

















MARCH ELEMENTARY SCHOOL LUNCH

ALL STUDENTS EAT FREE! • WWW.CPS.EDU/FOOD

MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 	FRIDAY 
 4 CHICKEN TENDERS WITH BREADSTICK  CHEESE PIZZA (V) PB & JELLY SANDWICH (V)	 5 BIG BEEF NACHOS OR VEGETARIAN NACHOS (V) SOUR CREAM · JALAPEÑOS · SALSA GRILLED CHEESE SANDWICH (V) PB & JELLY SANDWICH (V) PINTO CHARRO BEANS	 6 BAKED MAC & CHEESE (V) WITH BREADSTICK  CHEESEBURGER OR HAMBURGER LETTUCE & TOMATO PB & JELLY SANDWICH (V)	 7 CHEF'S SPECIAL BAKED CHICKEN LEG (L) WITH BREADSTICK TUNA MELT EGG CHEF SALAD OR VEGETARIAN BAJA SALAD (V) WITH BREADSTICK PB & JELLY SANDWICH (V) SWEET MIDWEST PEACH CUP (L) POTATO EMOTICONS (L)	 8 POPCORN CHICKEN WITH BREADSTICK  CHEESE PIZZA STICKS (V) WITH MARINARA SAUCE PB & JELLY SANDWICH (V)

FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY!

 11 HOT DOG  CHEESE PIZZA (V) PB & JELLY SANDWICH (V)	 12 CHICKEN OR BEAN TACOS (V) SOUR CREAM · JALAPEÑOS · SALSA GRILLED CHEESE SANDWICH (V) PB & JELLY SANDWICH (V) PINTO CHARRO BEANS	 13 CHEESE RAVIOLI WITH BREADSTICK  CHEESEBURGER OR HAMBURGER LETTUCE & TOMATO PB & JELLY SANDWICH (V)	 14 CHICKEN NUGGETS WITH BREADSTICK BEAN QUESADILLA SOUR CREAM · JALAPEÑOS · SALSA EGG CHEF SALAD (V) OR VEGGIE SALAD (V) WITH BREADSTICK PB & JELLY SANDWICH (V) POTATO EMOTICONS (L)	 15 ORANGE POPCORN CHICKEN WITH BREADSTICK  FISH SANDWICH LETTUCE & TOMATO PB & JELLY SANDWICH (V)
---	---	--	--	--

FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY!

COLD DELI OPTIONS OFFERED DAILY

Peanut Butter & Jelly Sandwich* Daily

*SunButter is substituted in buildings with peanut-free menus.

TOPPINGS OFFERED

Dressings: Ranch, Italian & French

Sauces: Ketchup, Mustard, Mayo, Hot Sauce

All of our chicken is raised with **No Antibiotics EVER!**

Fruits and veggies rotate daily and may include: cucumber, celery, broccoli, garden salads, tomato, carrots, apples, oranges, bananas, grapes, melon, cranberries, and other cupped fruits.

*SunButter is substituted in buildings with peanut-free menus.

Vegetarian entrees are identified with (V)

Local products grown within 350 miles are identified with (L)

We only use heart-healthy **whole grains**.












Our **milk** options include 1% lowfat and fat-free milk.








MARCH ELEMENTARY SCHOOL LUNCH

ALL STUDENTS EAT FREE! ♦ WWW.CPS.EDU/FOOD

MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 	FRIDAY 
 18 TONY'S CHEESE PIZZA (V)  CHICKEN TENDERS WITH BREADSTICK PB & JELLY SANDWICH (V)	 19 BEEF OR BEAN TACOS (V) SOUR CREAM · JALAPEÑOS · SALSA CHEESEBURGER OR HAMBURGER LETTUCE & TOMATO PB & JELLY SANDWICH (V) PINTO CHARRO BEANS	 20 BRUNCH FOR LUNCH! WAFFLES & MAPLE SYRUP WITH BREADED CHICKEN PATTY OR SCRAMBLED EGGS (V) PB & JELLY SANDWICH (V) TATER TOTS	 21 RAVELEA BAKED CHICKEN LEG (L) WITH YELLOW RICE GRILLED CHEESE SANDWICH (V) EGG CHEF SALAD (V) OR VEGETARIAN BAJA SALAD (V) WITH BREADSTICK PB & JELLY SANDWICH (V) SPINACH & BEET SALAD (L) WITH ITALIAN DRESSING	 22 CHEESEBURGER OR HAMBURGER LETTUCE & TOMATO FISH STICKS WITH BREADSTICK PB & JELLY SANDWICH (V)

FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY!

 25 HOT DOG  CHEESE PIZZA (V) PB & JELLY SANDWICH (V)	 26 CHEESY CHICKEN NACHO BAKE OR BLACK BEAN NACHO BAKE (V) SOUR CREAM · JALAPEÑOS · SALSA GRILLED CHEESE SANDWICH (V) PB & JELLY SANDWICH (V) SWEET CORN (L)	 27 SPAGHETTI & CHICKEN MEATBALLS CHEESE QUESADILLA SOUR CREAM · JALAPEÑOS · SALSA PB & JELLY SANDWICH (V) STEAMED BROCCOLI	 28 NEW! POPCORN CHICKEN BOWL EGG CHEF SALAD OR VEGGIE SALAD (V) WITH BREADSTICK PB & JELLY SANDWICH (V)	 29 BREADED CATFISH STRIPS WITH SLICED BREAD & TARTAR SAUCE GRILLED CHEESE SANDWICH (V) PB & JELLY SANDWICH (V) POTATO EMOTICONS (L)
--	---	--	--	---

FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY!

COLD DELI OPTIONS OFFERED DAILY

Peanut Butter & Jelly Sandwich* offered daily Monday through Friday
 *SunButter is substituted in buildings with peanut-free menus.

TOPPINGS OFFERED

Dressings: Ranch, Italian & French
Sauces: Ketchup, Mustard, Mayo, Hot Sauce

All of our chicken is raised with **No Antibiotics EVER!**
 Fruits and veggies rotate daily and may include: cucumber, celery, broccoli, garden salads, tomato, carrots, apples, oranges, bananas, grapes, melon, cranberries, and other cupped fruits.
 *SunButter is substituted in buildings with peanut-free menus.
Vegetarian entrees are identified with (V)
Local products grown within 350 miles are identified with (L)
 We only use heart-healthy **whole grains**.
 Our **milk** options include 1% lowfat and fat-free milk.



This institution is an equal opportunity provider.

Our menus are pork-free!
 All menus are subject to change.
 Not all offerings may be available in all buildings.
 Questions? Contact us at food@cps.edu