



— NOT SO STRAIGHT UP —

MIXING ALCOHOL & OTHER DRUGS

STIMULANTS

(Ritalin, Adderall, Speed) combined with alcohol can conceal alcohol's effects, so people cannot gauge their level of intoxication, which can result in over-consumption, significant impairment of coordination and judgment, black out, pass out and potential death.

THE EFFECT OF ALCOHOL IN COMBINATION WITH OTHER DRUGS INCLUDING OVER-THE-COUNTER OR PRESCRIBED MEDICATION IS UNPREDICTABLE AND DANGEROUS.

IN ADDITION TO NEGATIVE SIDE EFFECTS LIKE NAUSEA AND DROWSINESS, COMBINING ALCOHOL AND OTHER DRUGS CAN BE EXTREMELY DANGEROUS AND EVEN LIFE-THREATENING. WHEN CERTAIN DRUGS INTERACT WITH ALCOHOL, THEY CREATE A POTENTIALLY DEADLY REACTION. WE'VE BROKEN DOWN THE RISKS FOR YOU.

DEPRESSANTS

(Xanax, Valium etc.) combined with alcohol have a synergistic effect, with potential for dangerous and even lethal consequences, with rapid onset of dizziness, stumbling, loss of sphincter control, memory loss and potential death.

PRESCRIPTIONS

Alcohol and medications can also change a person's thoughts and actions, making risky behaviour a definite threat. The combination of alcohol and prescription drugs also impairs the medication's desired impact, which often leads people to drink or ingest more substances to achieve a similar high.

This increase can lead to an overdose or alcohol poisoning. With the risk of long-term organ damage and a host of short-term side effects, it is best to avoid combining alcohol and prescription drugs, especially in excess.

COCAINE

Mixing will strengthen the stimulant effect of cocaine and places the heart under extreme stress. This condition has been linked to sudden death.

Taking cocaine and alcohol together creates a more powerful substance that stays around for much longer in the body called cocaethylene. It can increase the risk of heart attack and stroke, and cause damage to a number of internal organs.

GHB

A seriously dangerous combination. Together, they may increase the risk of overdose by reducing heart rate and breathing to dangerously low levels. Drinking alcohol, even before taking G, depresses the central nervous system and can cause you to collapse. It's common for people to drop or overdose when they've been drinking and most deaths linked to GHB are due to this very reason. If you do intend on taking GHB then it is advised that you NEVER mix it with alcohol or other depressants.

ECSTASY

When these two combine they can rapidly increase body temperature and speed up the dehydration process in the body. You may not feel the full effects of alcohol, which could lead to vomiting or alcohol poisoning.

OPIATES

(e.g., OxyContin or Codeine) combined with alcohol can result in slowed or arrested breathing, lowered pulse and blood pressure, unconsciousness, coma, and potential death.

CANNABIS

Mixing booze and weed may cause nausea and vomiting. Feelings of anxiety and paranoia may also occur when the drugs are taken in combination. Mixing alcohol with any depressants is strongly discouraged

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