



PILOT MENTAL HEALTH CAMPAIGN

MISSION

To promote aeromedical reform by becoming the leading source of aviation mental health advocacy, education, and research

VISION

An aeromedical system in which all members of the aviation community are able to access quality mental health care without fear of consequences.

GOALS

Expand Advocacy Infrastructure and Impact

- Successfully pass legislation that aligns with the ARC
- Expand relationships with key stakeholders in the federal administration
- Expand relationships with members of both houses of congress
- Empower PMHC membership for local-level advocacy
- Craft position papers and amicus briefs for proposed aeromedical-related legislation
- Strengthen and lead a coalition of aviation and mental health organizations

Develop Mental Health Education and Training Efforts

- Launch a certified continuing education certificate for mental health clinicians
- Present at major aviation, mental health, and medical conferences and events
- Develop education initiatives that reduce stigma for all aviation stakeholders

Implement a System to Support and Communicate Aviation Mental Health Research

- Publish white-papers that achieve broad recognition
- Establish relationships with major news networks
- Develop a publicly accessible repository of applicable research studies
- Host pilot mental health research symposium
- Participate as a contributor, sponsor, or co-author on published peer-reviewed scientific articles

Strengthen Organizational Development and Sustainability

- Establish a partner 501c3
- Establish a volunteer development and mentorship program
- Create and implement finance plan that diversifies funding
- Solidify board bylaws and organizational policies and procedures
- Build and implement consistent committee structure
- Maintain monthly communication with all stakeholders
- Utilize diversified funding offer compensation to key members of the Executive Team

2025-2028 Strategic Plan

SUCCESS IN 2024 - 2025

Our first year of advocacy has culminated in the passage of the **Mental Health in Aviation Act** out of the **Transportation and Infrastructure committee** in the United States House of Representatives.

VALUES

We believe in and advocate for:



focus on pilots' health and wellbeing



inclusion in aviation



transparency in bureaucracy



evidence-backed medical policies

GET IN TOUCH WITH PMHC

CHRIS FINLAYSON
EXECUTIVE DIRECTOR
CHRIS@PMHC.ORG
(402) 290-5179