

# RAINBOW FAMILIES

## Local Family Catch-Ups

Meeting other rainbow families in your local area is both a lot of fun and helps break through some of the isolation and discrimination LGBTQ+ parents and carers and their children experience.

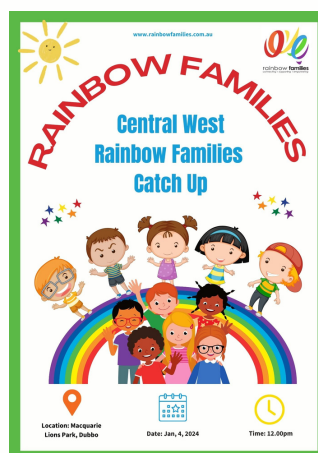
Our catch ups welcome gay dads, lesbian mums, trans/gender diverse parents, and people who became parents through adoption, fostering and surrogacy.

Currently, there are active local catch-ups being organised in Sydney, Blue Mountains, Penrith, Illawarra, Curran's Hill and Macarthur, Newcastle, Port Macquarie, regional NSW and Tasmania - as well as online opportunities to connect via Rainbow Families.

If you are keen to start a social group for your area - get in touch by email at [info@rainbowfamilies.com.au](mailto:info@rainbowfamilies.com.au) and chat with one of our team and check out this [information guide](#) outlining what's involved in coordinating a Rainbow Families event in your area.

And do subscribe to the Rainbow Families newsletter [here](#) and follow Rainbow Families on Facebook and Instagram to stay in the loop with what's happening near you!

**Links to social media tiles and poster to advertise your events below.**



**Social Media Tile:** [Update your event details here through the Canva link.](#)

**Event Poster Template:** [Update your event details here through the Canva link.](#)