



ImproveCareNow

CIRCLE Highlight

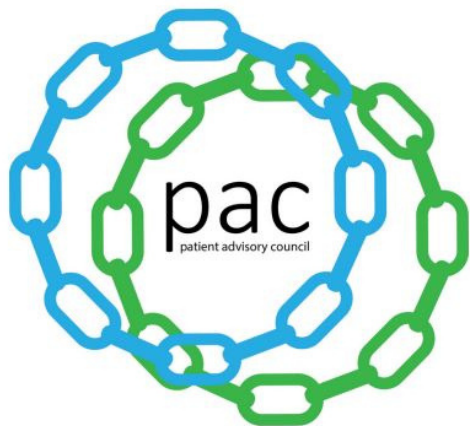
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Welcome! Your GI clinic is part of the ImproveCareNow Network, a collaborative community where clinicians, researchers, patients and parents are empowered to learn and continuously improve to bring about more reliable, proactive IBD care for healthier children & youth.

Our mission is to transform the health, care and costs for all children and adolescents with Crohn's disease and ulcerative colitis by building a sustainable collaborative chronic care network that works to improve outcomes for kids with IBD.

Learn more about ImproveCareNow, connect & find resources at improvecarenow.org

Patient Advisory Council *Health Literacy Toolkit*



improvecarenow.org/ibd_health_literacy

New Free IBD Resource Health Literacy Toolkit

The Health Literacy Toolkit is the latest IBD resource from the ImproveCareNow Patient Advisory Council. It is designed to help empower patients to understand their IBD and get involved with managing their own healthcare.

The resource includes information on IBD basics, common tests, treatments, and key terminology. It was written for patients, by patients, with input from the ICN Clinical Committee.

[Download the Health Literacy Toolkit](#)

Discover more IBD Resources

improvecarenow.org/tools

"We've learned that when we share openly about IBD, we can end stigma and isolation." - Chris K

Join us Virtually on April 27 & 28

ImproveCareNow is busy planning our *Spring Live Online Community Conference*, to be held virtually on April 27 & 28.

Community Conferences are a time for our community to share learnings and connect with one another about how ICN is working together to improve outcomes for kids with IBD. Attendance is **FREE** for patients & caregivers and participation is encouraged from everyone in our community.

More details and registration (when open) can be found here:

improvecarenow.org/events_opportunities

Top 10 IBD Stories of 2022!

The top stories from the ICN community this year have covered many topics, including: research on diet and fatigue in pediatric IBD, innovative IBD projects, new member introductions and top tips for newly-diagnosed patients, conversations about medical trauma, collaborating with IBD caregivers, and gratitude for leadership and learning together so we can all improve the health and care of people living with IBD

Read our top 10 blog posts of 2022!

improvecarenow.org/our_top_10_blog_posts_of_2022

"I would encourage any parent to get involved as much or as little as they are able." - Ildiko M.

"Please consider becoming an active participant - the first step is to sign up!" - Jill H

Put in your time and energy on behalf of someone else. No effort is too small, because everything we do in ImproveCareNow is magnified by the efforts of thousands of other improvers, and together we bring about a better quality of life for many. ***Here are some actions you can take, or invite others to take:***

Help Us Grow Our CIRCLE

improvecarenow.org/icn_circle

Connect with a welcoming & supportive community, and receive IBD resources, community stories, and ImproveCareNow updates & opportunities. You don't have to do life with IBD alone.

Join the Patient Advisory Council

improvecarenow.org/patients

Patients with IBD (14+) are invited to join the PAC. Together, the PAC is a voice for all patients who receive care at an ImproveCareNow Center

Join the Parent/Family Advisory Council

improvecarenow.org/connecting-parents

Caregivers of children with Crohn's disease and ulcerative colitis are invited to join the PFAC!

Stay #InTheLOOP with our stories

improvecarenow.org/stay_in_the_loop

Join our mailing list to get notified about new posts to the ImproveCareNow blog

Follow ImproveCareNow on Social

[@improvecarenow](https://twitter.com/improvecarenow)

You can find us on [Facebook](#), [Twitter](#) or [Instagram](#)! We want to connect with you ❤️💙

Thanks for being an improver!

Learning together, so we can ImproveCareNow™ for kids with IBD!

