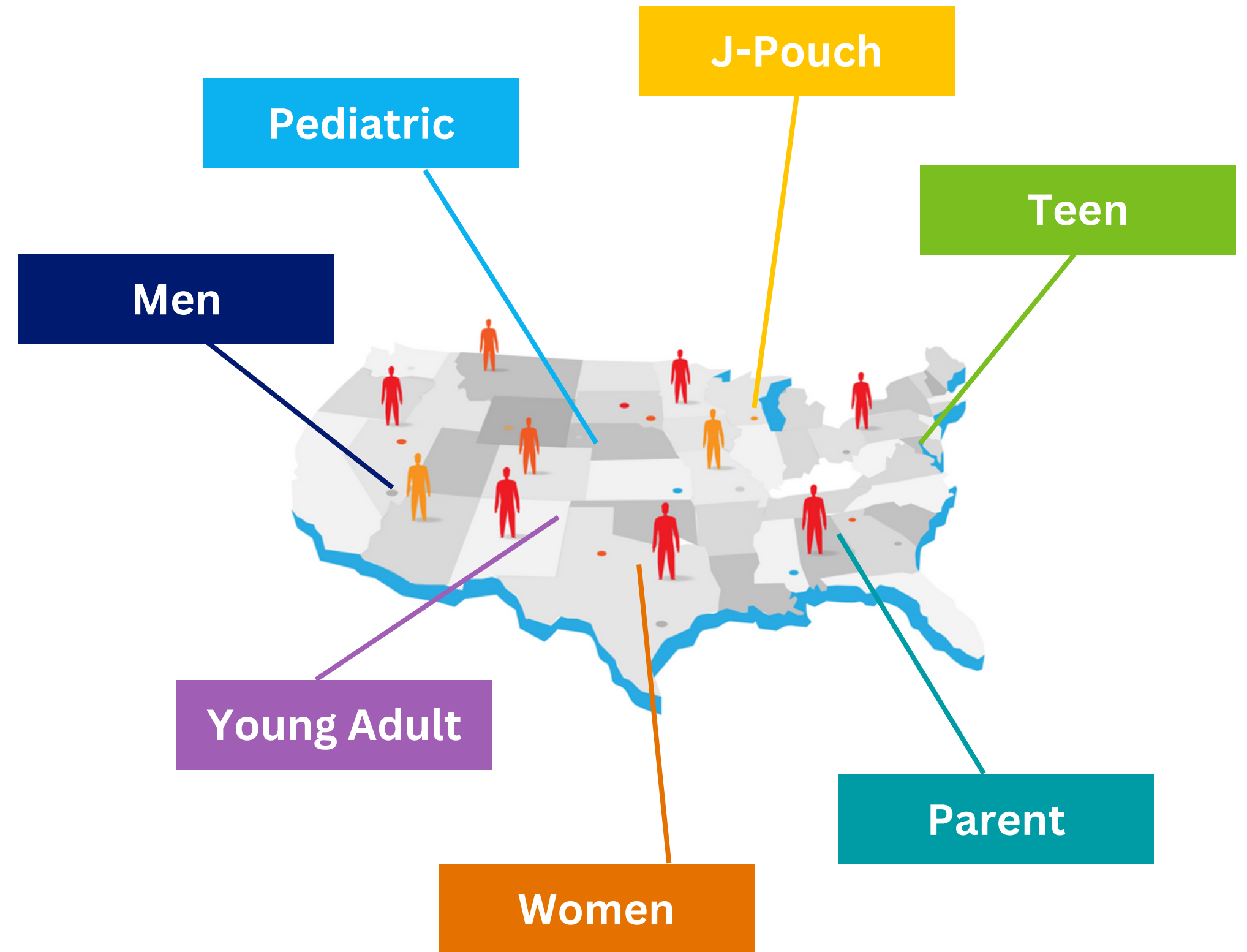
Support Groups

Community Support Services

Peer to Peer Support Services

Over 110 Groups Nationwide

Over 150 Volunteer Facilitators



IBD Kidz

- A virtual program for pediatric IBD patients
- Provides age-appropriate education, support, and resources
- Connects kids with peers who understand what they are going through
- Led by facilitators with an IBD connection
- Offers a safe, supportive environment to learn and share



IBD Kidz Age Groups

Littles

Elementary School
5 to 10 years

Middles

Middle School
11 to 14 years



PROJECT sunshine

Project Sunshine is a national nonprofit that brings healing play to children with medical needs through trained and dedicated volunteers. We offer virtual and in-person play programming to our extensive network of hospital and nonprofit partners across the country.

About TelePlay.

TelePlay is a free, virtual play program for children ages 5-18 led by trained volunteers who facilitate games and activities that are specially designed by experts in child development.



“As a facilitator, I have the privilege of fostering a safe space where children can express their fears, frustrations, and victories with peers who truly understand. Watching them find their voices and show genuine compassion for one another has been profoundly moving. I am continually inspired by their ability to find joy, humor, and hope even when experiencing difficulties.”

-Yadira, Facilitator, Pacific Littles

“It has been wonderful to watch the kids grow more comfortable speaking up, sharing their experiences, and supporting one another. Seeing their confidence and sense of belonging grow as they realize they are not alone has reinforced the importance of community and connection.”

-Jack, Facilitator, Northeast Middles



What Facilitators Say:

“I am proud to volunteer as a facilitator for IBD Kidz Littles and provide year-round support. Our goal is simple: build confidence and have fun. Seeing these children grow more confident, form friendships, and support one another reminds me why this work matters and gives me hope for the future of the IBD community.”

-Kirsten, Facilitator, Central Littles

Teen Peer Community

Peer Community Meetings

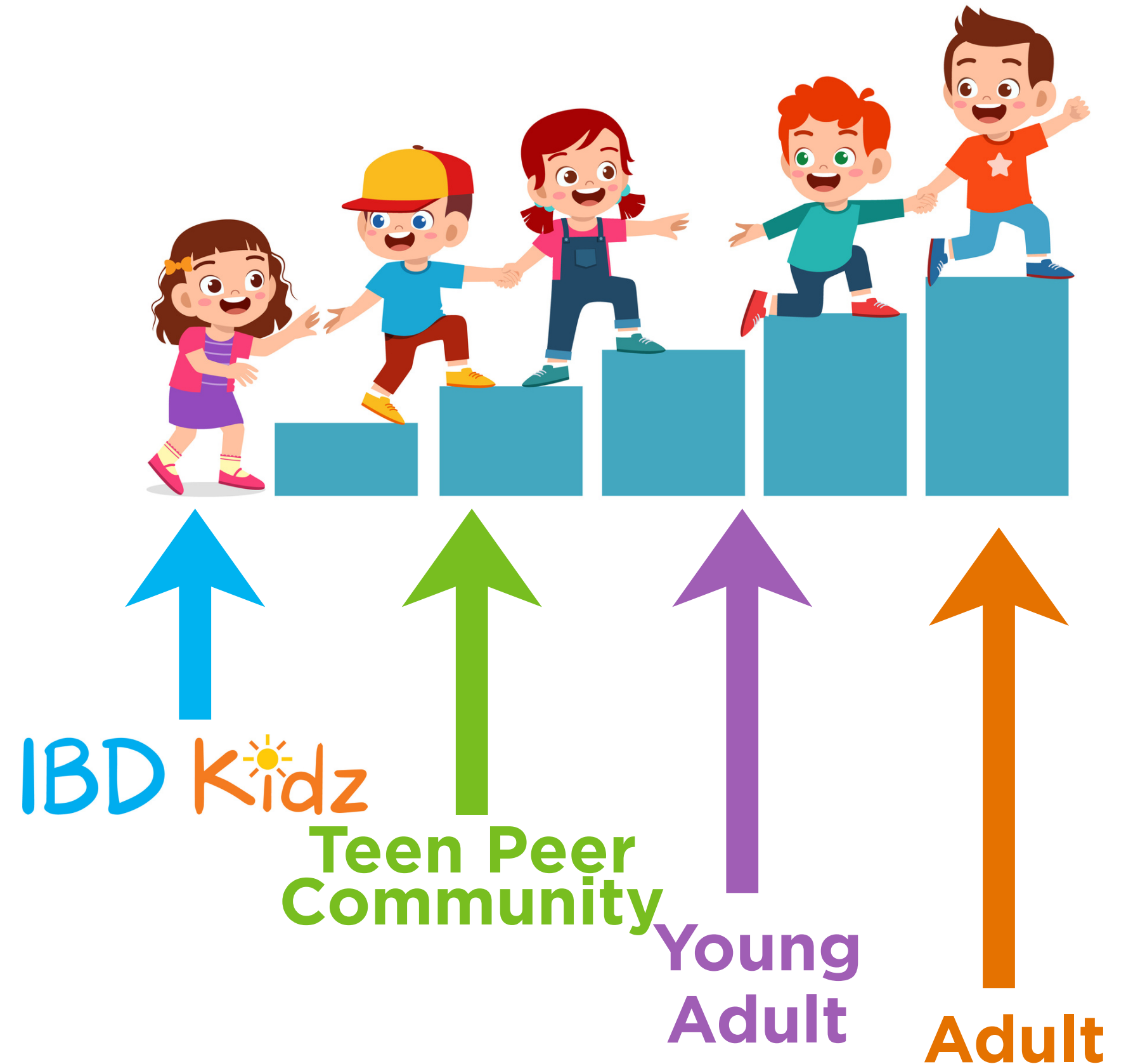
- For teens aged 15 to 18
- 8 meetings per year
- Led by peers, older teens and young adults, with an IBD connection
- Open and focused discussion
- Healthcare Transitioning

Teen Night

- 4 quarterly meetings
- 3 to 4 Guest Speakers
 - Healthcare Professional
 - NCCL members
 - Breakout Peer Community Meetings
- Peer Community meetings in other months
- Unifying theme across both programs

IBD Kidz Teen Peer Community

- Emotional, educational, social, esteem support
- Facilitate productive IBD conversation under the watchful eye of trained volunteers with an IBD connection
- Help patients with the process of Healthcare Transitioning



Parent/Caregiver

- Meet other parents and caregivers of IBD patients
- Facilitated by trained IBD parents and caregivers
- Create an IBD community that understands what you are going through
- 10+ virtual groups
- Join the group that fits your schedule



How to Join a Support Group

**Locate group
on Support
Group Search
Page and
email the
facilitator**

**Facilitator will
reply within a
few days and
provide you
with
information
about the
group and how
to join**

**Join the
support
group
meeting!**



Scholarships & Travel

- Parents may request a full or half scholarship for the \$400 attendance fee during the online application process
- Families that have to travel more than 100 miles, one-way, to camp can request a ground travel stipend which comes as a \$75 Visa gift card
- Families who have to fly to their regional camp can request an air travel stipend



Camp Oasis 2026



- Washington: Flight from Anchorage
- California: Flights from Oakland and Phoenix
- Texas: Flight from Denver to Dallas; Bus from Dallas
- Minnesota: Bus from Omaha
- Wisconsin: Bus from St. Louis

- Georgia: Flights from Fort Lauderdale and Central FLA
- Michigan: Bus from Cincinnati & Columbus, OH
- Connecticut: Bus from Long Island and Bronx
- Pennsylvania: No group travel
- West Virginia: No group travel

Note: If group travel is not available, a travel stipend of \$75 can be requested during the online application for those that will have to drive more than 100 miles, one way, to your regional camp.

Sample Schedule

A typical day at Camp Oasis includes several activity periods (swimming, arts and crafts, team sports, etc.) and an Evening Activity (campfire, Talent Show, Scavenger Hunt, etc.), as well as three meals, a snack, a rest hour, and time for showering and cabin clean-up.

Sample Daily Schedule:

7:30	Rise and Shine!
8:30 - 9:15	Breakfast
9:15 - 9:45	Cabin Clean-up
10:00 - 11:15	1 st Activity Period
11:30 - 12:45	2 nd Activity Period
1:00 - 1:45	Lunch
1:45 - 2:30	Rest Period...hanging out with bunkmates
2:45 - 4:00	3 rd Activity Period
4:15 - 5:30	4 th Activity Period
6:30 - 7:15	Dinner
7:15 - 8:00	Supervised Free Play
8:00-9:00	Evening Programs
9:15	Lights out for younger campers