PROTECT OUR PLANET: CELEBRATE EARTH DAY EVERYDAY

EARTH DAY 2023

8AM – 1PM • 5546 BODEN ST

You're invited to Good Earth Community Garden and Los Angeles Green Grounds' Earth Day celebration! We'll be offering gardening workshops, food demos, seed planting, wellness + kids activities, and more! This is a plastic free event. Please bring your own reusable water bottle!

APRIL 22ND

Got extra cardboard? Donate it to the garden!

Bring your veggie scraps for the compost pile!

RSVP at linktr.ee/goodearthgarden

Thank You to Our Sponsors

ECOS Plant Powered Clean

LA COMPOST SOIL & PEOPLE

STARBUCKS COFFEE

WHOLE FOODS MARKET

EARTH DAY 2023 SCHEDULE*

8:00am–10:00am <u>Garden Revitalization with Steven Meeks, Cole Hawthorne and Azza Spivey:</u> Help us prep a new bioswale area! (please note this a labor intensive activity)

9:00am–10:00am <u>Saving Water with Drip Irrigation with Kevin Ridley</u>

9:00am–9:30am <u>CA Native Ornamentals/Pollinators with Florence Nishida</u>

10:00am–11:00am <u>Planting Seeds in Children with Arefa Da Silva-Peters</u>: Planting a community bed

10:00–11:30am <u>Composting 101 with Kenny Derieg and Paola Reyes</u>

11:00am–Noon <u>Foraging for Floral Bouquets with Patricia Lell</u>

Noon–1:00pm <u>Minding Mother's Day with Florence Nishida</u>: Learn how to make small succulent pots for Mothers Day

11:00am–11:30am <u>ChiGong & Tai Chi with Martha Wakasa</u>

11:30am–Noon <u>Yoga with Taiye Adeagbo</u>

11:30am–Noon <u>Meals Without Meat with Shalimar Wijay & Eating Your Scraps with Mary MacVean</u>: Food demo and tasting + how to use food scraps in your cooking

Noon–1:00pm <u>Climate Resilient Plants and Practices For A Sustainable Future with Cole Hawthorne</u>

Noon–1:00pm <u>Being Safe at Home and Beyond with Steven Meeks & Taiye Adeagbo</u>: Learn how to be mindful of the toxicity of commercial products

ONGOING ACTIVITIES

9:00am–1:00pm <u>Repurpose, Reuse, Recycle, Redo</u>: The Bring Something Buy Nothing Table

9:00am–Noon <u>Making Paper Pots/Seedings with L.A. Green Grounds</u>

9:00am–Noon <u>Seed Giveaway with L.A. Green Grounds</u>

9:00 am –1:00 pm <u>Eco Products for Purchase with L.A.Green Grounds</u>

10:00am–1:00pm <u>Bugs for Breakfast & Lunch: Foraging for our Friendly Chickens with Mia Bunn, Arefa Da Silva-Peters & Patricia Lell</u>

*Schedule subject to change without prior notice