



Are you an LGBTQ+ person (16 years or over) who has accessed or tried to access mental health and/or alcohol and other drug services in Australia?

Did these services meet your needs?

Who should provide these services to LGBTQ+ people and what should they look like?

Join us as a **Community Advisory Group** member on **Optimise+**, a national research study, and help us guide a project that seeks answers to these questions from LGBTQ+ people across Australia.

We hope your contributions can help improve how mental health and alcohol and other drug services are delivered to LGBTQ+ people.

Community Advisory Group members will:

1. Provide feedback on research activities and materials
2. Attend meetings with researchers
3. Learn more about research processes
4. Develop skills and experience
5. Be paid for their time

Applications to join the Optimise+ Community Advisory Group are open to **all LGBTQ+ people aged 16 or over who have accessed or attempted to access mental health and/or alcohol and other drug services**. We encourage people with a disability, from an Aboriginal or Torres Strait Islander background, living with HIV, from a migrant or refugee background, living in a rural or regional area and/or with a neurodivergence to apply.

Community Advisory Group meetings will be held up to three times per year until 2028. Members will be paid \$100 per 1-hour meeting. A small amount of additional work outside of meetings, also remunerated, may also be required.

Express your interest here: <https://redcap.link/qg4doxc7>

Optimise+ is run by researchers from La Trobe University, The Kids Research Institute, University of Western Australia, University of Melbourne, University of Sydney and University of Exeter (UK).

For more information, contact Dr Shane Worrell at ARCSHS, La Trobe University at s.worrell@latrobe.edu.au