## Monday, February 23, 2026

Day 1: Women and the courage to love

Touchdown in Israel

Welcome at the airport from Golnspire

Packed Breakfast

### **Depart for Caesarea**

Caesarea is an ancient port city with a long history. It was the capital of Roman Palestine named by King Herod in honor of Caesar. It is one of the most well preserved ancient cities in Israel and now hosts concerts and cultural events.

Class:Rabbi Akiva

### Easy Rider Tour of Caesarea

Experience the beauty of Israel like never before with an \*\*Easy Rider tour through the ancient port city of Caesarea\*\*. Feel the sea breeze as you glide along stunning coastal paths, explore breathtaking ruins, and connect with Israel's rich history and vibrant spirit — all in a fun, relaxed, and unforgettable way. Perfect for women seeking adventure, connection, and

Lunch at Aresto next to the Mediterranean Sea Enjoy Lunch in scenic Caesarea.

## Walking Tour of the Remains of the Ancient City

A walking tour of Caesarea takes visitors through the ancient port city built by King Herod, showcasing its well-preserved Roman amphitheater, aqueduct, and Crusader-era ruins along the Mediterranean coast. The tour highlights the city's historical significance as a major hub of trade and culture in antiquity, blending stunning archaeology with breathtaking sea views.

#### Meet with Hadas Lowenshtern

After her husband, Elisha, fell in Gaza, Hadas Loewenstern's message to the world went viral, leaving thousands in awe of her faith and strength after such a great loss.

### Depart for the North

A region steeped in natural beauty and history, home to the Sea of Galilee, the Golan Heights, and historic cities such as Tiberias, Acco, and Safed.

Welcome & Check-in at the Hotel

Dinner at Hotel

Overnight: Canaan Spa Hotel, Safed

A wealth of unforgettable moments awaits you, exclusively at the Canaan Hotel, a luxurious Safed retreat, part of the Fattal Hotel Group. Embark on a mesmerizing journey and explore the enchanting fusion of body and soul.

## Tuesday, February 24, 2026

Day 2: Women and the courage to build

**Breakfast & Checkout** 

Class

Depart for the Golan

## Visit to Majdal Shames and Understand Our Strong Connection-Jews and Druze

Experience a meaningful encounter in Majdal Shams, a Druze village in the Golan Heights, where you'll meet local families and hear their inspiring stories of loyalty and dedication to the State of Israel. This visit offers a unique opportunity to connect with Israel's diverse communities and gain a deeper understanding of the shared values that unite its people.

## Volunteer Program: Rebuilding the North

Take part in rebuilding the North after the devastation of October 7 and the Hezbollah attacks. This meaningful volunteer project invites us to connect, give back, and strengthen the land and people of Israel through hands-on rebuilding and community support. Together, we'll turn resilience into renewal and solidarity into action.

Packed Lunch

### **Dekarina Chocolate Workshop**

Experience the sweetness of Israel at the \*\*DeKarina Chocolate Factory\*\*, where you'll indulge in a hands-on chocolate-making workshop and hear the inspiring story of \*\*Karina\*\*, who made Aliyah to reconnect with her Jewish roots. Though not observant, her decision to make her factory \*\*kosher\*\* reflects her deep respect for a "Day of Rest" to share with herself and family.

Lookout from Har Bental with Deputy Mayor Yakov Selevan
Experience the breathtaking views from Har Bental alongside
Deputy Mayor Yakov Selevan, a proud resident of the Golan
Heights. Hear firsthand about life on Israel's northern frontier,
the region's strategic importance, and the spirit and resilience of
the communities who call it home.

Exclusive dinner at the Golan Heights Winery with Wine Tasting Experience an unforgettable evening in the breathtaking Golan Heights, where fine wine and stunning views come together. Enjoy an exclusive dinner and private wine tasting at the renowned Golan Heights Winery — a perfect blend of flavor, friendship, and the spirit of Israel.

### **Depart for Jerusalem**

### **Check in to Accommodations**

## Overnight: The David Citadel Hotel, Jerusalem

The David Citadel hotel located in the heart of Jerusalem. It offers luxurious accommodations and services and stunning views of the Old City and the Tower of David

## Wednesday, February 25, 2026

Day 3: Women and the courage to give

#### Breakfast

#### **Beatie Deutsch**

Beatie Deutsch is an Israeli national champion in the marathon and half marathon. As a mother of five young children, she has learned to apply her training to the real marathon of life. Beatie went pro with the goal of qualifying for Tokyo 2020 and representing Israel in the Olympics. More than anything else, her journey has empowered her to dream big and keep pushing, a

#### Visit the Kotel

The Western Wall, also known as the Kotel, is a powerful and moving experience. It is considered the holiest site in Judaism, and it is where Jews have been coming to pray and leave written prayers for centuries. The Western Wall visit is a must for anyone visiting Jerusalem because of its great religious significance, history and cultural heritage.

### Pizza Lunch in Beit HaKerem

### **Depart for Har Herzl**

Mount Herzl, located in Jerusalem, is Israel's national cemetery and serves as the final resting place for prominent leaders, soldiers, and figures who contributed to the State. Hundreds of soldiers from the current war have been buried on Mount Herzl. It is named after Theodor Herzl.

## Stories of Our Heroes of Today and the Past

A very meaningful visit to Mount Herzl, where we'll walk among the stories of Israel's heroes — past and present. Together we'll honor the courage of Rose Lubin, Channah Senesh, and other remarkable women who gave their lives for our people and our land. This moving experience will connect us deeply to the spirit, sacrifice, and resilience that continue to shape Israel today.

## **Volunteer Preparing Food Packages at Pantry Packers**

An exciting hands-on opportunity to pack commodity food staples for Israel's neediest families. With the provided gloves, aprons and caps you will fill bags of rice, beans, and other commodities. These bags are later included in large food baskets destined for needy families throughout the country.

### Free Time for Dinner

Overnight: David Citadel Hotel, Jerusalem

## Thursday, February 26, 2026

Day 4: Women and the courage to remember Breakfast

### Hear from Michal Alon

On October 7, 2023, nurse Michal Alon and her family were at the Zikim IDF base to celebrate Simchat Torah with soldiers when the base came under attack. Despite being shot by a disguised terrorist, Michal continued to provide medical assistance to wounded soldiers, instructing her children on administering first aid, which contributed to saving lives before she was evacuated

### Meet and Hear from Iska Shteinberg

An inspiring encounter with Iska Shteinberg, a courageous widow who draws strength from sharing the story of her heroic husband who fell defending our people. By hearing her words and honoring his memory, you become part of passing on his legacy of bravery, love, and resilience to the next generation.

## **Culinary Tour in Sderot**

Discover the flavors and resilience of Sderot on a unique \*\*culinary tour\*\* that blends taste, culture, and inspiration. Meet local chefs and families who transform challenges into creativity through food and community.

Experience authentic Israeli cuisine and the spirit of a city that thrives with heart, flavor, and hope.

### Bear Witness at Kibbutz Kfar Aza

Experience a moving and eye-opening visit to Kibbutz Kfar Aza, where a survivor will guide you through the realities of October 7th. Bear witness to their stories and leave with a deeper connection to Israel and its people

# Visit the Nova Festival Site and Meet a Hero; Rami Davidian who saved Hundreds of Lives

During the October 7, 2023, attack on the Nova Music Festival near Kibbutz Re'im, Rami Davidian heroically rescued over many attendees, guiding them to safety amidst the chaos. Despite facing armed terrorists, Davidian's courageous actions saved numerous lives during this tragic event.

## **BBQ** with IDF soldiers\*

Step inside an IDF base for a truly one-of-a-kind Israeli adventure! Meet fearless female combat trainers, enjoy a sizzling BBQ, dance, laugh, and connect with the soldiers defending the Jewish Nation. Experience the energy, courage, and heart of Israel up close—and leave inspired, uplifted, and part of something unforgettable.

Return to Accommodations

Overnight: The David Citadel Hotel, Jerusalem

## Friday, February 27, 2026

Day 5: Women/Shabbat

**Breakfast** 

Class

### Tour of the City of David

The City of David is revealing some of the most exciting archeological finds in the ancient world. The center welcomes visitors for a fascinating tour to the site where much of the Bible was written.

## Depart for Machane Yehuda

Machane Yehuda Shuk, located in Jerusalem, is a vibrant open-air and covered market known for its diverse array of fresh produce, spices, baked goods, and local delicacies. Beyond shopping, it serves as a cultural hotspot with bustling eateries, bars, and a lively atmosphere that transforms at night.

## Free Time for Shopping

Walk to the Kotel

Candlelighting

### Kabbalat Shabbat & Maariy

Combine the holiness of space and time for a magical Kabbalat Shabbat at the Western Wall. Witness crowds of Jews from around the world joining at the epicenter to welcome the Shabbat Queen in joyous song and dance.

### Shabbat Festive Dinner at Aish Hatorah

Experience the magic of Shabbat in the heart of Jerusalem with a festive dinner at the Aish Hatorah World Center, just steps from the Western Wall. Enjoy the warm, welcoming Shabbat atmosphere, traditional dishes, and the unique opportunity to connect with the spirit of the city. This is an unforgettable way to celebrate Shabbat in a truly special setting

Walk Back to Accommodations

Overnight: The David Citadel Hotel, Jerusalem

## Saturday, February 28, 2026

Day 6: Women and the courage to hope and connect

### **Breakfast**

## Tefilla Workshop

Experience the beauty of Shabbat in Israel with a unique Tefilla Workshop designed for Jewish women seeking connection and inspiration. Join us on Shabbat morning to explore meaningful prayers, deepen your spiritual practice, and celebrate tradition in a warm, welcoming environment.

## Program and Kiddush

### Walk to Hosts

### Shabbat Lunch at the Homes of Families

Step into the magic of Shabbat in Israel by joining local families for a warm, welcoming lunch. Share laughs, stories, and delicious food while experiencing the joy and beauty of this timeless tradition—no matter your background. It's a chance to connect, unwind, and feel the heart of Israeli hospitality firsthand

#### Rest

#### Third Shabbat Meal and Musical Havdallah at Rika Razel

Rika, a local artist, opens her home to share her music, stories, and warm hospitality, giving you a true taste of neighborhood life. Rika, a world-renowned female singer will ead us in a soulful musical Havdalah—an intimate, inspiring experience you won't forget.

### Havdalla

## Glass Workshop with Bereaved Women

Take part in a meaningful and creative glass art workshop alongside widows from the current war in Israel. Together, you'll craft beautiful glass pieces while sharing moments of connection, resilience, and hope — transforming fragments into something whole and full of light.

Overnight: The David Citadel Hotel, Jerusalem

Sunday, March 1, 2026

Day 7: Women and the courage to live

#### **Breakfast & Checkout**

Meet Rachel, the ultimate mother of the Jewish People

### The Tomb of Rachel our Matriarch

At Kever Rachel, you can pray at the graveof the Mother of our Nation. Buried at the side of the road so she could pray on behalf of her descendants leaving for exile.

### **Depart for Binyamin**

#### Lunch

# Shiloh, the birthplace of Jewish prayer. One woman changed our world forever with Franny Waisman

Embark on a unique adventure to Ancient Shilo, where history comes alive through the stories of strong women. Explore this ancient site and discover the enduring power of prayer that shaped generations. A journey full of inspiration, connection, and discovery awaits you.

Rebuilding the Shomron: Visit the Home of Revital Shamir
Revital Shamir, who lost her husband Moti in the Iron Sword War
against Hamas, is carrying on their shared dream of building a
home together in the Shomron. Though Moti is no longer here,
Revital is determined to fulfill their vision and create the life they
planned.

## Final Banquet at the Tura Winery

Meet Vered Ben-Saadon, a remarkable female Jew by Choice, who built her vineyard from the ground up, and enjoy a tasting of her exquisite wines while hearing her inspiring story. This is a unique opportunity to connect with the land, its people, and the flavors that make Israel so special."

**Depart for Ben Gurion Airport**