



TO SUBMIT A PROCLAMATION TO GOVERNOR

- Google: ****name of state**** Governor Proclamations
- Most states have a “fill in form” to submit a request
- Most states require at least 60 days to fulfill a request
- Submitting before March 10 is recommended
- Be aware that in many cases any draft language provided may be edited or rewritten
- Contact information for the person submitting will be required
- A request for a name of an organization may be required
 - If requested the sources for information are:
 - www.MEadvocacy.org
 - [International Consensus Criteria for ME](#)
 - www.May12.org
- Request that the proclamation be mailed (otherwise will have to pick it up)
- The following is an example of wording for cutting and pasting.
 - Note: Some states allow for more wording and some less. When googling proclamations, it may be helpful to look at other proclamations that have been done to see an example of what your state does.

Note: The same proclamation can be used to submit to the mayor of your city.



MYALGIC ENCEPHALOMYELITIS, CHRONIC LYME DISEASE, FIBROMYALGIA, AND MULTIPLE CHEMICAL SENSITIVITY AWARENESS DAY

A PROCLAMATION

WHEREAS, myalgic encephalomyelitis (ME), chronic Lyme disease (CLD), fibromyalgia (FM), and multiple chemical sensitivity (MCS) are complex immunological and neurological diseases affecting millions of citizens causing substantial economic burden to ***fill in state***; and

WHEREAS, ME is described by experts in the International Consensus Criteria (ICC) as an acquired neurological disease with pathological dysregulation of the nervous, immune and endocrine systems, with impaired cellular energy metabolism and ion transport with the cardinal feature of post-exertional symptom exacerbation and is often misdiagnosed as chronic fatigue syndrome or fibromyalgia; and

WHEREAS, CLD can be a similarly severely disabling disease with a post-sepsis like outcome, requiring accurate Lyme testing, and is often misdiagnosed as ME, FM, or multiple sclerosis; and

WHEREAS, FM is characterized by severe pain in muscles, ligaments, and tendons; and

WHEREAS, MCS causes patients to experience allergic-like reactions upon exposure to pollutants; and

WHEREAS, some forms of these diseases can leave patients homebound and/or bedbound resulting in social isolation, financial hardship, risk of suicide or result in death; and

WHEREAS, advocate Thomas Hennessy, Jr., an ME and Lyme patient, chose May 12 as an awareness day for these illnesses to commemorate Florence Nightingale, who suffered from an ME-like illness; and

WHEREAS, increased awareness can help people and families dealing with these diseases throughout *** fill in name of state *** receive appropriate medical intervention, compassionate care, and support;

NOW, THEREFORE, I, *** fill in name of governor *** , Governor of the State of *** fill in name of state *** , do hereby proclaim May 12, ***fill in year*** , as “**Myalgic Encephalomyelitis, Chronic Lyme Disease, Fibromyalgia, and Multiple Chemical Sensitivity Awareness Day**” in *** fill in name of state *** , and commend its observance to all citizens.