



WHAT IS BLACK AUGUST?



Black August was born behind prison walls. Seeded in the resistance of incarcerated freedom fighters in California and carried forward across the world. It is a commitment.

All month long, we study. We fast. We train. We remember!

We move with militant love for the ones who came before, the ones still locked down, and the ones building what comes next.

This is a time to honor political prisoners, sharpen our bodies and minds, and recommit to building a world where all Black people breathe free.

Below, you'll find gatherings that turn remembrance into action. Choose the spaces that feed your spirit and bring a friend. None of us walks this path alone.

HONORING FREEDOM FIGHTERS & BUILDING ANALYSIS

FREEDOM FIGHTERS & BUILDING ANALYSIS



We center community wellness as a necessary part of liberation in July. Healing together means sharing space, breath, and care. We can strengthen our individual resilience and the collective power we need to thrive.

Hybrid Community Study

Every Wed · Aug 6, 13, 20, 27 · 7-9 PM · BWWC

Immerse yourself in this four-week, in-person, real talk exchange. We'll be digging into Black August Resistance: The Fight Against Medical Genocide. From forced sterilization behind prison walls to the people's clinics that fought back. Bring your questions, your hunger for truth, and your

fast; we're breaking bread together each week. 🍌 [\[Register now\]](#)

National Black August Friday School

Aug 1, 8, 15, 22, 29 · 7-8:30 PM (Virtual)

Martin Luther King Grassroots Movement is gracing us with a five-week deep dive into the origins of Black August, the legacy of Dr. Mutulu Shakur, and the global fight against fascism. You can be new to the struggle or knee-deep in the work, pull up and sharpen your tools. Take notes, bring your crew, and stay curious. 🍌 [\[Register now\]](#)

Movie Night – The Black Power Mixtape 1967-1975

Fri Aug 15 · 6 PM · BWWC

DCAARP is cultivating culture. Come through for free food, a powerful documentary, and a post-film circle where we link yesterday's lessons to today's frontline fights. Film starts at 6:30 PM sharp! Seats will go quickly! 🍌 [\[Learn more\]](#)

D.C. CurbFest for Political Prisoners

Sun Aug 31 · 1-6 PM · BWWC

Join us in closing out Black August with a joyful uprising of music, capoeira, teach-ins, and community love all calling to Free Them All. This is celebration and commitment. Pull up with lawn chairs, your appetite, and your fire for freedom. 🍌 [\[Join the protest\]](#)

HEALING, MOVEMENT & YOUTH POWER



We center community wellness as a necessary part of liberation in July. Healing together means sharing space, breath, and care. We can strengthen our individual resilience and the collective power we need to thrive.

Universal Women's Weekend

Aug 8-10 · BWWC

Hosted by Universal Capoeira Angola Center & MXGM-DC

Immerse yourself in a full weekend of capoeira, self-defense, dance, and the unity of sisterhood liberty. All ages. All levels. All love. Come stretch, sweat, and connect with yourself, the community,

and the long line of women warriors who move with purpose. Lunch served daily.  [\[Register here\]](#)

Humanity 360 Summer Wellness Camp (Boys 10-17)

Aug 11-15 · 8 AM-5 PM · BWWC

15 spots. 5 days. A transformative space for young Black boys to breathe, write, move, and honor themselves as King's. From mindfulness to journaling to movement and brotherhood; this is about inner strength and outer power. Scholarships available.

 [\[Sign up now\]](#)

Harriet Tubman Hike

Sat Aug 23 · 9 AM-12 PM · Sandy Springs, MD

Walk the land, feel the spirit, and train your body for freedom. This guided hike along the Underground Railroad Experience Trail dives into stories of survival. We'll provide water, PPE, and history you'll carry forward. Don't let this moment pass you by.  [\[RSVP here\]](#)

ORGANIZING & LEADERSHIP SPACES

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HFA DC Circle – Black August Edition

Sat Aug 9 · 10:30 AM-1 PM · BWWC

This month, we're naming what's real: the challenges and opportunities inside our current building-level fights and how we transform burnout into collective power. Tenant leaders across the city are gathering to swap strategy, ground in what's working, and lean on each other. We're all about building deep community.

Childcare and rides are available. Brunch on us. Bring your whole floor. Bring your voice. 🍌

[\[RSVP here\]](#)

Right to Resources Committee

Tuesday, August 12 from 6:30 to 7:30 PM · Zoom

Immerse yourself in this four-week, in-person, real talk exchange. We'll be digging into Black August Resistance: The Fight Against Medical Genocide. From forced sterilization behind prison walls to the people's clinics that fought back. Bring your questions, your hunger for truth, and your fast; we're breaking bread together each week. 🍌 [\[RSVP here\]](#)

LEAP #3: People Power + Cooperative Economics = Liberation

Jour ney

Sat Aug 23 · 4-7 PM · BWWC

We're back in full swing for Session #3 of our LEAP series, and this one is all about Cooperatives. Because we believe liberation is not just resistance, it's creation. Cooperatives are one of the most powerful tools we've got to practice people power, community autonomy, and interdependence. Whether you're new to co-ops or dreaming up your own, this session will help you map it out, build with others, and see how we lean on each other to establish what we need together. Snacks, childcare, and supplies provided. Bring your vision. Email Poncho@onedconline.org to attend:



BWWC Advisory Committee

Mon Aug 25 · 5:30-6:30 PM · Zoom

Our center, our say. This is your chance to shape the future of the Black Workers & Wellness Center. From open hours to what we build next. No titles required, just your time and voice. ❤️

[\[RSVP here\]](#)

AUGUST AT A GLANCE

Date & Time Event @ Location / CTA

Aug 8-10 · All Day Universal Women's Weekend @ BWWC · [Register](#)

Aug 8 · 7 PM Nat'l Black August Friday School (virtual) · [RSVP](#)

Aug 9 · 10:30 AM HFA DC Circle @ BWWC · [RSVP](#)

Aug 11-15 · 8 AM Humanity 360 Boys' Camp @ BWWC · [Sign Up](#)

Aug 12 · 6:30 PM Right to Resources Committee @ Zoom · [Join](#)

Aug 13 · 7 PM Community Study Pt 2 @ BWWC · [Register](#)

Aug 15 · 6 PM *Black Power Mixtape* Film Night @ BWWC · [Learn more](#)

Aug 15 · 7 PM Nat'l Black August Friday School (virtual) · [RSVP](#)

Aug 20 · 7 PM Community Study Pt 3 @ BWWC · [Register](#)

Aug 22 · 7 PM Nat'l Black August Friday School (virtual) · [RSVP](#)

Aug 23 · 9 AM Harriet Tubman Hike @ Sandy Springs · [RSVP](#)

Aug 23 · 4 PM LEAP #3 @ BWWC · Email poncho@onedconline.org

Aug 25 · 5:30 PM BWWC Advisory Committee @ Zoom · [RSVP](#)

Aug 27 · 7 PM Community Study Pt 4 @ BWWC · [Register](#)

Aug 29 · 7 PM Nat'l Black August Friday School (virtual) · [RSVP](#)

Aug 31 · 1 PM D.C. CurbFest for Political Prisoners @ BWWC · [Join](#)

SHARE OUR SPACE



**BLACK
WORKER &
WELLNESS
CENTER
SPACE USAGE**

Our Black Workers & Wellness Center is more than a venue—it's a hub for radical ideas, community empowerment, and shared leadership. The space is available for workshops, outreach events, health & wellness sessions, and more.

How to book: Visit our [webpage](#) to fill out the short space usage form or call **202-902-3944** and speak with Poncho.

Sliding Scale Fees: We work to ensure financial barriers don't stop important organizing efforts.

Plan Ahead: Please book at least 21 days in advance. See our [Events Calendar](#) for current availability.

STAY CONNECTED

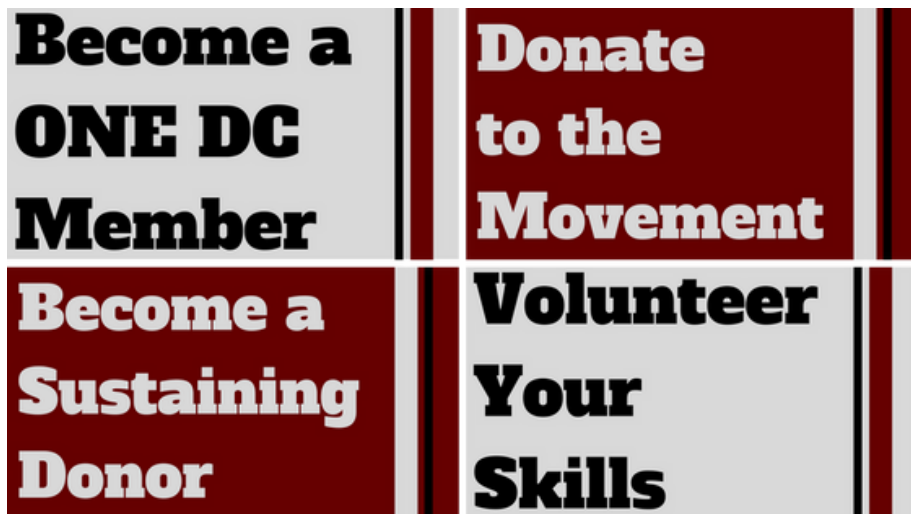
Write, Edit, or Design for ONE DC: Interested in contributing your skills to future newsletters?

Email organizer@onedconline.org.

Follow Us: Keep up with ONE DC on [Instagram](#), [Twitter](#) or [Facebook](#).

Black August is not just a memorial, it's a mandate. Study, train, organize, and celebrate with us. Together we remember, resist, and rebuild.

With revolutionary love,
The ONE DC Team



ONE DC · PO Box 26049, Washington, DC20001, United States

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