Project FIND Woodstock Senior Center
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HOURS OF OPERATION:

Tuesday - Sunday 8:30 AM - 5:00 PM
COMPUTER LAB OPEN DAILY EXCEPT DURING COMPUTER CLASSES
AM Session 9:00 AM—12:00 PM and PM Session 1:30 PM—4:00 PM
TV 8:30 AM - 4:30 PM (except during special events)

Activities/Special Events

Classes Subject to Change

March 2019

Funded Under Contract with the NYC Department for the Aging

TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
						1		2		3	
Time	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**
						10:15	French Words & Phrases	11:00	Zumba Gold w/ Dayle	10:00	Computer Lab - Leader
						10:00	Su-Casa Presents Radio Theater	11:30	Gifted Hands Crafts w/ Bill	1:30	Trivia w/ Maggie
						1:30	Social Afternoon w/ Evelyn	1:30	Line Dance w/ Abbey	2:00	Art Class w/ Steven
						1:30	Computer Class/Jason	2:00	Saturday Jamboree	2:00	Salsa w/ Diana
								3:00	Dancing w/ Chenal		
5		6		7		8		9		10	
Time	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**
10:00	Computer Lab Leader	11:00	Current Events w/ Evelyn	10:00	Computer Lab Leader	10:15	French Words & Phrases	11:00	Zumba Gold w/ Dayle	10:00	Computer Lab - Leader
10:15	French Words & Phrases	**12:00**	**Nutrition Education: Managing**	10:15	Documentary Series:	10:00	Su-Casa Presents Radio Theater	**11:30**	**Gifted Hands Crafts w/ Bill**	1:30	Trivia w/ Maggie
1:30	**Name that Tune**		**Diabetes with a Healthy Diet**		What Happened, Miss Simone?	**11:00**	**Keep on Track - Blood Pressure**	1:30	Line Dance w/ Abbey	2:00	Art Class w/ Steven
1:30	Women Month Celebration	**1:30**	**Tech Talk w/ Evelyn**	1:30	SSI Workshop w/ Laurell	1:30	Social Afternoon w/ Evelyn	2:00	Saturday Jamboree	2:00	Salsa w/ Diana
1:30	Gardening w/ Catherine	**1:45**	**Poetry Group w/ Maggie**			1:30	Computer Class/Jason	3:00	Dancing w/ Chenal		
3:00	Art Through Music										
12		13		14		15		16		17	
Time	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**
10:00	Computer Lab Leader	11:00	Current Events w/ Evelyn	10:00	Computer Lab Leader	10:15	French Words & Phrases	11:00	Zumba Gold w/ Dayle	10:00	Computer Lab - Leader
10:15	French Words & Phrases	**1:00**	**Walk with Ease**	10:15	Documentary Series:	10:00	Su-Casa Presents Radio Theater	12:00	St. Patrick Celebration	1:30	Trivia w/ Maggie
11:30	**Wellness Workshop w/ Evelyn**	**1:30**	**Tech Talk w/ Evelyn**		Whitney	**11:00**	**Keep on Track - Blood Pressure**	1:30	Line Dance w/ Abbey	2:00	Art Class w/ Steven
	Kidney Awareness	**1:45**	**Poetry Group w/ Maggie**	**12:00**	**Birthday Party**	1:30	Social Afternoon w/ Evelyn	2:00	Saturday Jamboree	2:00	Salsa w/ Diana
1:30	**Name that Tune**					1:30	Computer Class/Jason	3:00	Dancing w/ Chenal		
1:30	Gardening w/ Catherine										
19		20		21			22	23		24	
Time	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**
10:00	Computer Lab Leader	11:00	Current Events w/ Evelyn	10:00	Computer Lab Leader	10:15	French Words & Phrases	11:00	Zumba Gold w/ Dayle	10:00	Computer Lab - Leader
10:15	French Words & Phrases	**1:00**	**Walk with Ease**	10:15	Documentary Series:	10:00	Su-Casa Presents Radio Theater	11:00	Piano Lesson with Koji	1:30	Trivia w/ Maggie
1:30	**Name that Tune**	**1:30**	**Tech Talk w/ Evelyn**		Suffragette	1:30	Social Afternoon w/ Evelyn	11:30	Gifted Hands Crafts w/ Bill	2:00	Art Class w/ Steven
1:30	Gardening w/ Catherine	**1:45**	**Poetry Group w/ Maggie**	1:30	Medicare Workshop w/ Laurell	1:30	Computer Class/Jason	1:30	Line Dance w/ Abbey	2:00	Salsa w/ Diana
3:00	Art Through Music							2:00	Dancing w/ Chenal		
26		27		28		29		30		31	
Time	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**	**Time**	**Activity**
10:00	Computer Lab Leader	10:00	Computer Class w/ Evelyn	10:00	Computer Lab Leader	10:15	French Words & Phrases	11:00	Zumba Gold w/ Dayle	**11:00**	**Manicures by Glamour Girls**
10:15	French Words & Phrases	11:00	Current Events w/ Evelyn	10:15	Documentary Series:	10:00	Su-Casa Presents Radio Theater	11:00	Piano Lesson with Koji	10:00	Computer Lab - Leader
1:30	**Spring Celebration**	**1:00**	**Walk with Ease**		The Hunger Games	1:30	Social Afternoon w/ Evelyn	**12:00**	**Mardi Gras Party**	1:30	Trivia w/ Maggie
1:30	Gardening w/ Catherine	**1:30**	**Tech Talk w/ Evelyn**	2:00	Games w/ Chenal	1:30	Computer Class/Jason	1:30	Town Hall Presents	2:00	Art Class w/ Steven
		1:45	**Poetry Group w/ Maggie**						Decades by Broadway	2:00	Salsa w/ Diana
								2:30	Line Dance w/ Abbey		