

# Find your community in IMPROVECARENOW™

Learning together, so we can ImproveCareNow™ for kids with IBD!



## IBD PATIENTS

Young people (14+) living with IBD are invited to join the Patient Advisory Council - a supportive, inclusive, fun group of patient advocates!



[improvecarenow.org/patients](https://improvecarenow.org/patients)



[pac@improvecarenow.org](mailto:pac@improvecarenow.org)



## JOIN OUR CIRCLE

Connect with our welcoming & supportive ICN community; we will email you useful IBD resources, personal stories, and ICN updates & opportunities.

[improvecarenow.org/join-circle](https://improvecarenow.org/join-circle)



## PARENTS/FAMILY

Parents and family of children with IBD are invited to join the Parent/Family Advisory Council for support & collaboration to help IBD families thrive.



[improvecarenow.org/connecting-parents](https://improvecarenow.org/connecting-parents)



[parents@improvecarenow.org](mailto:parents@improvecarenow.org)



## GET #INTHELOOP

Stories connect us, give us confidence, validate experiences, remind us we are not alone, and motivate us to continue improving together. Visit our blog & read our stories!

[improvecarenow.org/loop](https://improvecarenow.org/loop)