PROJECT FIND COFFEEHOUSE PRESSLINE

PHONE: 646-545-4621 FAX: 646-532-2421

Director: Aaron De Broux Food Service Mgr. Nilda Torres Social Worker: Karen O'Savio

Cook: Russell Luke

Second Cook: Maria Marte

Kitchen Aide:

Maintenance: Heriberto Rivera

Program Coordinator: Donna Williams



Center Information

Membership is Free, you must be 60 years old or older Hours of Operation: Monday -Friday 8:00 am-4:00 pm

Breakfast is served every day from 8:30 am- 10:00 am for a Voluntary contribution of \$1.25 Lunch is served every day from 11:30am pm- 1:00 pm for a Voluntary contribution of \$1.75

Project FIND and NYC Department for the Aging strongly caution against taking food from the premises.

Improperly reheated food can cause serious illness.

| Upcoming Events/Trips | Director's Corner |
|---|---|
| Fathers Day Celebration 06/16/2023 Center Closed 06/19/23 | |
| Coffeehouse Corner | |
| Interpreter Services are available if need please speak to the social worker if needed. | Social Worker's Corner Karen O'Savio |
| Project FIND Centers | 646-545-4621 ext: 320 |
| Hamilton- 212-787-7710 141 West 73 Street (Sun-Fri: Lunch, Dinner, Activities) Mon - Fri: 9:00am -6:00pm, Sun - 9:00am - 5:00pm | Monday - Friday 8:00AM - 4:00PM |
| Woodstock- 212-575-0693 | |
| 127 West 43 Street (Tues-Sun: Breakfast, Lunch, Activities) | |
| Tues - Sunday: 8:00am -4:00pm | Karen O'Savio can provide assistance with SCRIE |
| Clinton- 212-757-2026 | and DRIE, SNAP, Medical Issues, Legal Assistance, |
| 530 West 55 Street (Mon-Fri: Lunch and Activities) | SSI, Medicare Savings Program, Medicare |
| Mon - Friday 9:00am- 5:00pm | Advantage, Housing Issues, etc. |
| June 2023 | Website: www.projectfind.org |

COFFEEHOUSE DAC Project FIND 331 W 42nd Street New York NY 10036 (212) 874-0300 ext 212



Project FIND Coffeehouse Older Adult Center 331 West 42nd Street New York, NY 10036 646-545-4621 E-mail: adebroux@projectfind.org

HOURS OF OPERATION:

Monday - Friday 8:00 AM - 4:00 PM

JUNE 2023

Visit our Website at www.projectfind.org Follow us at https://twitter.com/FINDaid
Like us at http://facebook.com/projectfind

Activities/Special Events - Onsite

Funded Under Contract with the NYC Department for the Aging

Due to limited capacity of the center, members must RSVP for classes. See staff to RSVP for the computer lab.

COVID safety distancing and proper mask wearing remain in effect.

| | Monday | | Tuesday | | Wednesday | | Thursday | , | Friday |
|---|---|---|--|--|--|--|--|---|---|
| | | | | | | | 1 | | 2 |
| Time | Activity | Time | Activity | Time | Activity | Time | Activity | Time | Activity |
| | | | | | | 10:30am 12:00pm 1:00pm 2:00pm | Chair Yoga w. Izzy Belly Dancing Class w. Chantal T. Jewelry Making w. Dustee H Leisure Game Hour | 8:30am 10:45am 12:00pm 1:00pm 2:00pm | AM Movie Club Shake Rattle and Roll Basic Computer Course Blood Pressure Screening Leisure Pool Table |
| • | 5 | | 6 | | 7 | | 8 | | 9 |
| Time | Activity | Time | Activity | Time | Activity | Time | Activity | Time | Activity |
| 8:30am 10:30am 11:30am 12:30pm 2:00pm | AM Movie Club Zumba Gold w. Josie O. Bingo w. Eddie H. Basic Computer Course Leisure Pool Table | 10:30am 11:30am 1:00pm 2:00pm | Horticulture Gardening Sing Off Blood Pressure Screening Leisure Game Hour | 8:30am 10:30am 11:30am 1:00pm 2:00pm | AM Movie Club Line Dancing Current Events Art & Creativity w. Sigfrido B. Leisure Pool Table | 10:30am 12:00pm 2:00pm | Chair Yoga w. Izzy Belly Dancing Class w. Chantal T. Leisure Game Hour | 8:30am 10:45am 12:00pm 1:00pm 2:00pm | AM Movie Club Shake Rattle and Roll Basic Computer Course Blood Pressure Screening Leisure Pool Table |
| | 12 | | 13 | | 14 | | 15 | | 16 |
| Time | Activity | Time | Activity | Time | Activity | Time | Activity | Time | Activity |
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| | 19 | | 20 | | 21 | | 22 | | 23 |
| Time | Activity | Time | Activity | Time | Activity | Time | Activity | Time | Activity |
| | Center Closed for Juneteenth | 10:30am 11:30am 12:30pm 1:00pm 2:00pm | Horticulture Gardening Sing Off Natural Care w. Carmen C. Blood Pressure Screening Leisure Game Hour | 8:30am 10:30am 11:30am 2:00pm | AM Movie Club Line Dancing Current Events Leisure Pool Table | 10:3 <mark>0am</mark> 12:00pm 1:00pm 2:00pm | Chair Yoga w. Izzy Belly Dancing Class w. Chantal T. Jewelry Making w. Dustee H Leisure Game Hour | 8:30am 10:45am 12:00pm 1:00pm 2:00pm | AM Movie Club Shake Rattle and Roll Basic Computer Course Blood Pressure Screening Leisure Pool Table |
| I I | 26 | | 27 | | 28 | | 29 | | 30 |
| Time | Activity | Time | Activity | | Activity | | Activity | Time | Activity |
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Breakfast Menu

Breakfast is served Monday to Friday from 8:30am -10:00 am Milk and Bread Served with Meal **JUNE 2023**

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| Marie | | | 1 | 2 |
| | | | Hard Boiled Egg Turkey Bacon Oatmeal (1/2cup) Apple Juice Canned Mandarin Oranges | Egg a la Mexicana Cheesy Grits Whole Wheat Mini Bagel Orange Juice Banana |
| 5 | 6 | 7 | 8 | 9 |
| Plain French Toast (pre-prepared) Veggie Sausage Link (pre-prepared) Oatmeal (1/2 Cup) Orange Pineapple Juice Banana | Hard Boiled Egg Turkey Sausage Link Farina Apple Juice Pear | Grilled Chicken Breast Cheerios Whole Wheat Hamburger Bun Orange Pineapple Juice Sliced Canned Peaches | Whole Wheat English Muffin BLT Bran Flakes Cereal Orange Juice Pear | Omelette with Peppers and Onions Cheesy Home Fries Whole Wheat Bread Apple Juice Banana |
| 12 | 13 | 14 | 15 | 16 |
| Baked Egg Omelette Home Fries with Peppers and onions Orange Juice Apple | Grilled Mozzarella and Tomato Sandwich Bran Flakes Cereal Orange Pineapple Juice Sliced Canned Peaches | Omelette with Peppers and Onions Oatmeal (1/2 cup) Apple Juice Canned Mandarin Oranges | Pancakes (preprepared) Turkey Sausage Patty Cherrios Orange Juice Canned Apricots | Hard Boiled Egg Turkey Bacon Cheesy Grits Orange Pineapple Juice Banana |
| 19 | 20 | 21 | 22 | 23 |
| Center Closed for Juneteenth | Baked Breaded Chicken Cutlet Cheesy Grits Apple Juice Fruit Cocktail | Hard Boiled Egg Turkey Bacon Bran Flakes Cereal Orange Pineapple Juice Banana | Plain French Toast (preprepared) Turkey Sausage Link Farina Apple Juice Canned Apricots | Whole Wheat English Muffin BLT Toasted Oats Cereal Orange Juice Grapefruit |
| 26 | 27 | 28 | 29 | 30 |
| Pancakes (preprepared) Veggie Sausage Link (Preprepared) Oatmeal (1/2cup) Orange Juice Banana | Grilled Mozzarella and Tomato Sandwich Toasted Oats Cereal Apple Juice Sliced Canned Peaches | Plain French Toast (preprepared) Turkey Sausage Link Bran Flakes Cereal Orange Pineapple Juice Apple | Grilled Chicken Breast Cheesy Home Fries English Muffin, Whole Wheat Orange Juice Canned Pineapple | Hard Boiled Egg Turkey Sausage Link Cheesy Grits Orange Pineapple Juice Apple |



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Lunch Menu

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| | | | 1 | 2 |
| | | | BBQ Pulled Pork Baked Macaroni and Cheese Whole Wheat Bread Broccoli and Red Peppers Banana | Baked Salmon Mashed Sweet Potatoes Whole Wheat Bread California Blend Vegetables Canned Pears |
| 5 | 6 | 7 | 8 | 9 |
| Mushroom Barley Soup Quick Coconut Curry with Chickpeas and Spinach Half White Rice Half Quinoa (1cup) Whole Wheat Bread | Arroz con Pollo Chicken Breast and Rice Whole Wheat Bread Broccoli and Red Peppers Pear | Beef and Cheese Lasagna Whole Wheat Bread Baby Carrots with Parsley Apple | Smothered Pork Chops Brown Rice with Pigeon Peas Whole Wheat Bread California Blend Vegetables Pear | Baked Salmon Mashed Sweet Potatoes Whole Wheat Bread California Blend Vegetables Canned Pears |
| 12 | 13 | 14 | 15 | 16 |
| Creamy Vegetable Soup Baked Ziti with Cheese Whole Wheat Bread Sauteed Spinach Apple | BBQ Chicken Baked Red Potato Wedges Whole Wheat Bread Italian Blend Vegetables Orange | Beef and Broccoli Perfect White Rice Whole Wheat Bread California Blend Vegetables Banana | Apricot-Glazed Pork Chops Brown Rice with Kidney Beans Whole Wheat Bread Capri Blend Vegetables Pear | Fathers Day Celebration BBQ Pork Ribs Glazed Salmon Maccoroni and Cheese Collarded Greens Chocolate Cupcakes Chocolate ice cream |
| 19 | 20 | 21 | 22 | 23 |
| Center Closed for Juneteenth | Baked Asian Style Honey Chicken Baked Sweet Potato Whole Wheat Bread Oriental Blend Vegetables Fruit Cocktail | Beef Meatloaf with Mushroom Gravy Parmesan Rosemary Mashed Potatoes Whole Wheat Bread California Blend Vegetables Apple | Smothered Pork Chops Brown Rice With Pigeon Peas Sauteed Spinach Banana | Asain Style White Fish with Cilantro Roasted Spiced Red Potatoes Whole Wheat Bread Italian Blend Vegetables Orange |
| 26 | 27 | 28 | 29 | 30 |
| A Nice Vegetable Soup Pesto Pasta with Broccoli California Blend Vegetables Orange | Baked Chiken Quarters Mashed Sweet Potatoes Collard Greens with Tomato Banana | Chili Con Carne Mexican Confetti Rice Baby Carrots with parsley Pear | Spanish Style Roasted Pork Rice with Chickpeas California Blend Vegetables Apple | Baked Fish with sweet and sour sauce Garlic Mash Potatoes Broccoli and Red Peppers Canned Mandarin Oranges |