

The ICC Board of Directors Meeting

Date: October 8th, 2023

Attendees: Arezou Khadir, Mona Ghasemi, Rahele Tarani, Mona Borghei, Reza Namdari, Amir H. Ghaseminejad, Daniel Bagheri Sarvestani

Agenda: Report of activities of various departments and committees

The meeting was officially called in order at 11:30 am EST , 8:30am PST.

Arezou Khadir welcomed the attendees.

Reza Namdari provided a report about the publication of 8th “ICC Newsletter” which has been emailed to all the members. It has also been posted on ICC social media. ICC is planning to publish another newsletter in the coming months.

Contents of some of our clubhouse sessions were reviewed by board members.

Amir Hassan Ghaseminejad reported that the Policy Department has had regular sessions to develop the “ICC charter”. The goal is to summarize the vision, mission, goals and strategies, values and approaches consistent with ICC bylaws in an abstract document to enable the members of Iranian Canadian Community to easily understand the organization. He reported that by the time of the meeting vision, mission, and values are finalized in the charter. He reported that development of the next ICC survey will start soon. He reported that Iranian Canadian Congress has been holding regular biweekly sessions on ICC Clubhouse and various topics. The hosts of these meetings have been members of the board of directors of ICC.

Mona Borghei and Raheleh Tehrani reported that Mental Health Committee has had many biweekly Instagram Lives regarding various topics on mental health. Multiple sessions with Danial Bagheri Sarvestani on trauma in First nation community and Iranian Community; with Dr. Raheleh Tarani on anxiety, with Dr. Elham Gerami on children and teenagers’ issues regarding immigration, with Dr. Amir Karamooz on obsessions and many forms of it, with Dr. Kamran Shoorangiz regarding treatments using drugs or psychotherapy, and with Dr. Zahra Fatouraie on marriage and couples' issues. The committee is planning to continue these sessions in the coming weeks.

Raheleh Tarani reported on her session with “Iranian Cultural House in Calgary”. She had attended a town hall on social capital in relation with her planned attendance in “Metropolis Congress” along with other participants from Calgary.

Daniel Bagheri Sarvestani reported on his podcasts with Mona Ghasemi regarding Cultural Identity of Iranian Canadians. More podcasts are recorded and will be published in the near future.

Mona Ghasemi has prepared a public letter regarding Online Harassment and Arezou Khadir has prepared a statement regarding suicide reporting in media regarding Iranian Canadian

community based on the guidelines by US Center on Disease Control. Both statements will be published soon.

Arezou Khadir reported on two ICC statements regarding participation of Canadian Politicians in meeting of former terrorist group (MEK) and the speculations regarding transferring of the Headquarters of that former terrorist group from Albania to Canada. Both statements are published on ICC website.

Reza Namdari reported on two posters and information sharing regarding the International Day for Peace, and Canadian Peace and Reconciliation Day.

Arezou Khadir thanked all members for their hard work to help Iranian Canadian Community.

The meeting was adjourned at 12:10 pm EST, 9:10am PST.