

Project Find Locations

CLINTON: 530 WEST 55TH ST.

(212-757-2026)

MONDAY - FRIDAY

9:00AM - 5:00PM

LUNCH: 12:00PM - 1:00PM

HAMILTON: 141 WEST 73RD ST.

(212-787-7710)

MONDAY - FRIDAY

9:00AM - 6:00PM

LUNCH: 11:00AM-12:30PM

DINNER: 3:30PM-5:00PM

SUNDAY - 9:00AM-5:00PM -

LUNCH SERVED ONLY

WOODSTOCK: 127 WEST 43RD ST.

(212-575-0693)

MONDAY - SATURDAY

8:00AM - 4:00PM

BREAKFAST: 8:30AM - 10:00AM

LUNCH: 12:00PM - 1:30PM



COFFEEHOUSE OLDER ADULT CENTER

MARCH 2026

Weekly CALENDAR

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 A.M.	COMPUTER LAB	COMPUTER LAB	COMPUTER LAB	COMPUTER LAB	COMPUTER LAB
9:30 A.M.		FILM CLUB	CHAIR YOGA		
10:00 A.M.					
10:30 A.M.	ZUMBA GOLD		LINE DANCING	JAZZERCISE	SELF DEFENSE
11:00 A.M.					
11:30 A.M.					
12:00 P.M.					
12:30 P.M.					
1:00 P.M.				JEWELRY MAKING	

Announcements

COFFEEHOUSE OLDER ADULT CENTER WILL BE CLOSED ON TUESDAY, MARCH 17TH.

COFFEEHOUSE OLDER ADULT CENTER WILL HAVE ITS GENERAL MEMBERSHIP MEETING ON MONDAY, MARCH 9TH.

COFFEEHOUSE OLDER ADULT CENTER IS LAUNCHING A SENIOR ADVISORY COUNCIL. THE FIRST MEETING WILL BE HELD AFTER THE GENERAL MEMBERSHIP MEETING. IF YOU WOULD LIKE TO JOIN THE COUNCIL, PLEASE SPEAK WITH THE PROGRAM COORDINATOR.

JEWELRY MAKING WILL BE HELD ONLY ON THURSDAY THE 5TH AND THURSDAY THE 19TH.

SELF DEFENSE WILL BE HELD ONLY ON FRIDAY THE 20TH AND FRIDAY THE 27TH.

Events

TRAFFIC SAFETY WORKSHOP
TUESDAY, MARCH 3RD AT 11:00 A.M.

URGENT WAY MEDICAL CENTER HEALTH SCREENINGS
FRIDAY, MARCH 13TH AT 10:00 A.M.

METRO PLUS HEALTH INSURANCE PRESENTATION
FRIDAY, MARCH 20TH AT 11:00 A.M.

URGENT WAY MEDICAL CENTER HEALTH SCREENINGS
FRIDAY, MARCH 27TH AT 10:00 A.M.

Events in April

BOWLING AT LUCKY STRIKE - WEDNESDAY, APRIL 15TH

THE LION KING ON BROADWAY - WEDNESDAY, APRIL 29TH

Registration Policy

OLDER ADULTS 60 YEARS OF AGE AND ABOVE ARE ENCOURAGED TO REGISTER FOR MEMBERSHIP. MEMBERSHIP ALLOWS YOU TO PARTICIPATE IN ALL PROGRAMS AND SERVICES WITHOUT PAUSE. IF YOU DO NOT REGISTER FOR MEMBERSHIP TWO WEEKS AFTER THE DATE OF YOUR INITIAL VISIT, YOU WILL BE PROHIBITED FROM PARTICIPATING IN ALL CLASSES OR SERVICES, ONSITE AND VIRTUALLY, EXCEPT FOR MEALS AND INFORMATION AND REFERRAL SERVICES. THIS IS A MANDATE FROM OUR FUNDER, NYC DEPARTMENT FOR THE AGING.

PROJECT FIND OLDER ADULT CENTERS REQUIRE THAT ELIGIBLE PERSON PROVIDE AT MINIMUM: FIRST AND LAST NAME, DATE OF BIRTH (DOB), AND ONE EMERGENCY CONTACT. PROOF OF AGE IS REQUIRED; HOWEVER, ELIGIBLE PERSONS THAT DO NOT HAVE PROPER IDENTIFICATION WITH DOB MAY SIGN A DECLARATION OF AGE FORM.

Social Worker's Corner

646-545-4621 ext. 320

LUIS GONZALEZ CAN PROVIDE ASSISTANCE WITH SCRIE AND DRIE, SNAP, LEGAL ASSISTANCE, HOUSING ISSUES, MEDICAL ISSUES, SSI, MEDICAL ADVANTAGE, AND MEDICARE SAVINGS PROGRAM.

Staff

PROGRAM DIRECTOR - KAREN O'SAVIO

PROGRAM COORDINATOR - LEILANI PIGATT

PROGRAM ASSISTANT - MARVIN MAGTALAS

SOCIAL WORKER - LUIS GONZALEZ

FOOD SERVICE MANAGER - TYEISHA ROBINSON

COOK -

SECOND COOK - MARIA MARTE

KITCHEN AID - EUNICE ALVEREZ

MAINTENANCE - WILFREDO RIVERA

MARCH 2026

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>CORN MUFFIN CREAMY APPLE-RAISIN OATMEAL HOMEMADE TURKEY BREAKFAST SAUSAGE PATTY NECTARINE GRAPE JUICE</p>	<p>3</p> <p>HARD BOILED EGG HOME FRIES WITH PEPPERS AND ONIONS OATMEAL WATERMELON ORANGE JUICE</p>	<p>4</p> <p>CHEERIOS WHOLE WHEAT ENGLISH MUFFIN PIZZAS CANTALOUPE ORANGE PINEAPPLE JUICE</p>	<p>5</p> <p>BRAN MUFFIN CREAM OF WHEAT HOMEMADE PORK BREAKFAST SAUSAGE PATTY STRAWBERRIES APPLE JUICE</p>	<p>6</p> <p>WHOLE WHEAT BREAD WHOLE WHEAT BREAKFAST BURRITO WITH TURKEY FRUITED JELLO MANGO PINEAPPLE JUICE</p>
<p>9</p> <p>APPLE PANCAKES HOMEMADE TURKEY BREAKFAST SAUSAGE PATTY PEACH GRAPE JUICE</p>	<p>10</p> <p>ENGLISH MUFFIN, WHOLE WHEAT HOMEMADE PORK BREAKFAST SAUSAGE PATTY OATMEAL ORANGE JUICE</p>	<p>11</p> <p>BRAN FLAKES CEREAL SPINACH MOZZARELLA QUICHE FRUIT SALAD YOGURT PARFAIT WITH STRAWBERRIES APPLE JUICE</p>	<p>12</p> <p>CHEESY GRITS SALMON CAKES PLUMS ORANGE PINEAPPLE JUICE</p>	<p>13</p> <p>GRILLED MOZZARELLA AND TOMATO SANDWICH RAISIN BRAN CEREAL HONEYDEW GRAPE JUICE</p>
<p>16</p> <p>OATMEAL WHOLE WHEAT GRILLED CHEESE SANDWICH CANTALOUPE ORANGE PINEAPPLE JUICE</p>	<p>17</p> <p>CLOSED</p>	<p>18</p> <p>BAKED BREADED CHICKEN CUTLET CINNAMON FRENCH TOAST OATMEAL GRAPES PINEAPPLE JUICE</p>	<p>19</p> <p>STEWED CODFISH WHOLE WHEAT BREAD YUCA WITH ONIONS BANANA APPLE JUICE</p>	<p>20</p> <p>MULTIGRAIN CHEERIOS OMELETTE WITH SPINACH AND PARMESAN CHEESE PUMPKIN MUFFINS ORANGE JUICE</p>
<p>23</p> <p>BAKED BREADED CHICKEN CUTLET OATMEAL WAFFLES HONEYDEW ORANGE JUICE</p>	<p>24</p> <p>EGG ALA MEXICANA ENGLISH MUFFIN, WHOLE WHEAT MULTIGRAIN CHEERIOS APPLE GRAPE JUICE</p>	<p>25</p> <p>GRITS HOME FRIES WITH PEPPERS AND ONIONS HOMEMADE TURKEY BREAKFAST SAUSAGE PATTY PEAR ORANGE PINEAPPLE JUICE</p>	<p>26</p> <p>BRAN FLAKES CEREAL WHOLE WHEAT MINI BAGEL CANNED PINEAPPLE APPLE JUICE</p>	<p>27</p> <p>CORNMEAL PORRIDGE HOMEMADE ITALIAN PORK SAUSAGE PATTY MINI CROISSANT BANANA PINEAPPLE JUICE</p>
<p>30</p> <p>CHEESY GRITS SCRAMBLED EGGS WITH SWISS TOASTED OATS CEREAL CANNED SLICE PEACHES GRAPE JUICE</p>	<p>31</p> <p>GRITS OMELETTE WITH PEPPERS AND ONIONS WHOLE WHEAT BREAD ORANGE APPLE JUICE</p>			

MARCH 2026

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>BRIGHT AND LEMONY STEWED WHITE BEANS WITH CARROTS AND SPINACH BOWTIE PASTA BROCCOLI AND RED PEPPERS CANTALOUPE</p>	<p>3</p> <p>CARIBBEAN STYLE BBQ CHICKEN BAKED POTATO WHOLE WHEAT BREAD COLLARD GREENS WITH TOMATO ORANGE</p>	<p>4</p> <p>CARNE GUISADA BROWN RICE WHOLE WHEAT BREAD PRINCE EDWARD BLEND VEGETABLES FRUIT COCKTAIL</p>	<p>5</p> <p>SWEET AND SOUR PORK CHOPS OR ITALIAN ROAST CHICKEN BAKED SWEET POTATO ORIENTAL BLEND VEGETABLES PEAR</p>	<p>6</p> <p>STEWED CODFISH WHOLE WHEAT BREAD YUCA WITH ONIONS ITALIAN BLEND VEGETABLES BANANA</p>
<p>9</p> <p>BBQ CHICKEN LEG QUARTERS BAKED MACARONI AND CHEESE WHOLE WHEAT BREAD CALIFORNIA BLEND VEGETABLES KIWI</p>	<p>10</p> <p>SOUTHWESTERN BLACK BEAN FAJITAS BROWN RICE WHOLE WHEAT BREAD PRINCE EDWARD BLEND VEGETABLES ORANGE</p>	<p>11</p> <p>BAKED FLOUNDER BAKED SWEET POTATO WHOLE WHEAT BREAD VEGETABLE MIX CANNED PEARS</p>	<p>12</p> <p>DELUXE CHEESEBURGER WITH ONIONS WHOLE WHEAT HAMBURGER BUN TOSSED SALAD WITH DRESSING CANTALOUPE</p>	<p>13</p> <p>BAKED BREADED PORK CHOPS OR SPANISH STYLE BAKED CHICKEN YELLOW RICE CAPRI BLEND VEGETABLES APPLE</p>
<p>16</p> <p>LEMONY CHICKPEA AND KALE STIR FRY BROWN RICE WHOLE WHEAT BREAD CALIFORNIA BLEND VEGETABLES STRAWBERRIES</p>	<p>17</p> <p>CLOSED</p>	<p>18</p> <p>BAKED FISH WITH GARLIC SAUCE COUSCOUS WITH PEAS AND LEMON WHOLE WHEAT BREAD COLLARD GREENS WITH TOMATO CANNED PINEAPPLE</p>	<p>19</p> <p>CHICKEN JAMBALAYA WITH BROWN RICE WHOLE WHEAT BREAD CAPRI BLEND VEGETABLES HONEY DEW</p>	<p>20</p> <p>BEEF POT ROAST INSTANT MASHED POTATOES WHOLE WHEAT BREAD NORMANDY BLEND ORANGE</p>
<p>23</p> <p>BEEF AND BROCCOLI VEGETABLE LOMEIN WHOLE WHEAT BREAD CALIFORNIA BLEND VEGETABLES BANANA</p>	<p>24</p> <p>PORK SPARERIBS OR CHICKEN CACCIATORE BAKED SWEET POTATO WHOLE WHEAT BREAD ITALIAN BLEND VEGETABLES PLUM</p>	<p>25</p> <p>ANNES LEMON GARLIC SAUCE LEMON GARLIC BAKED FISH BOWTIE PASTA NORMANDY BLEND WATERMELON</p>	<p>26</p> <p>SMOKEY BLACK BEAN & SWEET POTATO CHILI GARLIC BREAD ROASTED VEGETABLE COUSCOUS BABY SPINACH SALAD WITH LEMON VINAIGRETTE TANGERINES</p>	<p>27</p> <p>BAKED TURKEY WINGS BROWN RICE WITH BLACK BEANS WHOLE WHEAT BREAD CAPRI BLEND VEGETABLES HONEYDEW</p>
<p>30</p> <p>CHIPOTLE BEAN AND VEGGIE CHILI WHITE RICE WHOLE WHEAT BREAD BROCCOLI AND RED PEPPERS ORANGE</p>	<p>31</p> <p>BAKED PORK CHOPS OR GRILLED CHICKEN BREAST GARLIC MASHED POTATOES CAPRI BLEND VEGETABLES GRAPES</p>			