



ImproveCareNow

CIRCLE Highlight

Issue No. 12 | Fall 2023



Welcome! Your GI clinic is part of the ImproveCareNow Network, a collaborative community where clinicians, researchers, patients and parents are empowered to learn and continuously improve to bring about more reliable, proactive IBD care for healthier children & youth.

Our mission is to transform the health, care and costs for all children and adolescents with Crohn's disease and ulcerative colitis by building a sustainable collaborative chronic care network that works to improve outcomes for kids with IBD.

Learn more about ImproveCareNow, connect & find resources at improvecarenow.org

virtual COMMUNITY CONFERENCE

Dec. 6 | 6:30-8pm ET | 3:30-5pm PT
save the date!



RSVP at improvecarenow.org/events_opportunities

Learn more about ICN at our Virtual Community Conference

On **Wednesday December 6, 2023** the ImproveCareNow Community is hosting a Virtual Community Conference from 6:30-8pm ET.

Join us for part or all of this interactive session as we focus on an educational IBD topic, plus updates from the Patient Advisory Council and Parent /Family Advisory Council. **This is a great opportunity to learn more about what ImproveCareNow does and how you can get involved!**

[RSVP](#) to join us and receive the Zoom webinar information. If you can't join us, or if the event has passed, you can [watch videos of past VCC's](#).

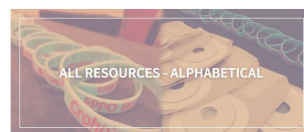
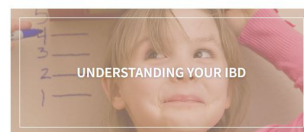
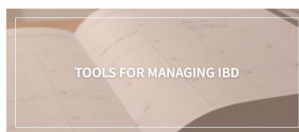
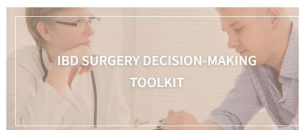
"We've learned that when we share openly about IBD, we can end stigma and isolation." - Chris K

IBD Resources Created by the ICN Community

In ImproveCareNow, there is a saying **"to share seamlessly and steal shamelessly"**. It is understood that when clinicians, researchers, patients and families work collaboratively - sharing what has been learned and developed - improvements in care and health for kids living with IBD can be accelerated.

Members of the ICN Registered Dietitian group have recently published an informational [blog post](#) on **bone density, IBD and the role diet can play in improving bone health**. This is just one resource that focuses on Diet, Nutrition & IBD that we have curated on our IBD Resources page.

The resources shared on our site demonstrate a **commitment to share what has been learned and developed by the ICN community**, so that others living with IBD can enjoy the benefit of this collective wisdom and experience. **We hope you will check them out!**



Visit improvecarenow.org/tools to check out all of our IBD resources co-produced by members of the ICN community!

"I would encourage any parent to get involved as much or as little as they are able." - Ildiko M.

"Please consider becoming an active participant - the first step is to sign up!" - Jill H

Put in your time and energy on behalf of someone else. No effort is too small, because everything we do in ImproveCareNow is magnified by the efforts of thousands of other improvers, and together we bring about a better quality of life for many. ***Here are some actions you can take, or invite others to take:***



Help Us Grow Our CIRCLE

improvecarenow.org/icn_circle

Connect with a welcoming & supportive community, and receive IBD resources, community stories, and ImproveCareNow updates & opportunities. You don't have to do life with IBD alone.

Join the Patient Advisory Council

improvecarenow.org/patients

Patients with IBD (14+) are invited to join the PAC. Together, the PAC is a voice for all patients who receive care at an ImproveCareNow Center

Join the Parent/Family Advisory Council

improvecarenow.org/connecting-parents

Caregivers of children with Crohn's disease and ulcerative colitis are invited to join the PFAC!

Stay #InTheLOOP with our stories

improvecarenow.org/stay_in_the_loop

Join our mailing list to get notified about new posts to the ImproveCareNow blog

Follow ImproveCareNow on Social

[@improvecarenow](https://twitter.com/improvecarenow)

You can find us on [Facebook](#), [Twitter](#) or [Instagram](#)! We want to connect with you ❤️💙

Thanks for being an improver!

