



ImproveCareNow

CIRCLE Highlight

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Welcome! Your GI clinic is part of the ImproveCareNow Network, a collaborative community where clinicians, researchers, patients and parents are empowered to learn and continuously improve to bring about more reliable, proactive IBD care for healthier children & youth. **Our mission is to transform the health, care and costs for all children and adolescents with Crohn's disease and ulcerative colitis by building a sustainable collaborative chronic care network that works to improve outcomes for kids with IBD.**

Learn more about ImproveCareNow, connect & find resources at improvecarenow.org



IBD PATIENTS & PARENTS/CAREGIVERS

We are excited to invite you to attend an **ICN PFAC Cooking Demo!** We created this series for the IBD community to learn about Nutrition Therapy together.

LET'S GET COOKING!



The ICN Parent/Family Advisory Council & GI Nutrition Foundation are Co-Hosting a Cooking Demo Series - and You're Invited!

The Parent / Family Advisory Council (PFAC) is partnering with the GI Nutrition Foundation on a Cooking Demo Series. **The first event will be on Sunday, May 31, 2026 from 7 - 8 p.m. ET (4 - 5 p.m. PT).**

The ICN PFAC Cooking Demo Series was created especially for the pediatric IBD community to learn about nutrition therapy. **Cooking Demos are free, online & open to all families living with IBD.** Attendees will learn from nutrition experts & guests, and each event is an opportunity to connect with other IBD families and enjoy a fun, interactive cooking experience together. We hope you will join!

Learn more & register on the Cooking Series page: improvecarenow.org/pfac-cooking-series

ImproveCareNow Research Demonstrates Effectiveness and Safety of Real-World Data in Pediatric IBD Patients through the REALITI Study

We're thrilled to announce that results from the years-long observational study — "Effectiveness and safety of ustekinumab in pediatric Crohn's disease: Results of the REALITI Study" — have been published in the Journal of Pediatric Gastroenterology and Nutrition!

The study found that ustekinumab showed similar effectiveness and safety in both pediatric and young adult patients, underscoring the incredible value of real-world data in advancing IBD care

Dive into key insights from REALITI and learn more about ImproveCareNow's important role in this work.

bit.ly/4scr2oY



"We've learned that when we share openly about IBD, we can end stigma and isolation." - Chris K

"Please consider becoming an active participant - the first step is to sign up!" - Jill H

Put in your time and energy on behalf of someone else. No effort is too small, because everything we do in ImproveCareNow is magnified by the efforts of thousands of other improvers, and together we bring about a better quality of life for many. **Here are some actions you can take, or invite others to take:**

SCAN ME



Help Us Grow Our CIRCLE

improvecarenow.org/icn_circle

Connect with a welcoming & supportive community, and receive IBD resources, community stories, and ImproveCareNow updates & opportunities. You don't have to do life with IBD alone.

Join the Patient Advisory Council

improvecarenow.org/patients

Pediatric patients with IBD (14+) are invited to join the PAC. Together, the PAC is a voice for all patients who receive care at an ImproveCareNow Center.

Join the Parent/Family Advisory Council

improvecarenow.org/connecting-parents

Caregivers of children with Crohn's disease and ulcerative colitis are invited to join the PFAC!

Stay #InTheLOOP with our Stories

improvecarenow.org/stay_in_the_loop

Join our mailing list to get notified about new posts to the ImproveCareNow blog.

Connect with ImproveCareNow on Social

[@improvecarenow](https://twitter.com/improvecarenow)

You can find us on [Facebook](https://www.facebook.com/improvecarenow), [Twitter/X](https://twitter.com/improvecarenow), [Instagram](https://www.instagram.com/improvecarenow) and [LinkedIn](https://www.linkedin.com/company/improvecarenow)! We want to connect with you ❤️❤️

Thanks for being an improver!



IMPROVECARENOW *improving pediatric IBD outcomes, together*