



ANNUAL REPORT

2022
—
2023

Northwest Assistance Ministries
40 Years of Neighbors Helping Neighbors



OUR MISSION & VALUES

Northwest Assistance Ministries (NAM) is a nonprofit, community-based, multi-program social service agency that strives to meet basic human needs through Neighbors Helping Neighbors.

NAM's mission is to strive to meet basic human needs through Neighbors Helping Neighbors. NAM's vision, grounded in its mission and true to its values, is a community in which Neighbors care for Neighbors through collaborative efforts with area congregations, community partners, donors and volunteers. Resources are pooled and leveraged to meet basic needs and to help individuals regain their self-sufficiency, thereby creating a safer and more stable community for all.

NAM's values include: maintaining a strong commitment to its mission of meeting basic human needs through Neighbors Helping Neighbors; fostering a spirit of respect and charity; striving for excellence in all areas of service; and strengthening connections with its spiritual, funding and volunteer partners.



2022-2023

BOARD OF TRUSTEES

October 1, 2022 - September 30, 2023

Kristine Sullivan, *Chair*

Upstream Business Information
Technology Manager,
ExxonMobil Corporation

Dave Anderson, *Vice Chair*

Retired, Anadarko

Garland R. Shaw, *Treasurer*

Former Senior Vice President & CFO,
Ultra Petroleum Corporation

Shannon N. Mosher, *Secretary*

LifeSpring Counseling & Wellness

Anthony J. Chatman

Pastor, Hosanna Lutheran Church

Victor C. Chatman

Pastor of Community Relations,
The Harvest

Les Cave

President/CEO,
Northwest Assistance Ministries

Rev. Dr. Marty Dunbar

Senior Pastor, John Wesley UMC

Thomas Fuller

Principal,
Diverse Energy Management Co.

James B. Fryfogle

Retired, VP Bulk Supplies & Logistics,
Plains All American Pipeline

Dr. LaTonya Goffney

Superintendent, Aldine ISD

Dr. Lupita Hinojosa

Superintendent, Spring ISD

Crystal Hollier

Vice President Business Development,
HCA Houston Healthcare Northwest

Stanley Horton

President/CEO
Boardwalk Pipeline Partners, LP

Dr. Jenny McGown

Superintendent, Klein ISD

Dr. Gerald F. Napoles

Vice Chancellor, Student Success
Lone Star College - System Office

Dr. Nicole Twine

Vice President & Chief Nursing Officer,
Houston Methodist Willowbrook Hospital

Michael D. Watford

Retired, Chairman, President & CEO,
Ultra Petroleum Corporation

Denese Hammon, *Non-Voting Member*

CFO, Northwest Assistance Ministries

NAM ENDOWMENT BOARD

2022-2023
October 1, 2022 - September 30, 2023

Thomas R. Fuller, *Chair*
Principal, Diverse Energy Management
Co.

Rick Crump
Retired,
Sterling Chemicals Company

Dana Hines, *Vice Chair*
Realtor, Better Homes & Gardens
Real Estate Gary Greene

Charles Dunagan
Former President and CEO,
Shell Oil Products

Denese Hammon, *Treasurer*
CFO, Northwest Assistance Ministries

Pamela Hughes
Realtor, Better Homes & Gardens
Real Estate Gary Greene

Daniel Anders
Senior Executive Business Leader &
Sales Professional

Bob Shirley
Owner, Shirley Acres

Les Cave
President/CEO, Northwest Assistance
Ministries

Lauren Temple
Abbvie Pharmaceuticals, Inc.

Scott Chenoweth
Partner, Four C's Equity, Ltd.

Joe Fowler, *Past Chair*
Co-Founder,
Stress Engineering Services Inc.

DIRECTOR-EMERITUS

Mack Elbert Coker, DDS, MS
Periodontics

Steve Miller
Retired, Cinco Pipe and Supply

Nolan Lehmann
Director of Schulte Building Systems, Inc.
& Trophy Windows, LLC

Dr. Rusty Schlattman, DDS
Champions Houston
Cosmetic Dentist

A LETTER FROM OUR PRESIDENT & CEO LES CAVE



Northwest Assistance Ministries (NAM) is proud to celebrate our 40th anniversary with you this year. Founded in 1983, as an idea for a food pantry to help struggling neighbors scrawled on a napkin, NAM has grown into an impressive array of services that touch the lives of more than 117,000 individuals year after year.

Throughout these pages you can read about the work NAM accomplished, but mostly you will see and hear more about the success of our clients who are outstanding testimonies of determination, resiliency and strength.

Providing assistance to thousands of families year after year for 40 years, NAM has been blessed. Your steadfast commitments fuel the essential services NAM offers, allowing us to provide meaningful help to families day in and day out.

Thank you. NAM is deeply grateful for your thoughtful support.

Sincerely,

A handwritten signature in black ink that reads "Les Cave". The script is fluid and cursive, with the first letters of "Les" and "Cave" being capitalized and prominent.

Linda & Harlan Martens
Endowed President & CEO

Client Spotlight

ARTHUR WALTON

Before coming to NAM, Arthur was homeless and battling with addiction. After getting clean and being approved for disability, Arthur sought out housing assistance.

It was at that time he was pointed to NAM, who helped him get his own apartment. To this day, Arthur is still sober and is thriving in NAM's housing program. He has attended many of NAM's life skills classes, which teach individuals skills to live a responsible life and continue to succeed on their own.

Arthur said one of the most rewarding things for him is now being able to spoil his grandkids. "It's just a good feeling when my grandkids come up to me 'Papa can I have this' and I'm able to do it. So, like I said, I'm really owe a lot of things to Northwest Assistance Ministries, you know, I appreciate everything y'all do, I really do."



SHALINA POLKEY

Years ago, Shalina became homeless after leaving an abusive relationship. After a major flood about 6 years ago, Shalina called NAM to inquire about financial assistance for a hotel room for her and her eldest son, Joshua. To her surprise, she was approved for more than a hotel room. Shalina was a great candidate for NAM's housing program and moved into a two bedroom apartment.

NAM provided Shalina and her sons with furniture, vouchers, groceries, bus transportation, and life skills classes. Joshua graduated from high school and is now preparing to take the Electrician Apprenticeship Class at NAM. The NAM's programs not only helped Shalina, but also helped Joshua get certified and start his future. Shalina was also struggling with daycare and autism tests



for her youngest son due to financial constraints, but NAM is now helping her with daycare. Shalina is working a full-time job and says she is grateful for NAM's programs and how much they have helped her and her kids.

Program Spotlight

LEARNING & VOCATIONAL TRAINING CENTER

In March 2023, NAM proudly announced the graduation of its first-ever Electrical Pre-Apprenticeship Class!

NAM partnered with TRIO Electric, Memorial Assistance Ministries, TRIO Education and JP Morgan Chase to create the new, 7-week-long, program. The class was taught through a combination of VR technology and computer-based training.

As a graduation gift, graduates were gifted boots from Safety Shoe Distributors and a starter tool kit. Graduates were also given the opportunity to have a job placement through TRIO Electric or one of their partner companies to start receiving paid on-the-job training.

Congratulations to the first Electrical Pre-Apprenticeship Class of 2023!

NAM continues offering this class and has had several graduating classes since its inception.



2022-2023

COMMUNITY PARTNERS

October 1, 2022 - September 30, 2023

\$250,000 +

Anonymous
City of Houston
Emergency Food and Shelter Program
The Hamill Foundation
Houston Food Bank
Houston Methodist
HUD Treasury
Office of the Governor
Tomball Hospital Authority/Tomball Regional
Health Foundation
United Way of Greater Houston

\$100,000 - \$249,999

Anonymous
The Common Market Texas
Housing and Community Affairs
Texas Department of Agriculture
Texas Health Human Services Commission
Texas Veterans Commission

\$50,000 - \$99,999

Anonymous
Bishop Center Storehouse
Emergency Food and Shelter Program
The Hand Foundation
Kroger #364
W. T. and Louise J. Moran Foundation
PV Fluid Products
State Comptroller Of Public Account
Treasurer of Harris County
Wal-Mart #1103

\$25,000 - \$49,999

Anonymous
Blue Cross Blue Shield of Texas
The Brown Foundation
Christ the Good Shepherd Catholic Community
Greater Houston Community Foundation
Hildebrand Foundation
John Wesley United Methodist Church
Kroger #275
Kroger #395
Lulu Bryan Rambaud Charitable Trust
The William J. and Dorothy K. O'Neill Foundation
Southwestern Energy
The William Stamps Farish Fund
The Waggoners Foundation
Watford Family Foundation

\$10,000 - \$24,999

Anonymous
Harry S. and Isabel C. Cameron Foundation
CenterPoint Energy
Costco Wholesale
Del Barto-Tramonte Foundation
ExxonMobil Foundation
Green's Remote Toys
The George and Mary J. Hamman Foundation
The Harrell Family Foundation
Harris County Domestic Violence Coordinating Council
Houston Jewish Community Foundation
Huntsman Corporation
Klein Sports Authority
Loyalty Plumbing
Meals on Wheels America
Memorial Assistance Ministries
National Charity League - Cypress Creek Chapter
Northwoods Presbyterian Church
Shell Oil and Motiva Program
Shirley Acres
Texas Attorney General
Isla Carroll Turner Friendship Trust
Vanguard Truck Centers

COMMUNITY PARTNERS_{CONT.}

\$5,000 - \$9,999

Anonymous
4 Brothers NY Bagels
Aldi Grocery Store #17
Aldi Grocery Store #59
American Junior Golf Foundation
Bentley & Associates
Carl C. Anderson Sr. & Marie Jo Anderson
Foundation
Gulf South Pipeline
H-E-B
Houston Texans Foundation
Alvin A. & Roberta T. Klein Charitable Trust Fund
Klein Funeral Homes and Memorial Parks
The Lewis and Joan Lowenstein Foundation
M&D Supply/Ace Hardware
MAXIMUS Foundation
Medallion Foundation
Powell Foundation
Ring LLC
Spring Woods United Methodist Church
St. Edward Catholic Community
St. Ignatius of Loyola Catholic Church
Trinity Klein Lutheran Church
Union Pacific Foundation
Veritex Community Bank
Vistra Corporate Services Company

\$1,000 - \$4,999

Anonymous
AbbVie Pharmaceuticals
Advanced Auto Parts DC 49
Advent Presbyterian Church
Albert and Ethel Herzstein Charitable Foundation
Albertsons Safeway
America's Best Local Charities
Andrews Foundation
Apex Clearing Corporation
Bank of America
BNSF Railway Foundation
Boy Scouts of America Troop #1323
Champions School of Real Estate
Chevron Humankind Matching Gift Program
The Conservatory Senior Living at Champion Forest

Cost Plus World Market
Cost Plus World Market Willowbrook
Cub Scout Pack #440
Cypress Creek Christian Church
EBONY
Faithbridge Church
Fallbrook Baptist Church
Friends for Charity
Gexa Energy
HCA Houston Healthcare Northwest
Hewlett-Packard
Holley Armistead Charitable Fund
Houston Association of Professional Landmen
Immanuel Church of Spring
Kinsmen Lutheran Church
Klein High School
Klein ISD Multipurpose Center
Klein United Methodist Church
Labrada Nutrition
Lakewood United Methodist Church
Legacy League
Lifepath Church
National Charity League - Champions Chapter
National Charity League - Wildflowers Chapter
Northwest Bible Church
Northwest Women's Tennis League
Northwoods Presbyterian Church
Ovintiv Canada ULC
Panera Bread
Plymouth United Church
Primrose School of Champions
Resurrection Lutheran Church
Risdal Family Foundation
Specialized Education Services
Spring High School
Spring ISD
St. Dunstan's Episcopal Church
The Church of Jesus Christ of Latter-day Saints
The Church of Jesus Christ of Latter-day Saints - Klein Stake
The Patrick Family Charitable Fund
Thompson Elementary School
Treasures for Less
Tyson Foods
UnitedHealthcare, South Texas
Vanguard Truck Centers
Willowbrook Terrace Chapel
Windwood Presbyterian Church
Woodforest Academy
Woodforest Charitable Foundation
ZT Systems

INDIVIDUAL DONORS

October 1, 2022 - September 30, 2023

\$75,000 +

Anonymous
Denise and Buddy Bolt
Margie and Rick Crump
Linda and Joe Fowler
Darlis and Tom Fuller
Debbie and Stan Horton
Reneé and Danny Rea

\$25,000 - \$74,999

Anonymous
Lynne and Dave Anderson
Don Drover
Cynthia and Rick Foley
Darla and Stewart Fox
Jeannie and Nolan Lehmann

\$10,000 - \$24,999

Anonymous
Cecila and Kenneth Castlebury
Les Cave
Margaret and Charles Dunagan
Dennise and Keith Edwards
Peggy Field
Wendy and Jim Fryfogle
Pam and Bob Hughes
Bahman and Susan Jahanian
Diane and Raymond Kaskel
Mary and David Klein
Douglas Manchee
Janet and Francis Mury
Helen and Norman Myers
Jackie Riley
Raul Sepulveda
Linda and Tom Sparks
Annette and Ron Young

\$5,000 - \$9,999

Anonymous
Regina and Eric Boutte
Brian Carr
Kathy and John Carson
Cindy and Scott Chenoweth
Jance and Chris Cullins

\$5,000 - \$9,999 Cont.

Carolann Alexander and Robert Daniels
Susan and David Diehl
Patricia Edwards
Susan and Robert Epstein
Patricia Gallagher
June and Gerald Gibson
Sandy and Kurt Huneke
Dan Kellogg
Tony and Jon Lindsay
Stewart MacColl
Bill Mehrens
Jan and Steve Miller
Susan Ortenstone
Louise and Stephen Slater
Nancy and William Strange

\$1,000 - \$4,999

Anonymous
Linda and Glen Adams
Sue and Jimmy Adams
Carolyn and Robert Allison
Sandy and Russell Andorka
Darlene De Aragao
Deidre Armstrong
In Remembrance of Donna Asbill
Deborah and Michael Ashcraft
Sue Ausburn
Sara and Robert Awe
Margaret and Graham Bacon
Jan and John Beall
Suzanne and Daniel Beaty
Carolyn Benoit
John Benvegnu
Nancy Beyer
Tricia and Grady Blakley
Julie Blum
Glenn Bord
Diane Braun
Scott Brodie
Gina and Charles Brogna
Carole and Nathanael Broker

\$1,000 - \$4,999 Cont.

Barbara Brown
Stephanie Bruce
William Calvert
Lynn Campbell
Margaret and William Carpenter
William Cash
Bette and David Chenault
Janet and Dan Chenoweth
Carol and Calvin Cobb
Dr. and Mrs. Mack Elbert Coker
Donna Conly
Patty and Pete Cooley
Shelly Cornelius
Doranda and William Couch
Mary Ellen and Jason Cox
Patrick Coyne
Mary and William Culbreth
Sharelyn Current
Donna Banzhaf and James Dall
Marlene and Peter Dalrymple
Michael Denney
Nancy and Edward DiPaolo
Betty and David Dodd
Debbie Donahue/Remington Properties
Ben Dyer
Jane Easterwood
Sandra Ellison
Marlene and Gene Epstein
Jeanette and Paul Faulkner
Melissa Ferguson
Betsy Figueroa
Elizabeth and Ray Fitzgerald
Janet and Roger Flink
Carole and Richard Fox
Denise Fraelic
Doris and Larry Fricke
Sandra Fultz
Jack Gatewood
Susan and John Gaubatz
Barbara Giles
Jana Gonzales
Courtnee and Evelyn Gray
Nancy Grayson
Donald Haas
Denese and David Hammon
Michael and Julie Hancock
Patricia and Sam Harless

Jamal Hazzan
Rhea and Homer Hershey
Jacquelyn and Manuel High
Julie Hill
Dana and Bill Hines
Lupita Hinojosa
Kimberly Hofstede
Matthew Holman
Rita Irani
Jayne Iverson
Jane Jacobi
Kimberlie and Raleigh Jenkins
Patricia Jimenez
Patsy Johnson
Beverly Johnson
LaDonna and Tye Johnson
Allie and Larry Jones
Cheryl Jones
John Keiser
David Kroon
Charles Kruse
Katherine and John Lacock
Margaret and Jim LaRoe
Tom Lattin
Aaron Leavitt
Merri and Jerome Lebo
Donna M. Lee
Pam and James Liles
Jon Lind
Jenna Lindemann
Judy and David Loosley
Sandra and Lamar Loyd
Don Lucas
Karen Luther
Phyllis Madsen
David Mallott
Anne and Baines Manning
Brian Marino
Stephanie Martens
Frances and Edward Marx
Annette and Jerry Matthews
Stacey and Scott Maurice
Jason Maxey
Harry Maxwell
Sally McGowan
Jim McIngvale
Rafael Mendoza
Jennifer Merkel
Charles Meyer
Frances Meyer

Gregory Michael
Jack Miller
Jocelyn and Eric Nelson
Amber Nichols
Chris and Terry Noellert
JL Nolen
Tim Oettmeier
Chinelo Onuekwusi
Brenda and Rodney Pennington
Karen Perkovich
Linda Kay Peterson
Steve Phillips
Constance and Carl Pietrzak
Susan and Don Pine
Lillian Pivonka
Peter Ponzini
Elizabeth Price
Virginia and James Robertson
Theresa and Kerry Rock
Barbara Rogers
Shannan and Davis Rumsey
Rita Santamaria
Art and Linda Saxby
Barbara and Rusty Schlattman
William Sessions
Irene and Arnold Skor
Susan and John Slater
Sandra and David Smith
Judy and Glenn Smith
Gail and Anthony Sowders
Carolyn Spillane
Diana and Joseph Stal
Marsi and Dennis Stavinoha
Sue and Tom Stewart
Karl Strobl
Kerry Stuckey
Kristine and James Sullivan
Betsy Sullivan
Angela Svetlik
Annette Taylor
Lauren and Brian Temple
Sarah and Roger Thiltgen
John Tornatore
Leonard Tubbs
Patrick and Janie Wagner
Susan Wertanen
Carl Douglas & Kay Lynne Wilson
Gina and Patrick Wolford
Sara and Harry Yates
Amanda and Stephen Zak

PROGRAM HIGHLIGHTS

Emergency Basic Needs

- The Emergency Basic Needs program provided client services to 8,682 individuals and 14,852 family members.
- Assisted 421 clients with rental and mortgage assistance, totaling \$779,724.
- Over \$25,000 in utility assistance was granted to 73 clients.
- Through NAM's Back-to-School project, 300 children received school supplies.

Joanne Watford Nutrition Center

- Safely provided nutritious groceries, including fresh produce, meat and dairy to 13,613 individuals. Many of these clients were new.
- Through its partnership with Common Market, the Joanne Watford Nutrition Center furnished over 4,000 fresh food boxes to 2,850 clients.
- The Joanne Watford Nutrition Center in partnership with the Houston Food Bank, hosted drive-thru food distributions serving 652 families and 109 low-income seniors.
- Thanksgiving and Holiday meals were given to 1,579 families.

Meals on Wheels

- Meals on Wheels delivered a total of 242,294 nutritious meals for 1,192 homebound seniors and disabled individuals within NAM's 24 zip codes, which were delivered by 700 dedicated volunteers.
- Over 140 individuals received monthly grocery deliveries and Saturday frozen meals.
- 6,293 fresh boxes of vegetables and fruits were provided through our partnership with Common Market.
- As prescribed by their physicians, 106 seniors received weekly nutritional supplements.
- Homebound seniors' companion animals were provided pet food and pet supplies, which were donated by the Houston Humane Society.

Family Violence Center

- NAM's Family Violence Center assisted 399 survivors, providing 74,280 services including crisis intervention, safety planning, case management, information and referrals, access to shelter, emergency transportation, client advocacy, and legal advocacy.
- Through economic stability funding, clients were assisted with rent, utilities, and childcare totaling \$95,281.
- A total of 5,479 phone calls were answered on the 24-hour hotline from victims in crisis or individuals seeking help.
- Youth violence prevention education was provided in five area school districts: Klein, Aldine, Cy-fair, Tomball and Spring. Presentations or awareness events were presented to 1,530 individuals in the community.
- A total of 778 counseling sessions were provided to adults and children, in both English and Spanish.
- Through a program offered by Ring, 60 clients were supplied with Ring cameras, providing vital safety and security.
- The Family Violence Center assisted 63 clients with obtaining a protective order through the Harris County District Attorney's Office.

Housing Homeless Services

- NAM's Housing Homeless Services provided assistance to 207 families. Through government grants, these families received extensive aid, including case management, rent/utilities support, housing placement, financial education, and essential items totaling over \$ 911,193, ensuring stability by covering payments 781 times in the year.

PROGRAMS HIGHLIGHTS CONT.

Veterans Services

- NAM's Veterans Services provided assistance to 57 families. Through veterans funding, these families received extensive aid, including case management, rent/utilities support, housing placement, financial education, and essential items totaling \$124,000, ensuring stability by covering payments 75 times in the year.

Learning & Vocational Training Center

- Financial education, training, and coaching services were provided to 221 adults.
- Through collaborative efforts with the Harris County Department of Education (HCDE), another 3,180 students were engaged, enabling their enrollment in GED and ESL classes through NAM's facilities, referrals, and marketing initiatives.
- 68 scholarships were granted, aiding 40 individuals in securing employment and supporting 35 others in skill enhancement.
- NAM joined forces with WorkTexas to organize two job fairs, collectively serving around 700 participants, with an average of 23 employers present at each event.

Young at Heart Senior Center

- A total of 203 seniors were served and participated in 5,065 virtual and in-person activities (physical fitness, dance, French language and wellness classes).
- The 60+ Café congregate meal program served 4,768 hot meals and furnished 2,511 rides to the Young at Heart Senior Center.

Behavioral Health Center

- Over 2,500 hours of direct client-therapist interface, based on a 50-minute clinical hour, were provided to 138 adults, 32 adolescents, 37 children, and 153 families. Counseling services were delivered by licensed and masters level therapists, either in-person and/or via Telehealth using a secure client portal. Clinical services were offered in English, Spanish, Arabic, and Vietnamese.
- The program supported community mental health through conferences, workshops, presentations and community events at churches and local school districts, presenting on topics such as anxiety, depression, bullying, and parenting.
- A weekly Child Yoga class was facilitated to help children learn mindfulness, emotional regulation, and focusing and concentration skills, while also promoting wellness, improved mood, and positive mental health outcomes.
- Through its partnership with Santa Maria Hostel, a Parenting Skills group for Spanish-speaking parents was offered.

NAM Resale Shop

- 707 individuals were provided with client vouchers to get essential items from the resale shop.
- Through its partnership with Moving Waters, the resale shop provided clothing to 534 homeless clients.

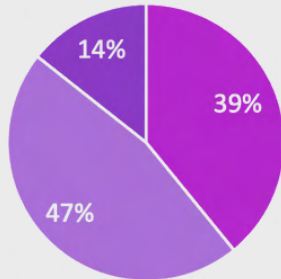
Partnerships & Collaborations

- Through numerous collaborations and partnerships, 634 individuals received a variety of services on-site at NAM.

Volunteers

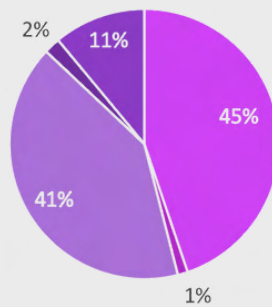
- Over 3,000 dedicated volunteers contributed 51,410 hours of service.

2022-2023 DEMOGRAPHICS



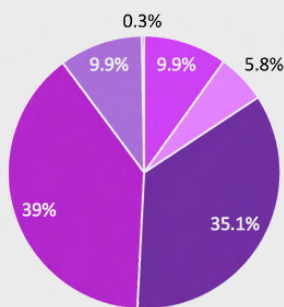
AGE

19-59.....	47%
0-18.....	39%
60-Over.....	14%



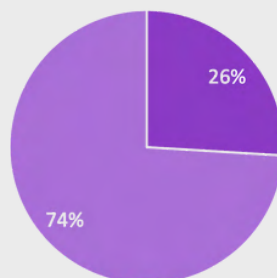
RACE

Hispanic.....	45%
Black.....	41%
White.....	11%
Other.....	2%
Asian.....	1%



EMPLOYMENT STATUS

Child Under 18.....	39%
Unemployed.....	35.1%
Retired.....	9.9%
Full Time.....	9.9%
Part Time.....	5.8%
Prefer not to say.....	0.3%



POVERTY LEVEL

Yes.....	74%
No.....	26%

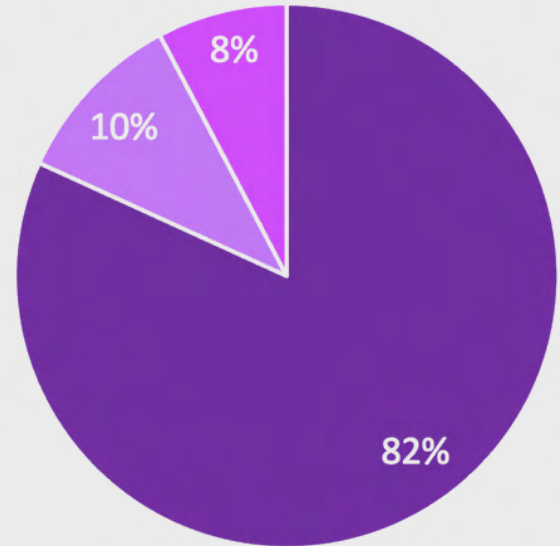
2022-2023

FINANCIALS

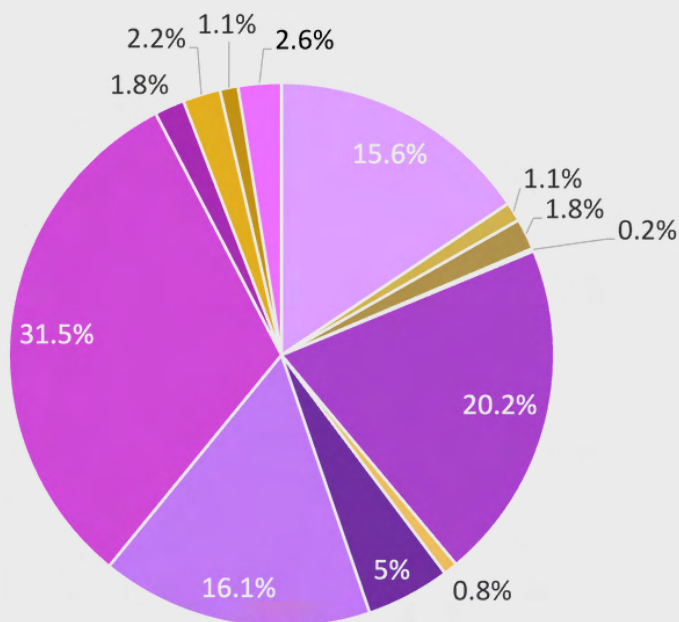
Consolidated Statement of Activities for the Twelve Months Ended 9/30/23 (unaudited)

- Program Services.....82%
- Management and General.....10%
- Fundraising and Development.....8%

**TOTAL EXPENSES:
\$11,771,116**



**TOTAL SUPPORT & REVENUES:
\$11,328,040**



- Government Grants.....31.5%
- Foundations.....20.2%
- In-Kind Contributions.....16.1%
- Individuals.....15.6%
- Volunteer Hours.....5%
- Investment Returns.....2.6%
- Rental Income.....2.2%
- Sales.....1.8%
- Corporations.....1.8%
- Miscellaneous Income.....1.1%
- Congregations.....1.1%
- Fee Income.....0.8%
- Community & Civic Groups.....0.2%

