

Mums Who Wine

INNER WEST MELBOURNE AFFILIATES



BUSINESS	BENEFIT	CATEGORY	WEBSITE	LOCATION
Mabel and Woods	10% off all full priced purchases in store and online	Retail National	mabelandwoods.com.au	Spotswood
Two Birds Brewing	Complimentary beverage (beer, wine or cider) for every member on every visit. 5% discount on all bottles of wine consumed at the Nest.	Brewery/Beer Garden	twobirdsbrewing.com.au/th e-nest/	Spotswood
Doyle and Sons	Complimentary coffee upon any meal purchase	Cafe	facebook.com/doyleandson spotswood/	Spotswood
Eden Bake	2 free cookies upon purchase of 15 or more	Cafe	edenbake.com.au	Spotswood
F45 Training Spotswood	Discounted fully flexible Mums Who Wine Membership of \$55 per week (RRP \$66); Fixed 6 monthly membership of \$50 per week, complimentary state of the art full body composition scan (RRP \$40) Includes access to both Spotswood and Williamstown Studios.	Exercise	f45training.com.au/spotswo od/	Spotswood
Upon Our Days	20 complimentary professional 5 X 7 lab prints from photography session - valued at \$100	Photography	uponourdays.com.au	Spotswood

Hudsons Road Wine and Beer	50% discount off first glass of wine (Monday - Thursday)	Bar	facebook.com/hudsonsroad /	Spotswood
A Bunch Of Cakes	Free cupcake upon every floral purchase over \$50	Florist	missemilyfloraldesigns.com.au	Spotswood
Luxe Living	10% discount on every purchase	Retail Lifestyle	luxe-living.business.site	Spotswood
Junction Beer Hall and Wine Room	One complimentary drink – pot of Newport lager, glass of Mister Fox wine (across the range of varietals) or a winter warmer cocktail (Mulled wine or mulled cider)*	Bar Restaurant	junctionnewport.com.au	Newport
Step Into Life Newport	Waive the \$60 joining fee to join Step Into Life Newport. 10% discount off monthly training fees	Exercise	stepintolife.com.au/locations/australia/VIC/newport	Newport
The Sharp Kat	10% discount off all hairdressing services over \$40	Beauty	facebook.com/TheSharpKat /	Newport
Aware Health	10% off first visit to clinic for Remedial Massage, Myotherapy, 1:1 Clinical Pilates. 5% off follow up visits for Remedial Massage, Myotherapy, 1:1 Clinical Pilates, 1:3 Clinical Small Group Pilates, Reformer Pilates.	Exercise Health & Wellness	awarehealth.com.au	Newport
Heart of Hall	10% discount on any cooking class (not valid for discounted classes). Complimentary glass	Cafe Restaurant Lifestyle	heartofhall.com.au	Newport

	of wine/coffee with any meal off dine in menu.	Tours/Experiences		
Your Organised Life	First consultation free; 15% off the first three hours for all future consultations.	Lifestyle	yourorganisedlife.com.au	Newport
Wellbody Naturopathy	20% discount off initial consultation; 10% discount off subsequent consultations; 5% off all products	Health & Wellness	wellbodynaturopathy.com	Newport
Justine Switalla Fit Healthy Mums	50% discount off 8 week "Fit Healthy Mum" program	Exercise Health & Wellness	fithealthymums.com	Newport
Wilde Interiors	10% off all purchases in store and online	Lifestyle Retail National	wildeinteriors.com.au	Newport
Something Beautiful By Eriko	10% discount on all purchases over \$50	Florist	facebook.com/somethingbeautifulbyeriko	Newport (inside Wilde Interiors)
Hellenic Hotel	Spend \$10 and receive a complimentary glass of Prosecco	Restaurant	hellenicrepublic.com.au/williamstown	Williamstown
Lavanya Spa Retreat	One complimentary 30 minute treatment upon purchase of a 60 minute treatment on first visit. 15% discount off all subsequent treatments (not applicable on first visit and for purchase of gift vouchers)	Health & Wellness	lavanyaretreat.com.au	Williamstown
Wasabi Warriors Williamstown	10% off all purchases	Cafe	wasabiwarriors.com.au	Williamstown
El Burro	Complimentary plate of Churros with any	Restaurant	elburrotapas.com.au	Williamstown

	main meal purchase.			
The Greenery Store and Dining	10% discount off total bill in The Greenery Dining and 10% discount off purchases in The Greenery Store	Restaurant Cafe Retail	greenerystore.com	Williamstown
Paulina De Los Reyes	Complimentary eyebrow wax and tint on first attendance with any treatment over \$70; and 10% discount on every visit.	Beauty	paulinadelosreyes.com.au	Williamstown
Soul Star Wellness	20% discount on all services; First attendance for \$25	Health & Wellness	soulstaryoga.com.au	Williamstown
KX Pilates Williamstown	50% off 2 Week Introductory Offer - 5 sessions for 2 weeks (normally valued \$50); 15% discount off yearly block session packs	Exercise	kxpilates.com.au/studio/williamstown-pilates-studio/	Williamstown
Williamstown Health and Lifestyle	15 min boost on all massages Group (max 5) Pilates sessions for \$16 (20% discount)	Health & Wellness	Williamstownhealthandlifestyle.com.au	Williamstown
Mahal Envy	15% discount on all lashes and refills	Beauty	https://mahal-envy-eyelash-extensions.business.site/	Williamstown
Blacksheep Café	Complimentary coffee with any breakfast or lunch purchase; Complimentary glass of wine or sparkling with any dinner reservation.	Cafe Restaurant	facebook.com/Sthkingsvilleblacksheep/	South Kingsville
Big 5 Fitness	Big 5 Fitness Unlimited Membership \$50 per	Exercise	bigfivefitness.com.au	Altona North

	week (RRP \$60) and Free Body Scans every fortnight.			
Mantra Studio Kitchen and Bar	Complimentary coffee or house wine (red, white or sparkling) with every meal. *Valid for cafe 7 days per week and for dinner Friday Nights!	Restaurant Bar Cafe	mantrastudiokitchenbar.com	Yarraville
Harriet O'Donnell Makeup	20% discount on all hair and makeup	Beauty	harrietodonnellmakeup.com	Yarraville
Willis & Anderson	Complimentary coffee, tea or hot chocolate with any meal purchase	Cafe	willisanderson.com.au	Yarraville
Eleni's Kitchen & Bar	Complimentary glass of bubbles on arrival	Restaurant	facebook.com/eleniskitchenandbar/	Yarraville
The HIIT Factory	10% off The HIIT Factory services in the Inner West (Yarraville, Newport and Williamstown) and Werribee. Discount on services include: HIIT Member 12 - 10 Sessions per month; HIIT Member 16 - 16 sessions per month; MAX Access - Up to 25 sessions per month HIIT 6 week challenge	Exercise	thehiitfactory.com.au/	Yarraville
Born to Boogie Dance Company	10% discount on all classes (not to be used in conjunction with any other offer)	Exercise	Borntoboogie.com.au	Yarraville
Moda Kitchen and Bar	Half price wine (glasses and all bottles up to \$90) Tues - Thursday. Complimentary glass of Prosecco - Friday &	Restaurant	modakitchen.com.au	Seddon

	Saturday			
Est1906	10% discount off total bill	Restaurant Cafe	est1906.com.au	Seddon
Lay Low Bar	10% discount off total drink bill	Bar	Laylow.com.au	Seddon
My Mama Said	10% discount off session passes (1, 5, 10 and 20); 5% discount off 6 and 12 month membership	Exercise	mymamasaid.com.au	Seddon
Victoria Beauty	10% off all services	Beauty	victoriabeauty.com.au	Seddon
Small Graces	Complimentary coffee with any meal over \$15, Complimentary wine with any meal over \$30	Cafe Restaurant	smallgraces.com.au	Footscray
Plough Hotel	Complimentary glass of Airlie Bank NV Cuvee™ with any main meal purchased	Bar Restaurant	ploughhotel.com.au	Footscray
Small French Bar	Complimentary glass of wine or bubbles with any main meal; or 10% discount off bill if purchasing drinks only	Restaurant Bar	smallfrenchbar.com.au	Footscray
Bad Love Club	10% off the total bill; and free slice of pie/cake when you attend on your birthday with 5 friends	Bar	badloveclub.com.au	Footscray
Up In Smoke	10% discount to all members (Monday - Friday, excluding Friday dinner)	Restaurant	upinsmoke.net.au	Footscray
Back Alley Sally's	Complimentary beverage (beer, wine or bubbles) for every member upon any	Bar Restaurant	backalleysallys.com.au	Footscray

	meal purchase.			
The Station Hotel	Buy one glass of house wine/beer/soft drink and get one free* *Limited to one free drink, only available Sunday – Thursday	Bar Restaurant	thestationhotel.com.au	Footscray
Birdcage Cafe	Complimentary drink of choice with any main meal purchase (coffee, wine, bubbles or beer)	Cafe	birdcagecafe.com.au	Altona
Sun Seekers Melbourne	15% discount off total Stand Up Paddle Board Booking. 15% discount off SUPER Mums Fitness Classes	Exercise	sunseekersmelbourne.com.au	Altona
Two Peas Clothing	15% off all in store and online purchases	Retail National	twopeasclothing.com.au	Altona
Briony Kean	50% discount on 6 month personalised gut health coaching program; 50% discount on full day intensive pantry clean out and meal prep; and 20% discount on Healthy Cooking Classes run at different locations.	Health & Wellness	brionykean.com	Altona
Emily Black Photography	10% discount on all photography sessions	Photography	emilyblackphotography.com	All Melbourne
Shadowfax Wines	Complimentary glass of "Shadowfax White Label" wine for each member at lunch (Monday to Friday only) on every visit. -	Winery	shadowfax.com.au	Werribee

	<p>Not applicable on public holidays.</p> <p>10% off all wines purchased at Shadowfax Cellar Door; -Excludes all sales in the restaurant and online</p>			
Becks Healey Makeup Artistry	<p>20% discount on all services; and</p> <p>20% discount on Jane Iredale products with any makeup application or makeup lesson.</p> <p>*Travel costs apply after 20km from 3018</p>	Beauty	Find on facebook	Seaholme
Present Mindfulness Academy	<p>20% discount on Stress Reduction Courses, Workshops and Retreats</p>	Health & Wellness	pmacademy.com.au	Inner West Melbourne
Mamas Angels	<p>15% discount on any purchase or gift voucher</p>	Beauty	Find on facebook	<p>St Vincents</p> <p>Epworth Freemasons</p> <p>Frances Perry House</p>