



## PROGRAMS & SERVICES

Information is current at the time of printing.  
Visit [loftgaycenter.org](http://loftgaycenter.org) for more information.

20-Somethings Peer Support Group (Ages  
20-29) : 1st & 3rd Wednesdays, 7:30-9pm

55+ Peer Support Group  
2nd & Last Sundays, 2:30-4pm

Aces Westchester: Asexual Discussion &  
Activity Group : 2nd Saturday, 11:30-12:30pm

The Artists LOFT: Activity Night 3rd Mondy  
6:30pm-8:30pm  
Monthly outing as scheduled

Bisexual Peer Support Group  
2nd & 4th Tuesdays, 7:30-9pm

C.A.L.M. (Centered at LOFT Meditation)/Queer  
Zen - cosponsored by Queery | Weekly on  
Thurs., 5:30-6:30pm

Cinema @ 7 Film Group  
LGBTQ+, classic, popular films: Select  
Saturdays at 7pm

GBTQ+ Men's Peer Support Group  
Weekly on Tues., 7:30-9pm

Gaymes Night  
Last Saturday monthly, 7-10pm

Grief and Loss Discussion & Support Group  
1st, 3rd, & 5th Sundays, 1-2:30pm

LGBTQ+ Knitting Circle  
1st Wednesday, 6:30-8pm  
3rd Wednesday, 11:30am-1pm

LGBTQ+ Mental Health Peer Support  
Group  
1st & 3rd Thursdays, 7:30-9pm

LGBTQ+ People of Color Peer Support  
Group  
2nd & 4th Mondays, 7-8:30pm

LGBTQ+ Professionals  
Organizes quarterly LGBTQ+  
professionals networking mixers at  
locations throughout the community.

LGBTQ+ Rock Climbing  
1st Mondays at the Cliffs Valhalla  
location. 7:00pm-9:00pm.

LGBTQ+ Spirituality Support & Discussion  
1st & 3rd Wednesdays, 11:30-1pm

LGBTQ+ Youth Night  
Youth in 5th-12th Grades, 1st and 3rd  
Fridays, 6:30pm-8:30pm

Lesbian Social Network (LSN)  
Weekly on Fridays, 7:30-9pm

LOFT Families\*  
Networking group for LGBTQ+ parents  
and their children

LOFT Night Out  
Social activities planned at  
establishments throughout Westchester

Lunch with The LOFT Staff  
Weekly on Fridays, 12-12:45pm



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**OUT at the Movies:** Meeting time varies

Social group organizing groups to see LGBTQ+ films at local theaters

**OUTWalking\***

Social walking and hiking group at local parks. Select Sundays, 10am-12:30pm

**Pride In Politics\***

Education and advocacy for the LGBTQ+ community at the local, state and federal political levels

**Queer Community Book Club (QCBC) -**

cosponsored by Queery  
Discussing LGBTQ+ books  
Weekly on Sat., 10-11am

**Queer Planet**

LGBTQ+ environmentalism discussion group,  
2nd Monday 6pm-7pm

**The Rainbow Clubhouse**

Family group for gender expansive youth, up to age 12 | 3rd Sunday, 1:30-2:30pm

**Silver Connections**

LGBTQ+ 55+ senior program  
Lunch & Learn: 4th Tues., 11:30am-1:00pm

Fun & Games: 2nd Thurs. 1-3pm

Monthly field trips as scheduled

Dine Out: alternating months, meet ups at local restaurants

**T-Time for Transgender POC Communities**  
2nd & 4th Wednesdays, 6:30-7:30pm

**Transgender Peer Support Group**  
1st & 3rd Sundays, 4-5:30pm  
2nd & 4th Saturdays, 5:30-7pm

**Trans Support of the Hudson Valley (TSHV)**  
Case management, health education, PrEP support, HIV/STI/HCV prevention for TGNCNB communities, especially communities of color. Serving Putnam, Rockland, Orange, Ulster, Dutchess, Sullivan & Westchester Counties.  
[info@loftgaycenter.org](mailto:info@loftgaycenter.org)

**Unity Table: Intergenerational Potluck Discussion & Activity Group**, 2nd Sunday, 11:30am-1pm

**Writers Workshop**  
3rd Wednesday, 7:30-9pm

**Young Adult Transgender Peer Support Group**  
TGNCNB persons ages 18-29  
1st & 3rd Tuesdays, 6:30-8pm

**David Bohnett Cyber Center**  
6 computers and a large-screen monitor for classroom instruction. Tech tutoring offered by appointment.

**Helpline**  
Referrals for LGBTQ+ affirming services  
#914-948-2932 x13  
[info@loftgaycenter.org](mailto:info@loftgaycenter.org)



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In Support Job Search Assistance\* One-on-one employment assistance with resumes, interviewing, etc.

Email to schedule appt:

[info@loftgaycenter.org](mailto:info@loftgaycenter.org)

[LGBTLifeWestchester.org](http://LGBTLifeWestchester.org)

Local LGBTQ+ resource guide and opportunities for research, employment, casting, and volunteering

[www.lgbtlifewestchester.org](http://www.lgbtlifewestchester.org)

LOFT Edu\*

Adult education courses for the LGBTQ+ community and external educational trainings

[info@loftgaycenter.org](mailto:info@loftgaycenter.org)

LOFT Library

Over 6,000 LGBTQ+-related books and films

Pro-Bono Legal Name Change Project

Legal name change connection for the TGNCNB community

[info@loftgaycenter.org](mailto:info@loftgaycenter.org)

OUTSpoken

LGBTQ+ Community Magazine on

[www.loftgaycenter.org](http://www.loftgaycenter.org)

T.E.A.M. LOFT\*

Organizes group volunteer projects under in the spirit of Together Everyone Accomplishes More

TransMission

National Scholarship program to assist with TGBCNB transition costs.

Hudson Valley Trans Forum

2-day education & networking conference

for the TGNCNB communities. Takes place in November.

LGBTQ+ Trainings

- LGBTQ+ Cultural Competency
- LGBTQ+ 101/Trans 101
- LGBTQ+ rights, progress & needs
- Trans rights, protections & needs
- How to be a good trans ally



## ADDITIONAL GROUPS & SERVICES THAT ARE AT THE LOFT

Alcoholics Anonymous (AA)  
Weekly on Saturdays, 6-7pm

AI-Anon (AAC)  
Weekly on Tues., 6:30-7:30pm

Free HIV/STI Testing  
Provided by HVCS  
3rd Tuesdays from 5-8pm  
By appointment only

PFLAG Westchester (Parents & Friends of  
Lesbians and Gays) 2nd Monday, 7:30-  
9pm

Center Lane's TransParentcy Group  
2nd & 4th Weds, 6:30-8:30pm

LGBTQ+ Survivor Support Group  
Cosponsored by Victims Assistance  
Services, 8 week cycles twice a year

**Are you an LGBTQ+ Affirming  
Business looking to connect  
with the community?**



**Business Partner Program**

[https://www.loftgaycenter.org/become\\_a\\_business\\_partner](https://www.loftgaycenter.org/become_a_business_partner)





## IMPORTANT LGBTQ+ DATES

Visit [www.LGBTLifeWestchester.org](http://www.LGBTLifeWestchester.org) for details on how these days are commemorated

- Holocaust Remembrance Day: January 27
- National Black HIV/AIDS Awareness Day: February 7
- Aromantic Spectrum Awareness Week: Week after February 14
- International Stand Up to Bullying Day: February 25 and November 18
- Zero Discrimination Day: March 1
- National Women and Girls HIV/AIDS Awareness Day: March 10
- National Native HIV/AIDS Awareness Day: March 20
- LGBTQ+ Health Awareness Week: Last Week of March (21)
- International Transgender Day of Visibility: March 31
- International Asexuality Day: April 6
- Day of Silence: April 8
- National Youth HIV/AIDS Awareness Day: April 10
- National Transgender HIV Testing Day: April 18
- Lesbian Visibility Day: April 26
- International Family Equality Day (IFED): May 1
- International Day Against Homophobia, Transphobia and Biphobia: May 17
- HIV Vaccine Awareness Day: May 18
- National Asian and Pacific Islander HIV/AIDS Awareness Day: May 19
- National Asian and Pacific Islander Hepatitis Testing Day: May 19
- Agender Pride Day: May 19
- Harvey Milk Day: May 22
- Pansexual and Panromantic Awareness and Visibility Day: May 24
- HIV Long-Term Survivors Awareness Day: June 5
- Pulse Night of Remembrance: June 12
- LGBTQ+ Equality Day: June 26
- National HIV Testing Day: June 27
- Stonewall Riots Anniversary: June 28

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- U.S. LGBT Pride Month: June
- International Non-Binary People's Day: July 14
- International Drag Day: July 16
- Southern HIV/AIDS Awareness Day: August 20
- National Faith HIV/AIDS Awareness Day: August 29
- Bisexual Awareness Week: September 17-24
- National HIV/AIDS and Aging Awareness Day: September 18
- Celebrate Bisexuality Day: September 23
- National Gay Men's HIV/AIDS Awareness Day: September 27
- International Lesbian Day: October 8
- National Coming Out Day: October 11
- National Latinx HIV/AIDS Awareness Day: October 15
- International Pronoun Day: October 17
- National LGBT Center Awareness Day: October 19
- Spirit Day: October 19
- Intersex Awareness Day: October 26
- Asexual Awareness Week: Last week of October
- U.S. LGBT History Month: October
- Transgender Awareness Month: November
- Trans Parent Day: November 6
- Transgender Awareness Week
- Second week of November
- Intersex Day of Remembrance (Intersex Solidarity Day): November 8
- Transgender Day of Remembrance: November 20
- International Stand Up to Bullying Day: February 23 and November 16
- World AIDS Day: December 1
- Pansexual Pride Day: December 8
- Human Rights Day: December 10

# LGBTQ+ Affirming Places of Worship

Bedford Presbyterian Church	Bedford	Presbyterian
Briarcliff Congregational Church	Briarcliff Manor	United Church of Christ
Congregation Sons of Israel	Briarcliff Manor	Jewish
Christ Church of Bronxville	Bronxville	Episcopal
West Center Congregational Church	Bronxville	United Church of Christ
Glead Presbyterian Church	Carmel	Presbyterian
Temple Beth El of Northern Westchester	Chappaqua	Jewish
First Congregational Church	Chappaqua	United Church of Christ
St. Mary-in-the-Highlands	Cold Spring	Episcopal
First Presbyterian of Philipstown	Cold Spring	Presbyterian
First Presbyterian	Congers	Presbyterian
Saint Dominic de Guzmán Parish	Cortlandt Manor	Catholic
UU Congregation of the Hudson Valley	Croton	Unitarian
St. Augustine's Episcopal Church	Croton	Espiscopal
Our Savior Evangelical Lutheran	Croton	Lutheran
Temple Israel of Northern Westchester	Croton	Jewish
Zion Episcopal Church	Dobbs Ferry	Episcopal
South Presbyterian Church	Dobbs Ferry	Presbyterian
St. Christopher's Inn	Garrison	Catholic
Woodlands Community Temple	Greenburgh	Jewish
Greenburgh Hebrew Center	Greenburgh	Jewish
St. Vincent's	Harrison	Catholic
The Sacred Heart Church of Hartsdale	Hartsdale	Catholic
The Leffell School	Hartsdale	Jewish
First Unitarian Society of Westchester	Hastings	Unitarian
Temple Beth Shalom	Hastings	Jewish

# LGBTQ+ Affirming Places of Worship

First Presbyterian	Katonah	Presbyterian
First Presbyterian	Mahopac	Presbyterian
Temple Beth Shalom	Mahopac	Jewish
St. Thomas Episcopal Church	Mamaroneck	Episcopal
Mamaroneck United Methodist	Mamaroneck	Methodist
Westchester Jewish Center	Mamaroneck	Jewish
Fourth Unitarian Society of Westchester	Mohegan Lake	Unitarian
Presbyterian Church of Mount Kisco	Mount Kisco	Presbyterian
United Methodist Church	Mount Kisco	Methodist
Congregation Bet Torah of Mount Kisco	Mount Kisco	Jewish
UU Fellowship of Northern Westchester	Mount Kisco	Unitarian
First Presbyterian	Mount Vernon	Presbyterian
Sinai Free Synagogue	Mount Vernon	Jewish
St. John's Episcopal Church	New Rochelle	Episcopal
Christ United Methodist Church	New Rochelle	Methodist
Temple Israel of New Rochelle	New Rochelle	Jewish
Beth El Synagogue Center	New Rochelle	Jewish
Grace Episcopal Church	Nyack	Episcopal
Saint Paul	Nyack	Methodist
Trinity Episcopal Church	Ossining	Episcopal
First Presbyterian Church	Ossining	Presbyterian
Palisades Presbyterian	Palisades	Presbyterian
Holy Trinity Church	Pawling	Episcopal
Nauraushaun Presbyterian Church	Pearl River	Presbyterian
St. Stephen's Episcopal Church	Pearl River	Episcopal
Huguenot Memorial Church	Pelham	Presbyterian
Community Church of the Pelhams	Pelham	United Church of Christ

# LGBTQ+ Affirming Places of Worship

Pleasantville Community Synagogue	Pleasantville	Jewish
St. John's Episcopal Church	Pleasantville	Episcopal
All Souls Parish	Port Chester	Presbyterian
St. Paul's Lutheran Church	Port Chester	Lutheran
Purchase Friends Meeting	Purchase	Quaker
Saints Francis and Claire	Putnam Valley	Independent Catholic
Rye Community Synagogue	Rye	Jewish
Congregation Emanu-el of Westchester	Rye	Jewish
St. Paul's Lutheran Church	Rye Brook	Lutheran, ELCA
Scarborough Presbyterian	Scarborough	Presbyterian
Hitchcock Presbyterian	Scarsdale	Presbyterian
Scarsdale Congregational Church	Scarsdale	United Church of Christ
West Reform Temple	Scarsdale	Jewish
Synagogue Temples Tremont and Emanu-El	Scarsdale	Jewish
Congregation M'vakshe Derekh	Scarsdale	Jewish
Scarsdale Friends Meeting	Scarsdale	Quaker
Greenville Community Church	Scarsdale	Reformed
Old Dutch Church of Sleepy Hollow	Sleepy Hollow	Reformed
South Salem Presbyterian Church	South Salem	Presbyterian
United Church of Spring Valley	Spring Valley	United Church of Christ
UMC of the Tarrytowns	Tarrytown	Methodist
Christ Episcopal Church	Tarrytown	Episcopal
Reformed Church of the Tarrytowns	Tarrytown	Reformed
Asbury Crestwood UMC	Tuckahoe	Methodist
Grace Episcopal Church	White Plains	Episcopal
Hebrew Institute of White Plains	White Plains	Jewish
Temple Israel Center of White Plains	White Plains	Jewish

# LGBTQ+ Affirming Places of Worship

St. Bartholomew's	White Plains	Episcopal
Chatterton Hill Church	White Plains	United Church of Christ
Memorial United Methodist Church	White Plains	Methodist
Bet Am Shalom	White Plains	Jewish
First Baptist Church of White Plains	White Plains	Baptist
Community Unitarian Church	White Plains	Unitarian
Congregation Kol Ami of White Plains	White Plains	Jewish
Ethical Culture Society of Westchester	White Plains	Humanist
Bryn Mawr Presbyterian	Yonkers	Presbyterian
Grace Lutheran Church	Yorktown Heights	Lutheran, ELCA
First Presbyterian Church	Yorktown Heights	Presbyterian

This list of LGBTQ+ affirming places of worship in the lower Hudson Valley region was compiled via multiple sources but is not exhaustive. If you have a place of worship to add, contact The LOFT at #914-948-2932. We are pleased to see the list growing longer each year!

NOTES

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# Julian Adler, LCSW, Esq.

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# Transforming LGBTQIA+ Healthcare Matters to Us.



Gay physician Robbins Gottlock, MD, provides a full spectrum of health services to members of the LGBTQIA+ community in a welcoming and safe environment:

- Primary and preventive care, including routine physicals
- Hormone replacement therapy for the trans community
- HIV prevention (PrEP and PEP)
- Screening for sexually transmitted infections
- Mental health care
- Immunizations
- Health and sexuality education
- Risk reduction counseling

Phelps Hospital is a recognized leader in LGBTQIA+ healthcare equality. Taking Care of Everyone with PRIDE!



## LGBTQIA+ Health Center of Excellence

Northwell Health Physician Partners in Sleepy Hollow, NY

Call (914) 269 - 1730 or visit:

[phelps.northwell.edu/lgbtq-services](https://phelps.northwell.edu/lgbtq-services)



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