

REEF CHECK RUBBISH CHALLENGE

Stare your waste in the face!

REDUCING WASTE IS IMPORTANT FOR OUR OCEANS. In the age of convenient packaging it's easy to produce large amounts of waste in our daily activities. This waste can have lasting effects on our environment, especially toxic plastics that take millions of years to break down. The simple act of reviewing what ends up in our trash can reveal how much waste we really produce and where we need to make more environmentally friendly choices!

A FEW EASY SWAPS CAN REALLY MAKE A DIFFERENCE.

1 COLLECT:

Gather your weekly rubbish before bin day

2 COUNT:

Separate your rubbish into the categories below

3 CUT OUT:

Start swapping your non-recyclables for environmentally friendly alternatives

SOFT PLASTICS

SUCH AS

- PLASTIC FILM
- CHIP PACKETS
- TOOTHPASTE TUBES
- STYROFOAM



HARD PLASTICS

SUCH AS

- TAKEAWAY CONTAINERS
- MILK BOTTLES
- SHAMPOO BOTTLES



GLASS

SUCH AS

- BEVERAGE BOTTLES
- SAUCE BOTTLES
- JARS



METAL

SUCH AS

- TIN CANS
- SOFT DRINK CANS
- ALUMINUM FOIL



PAPER

SUCH AS

- NEWSPAPER
- BROCHURES
- MAGAZINES



FOOD WASTE

SUCH AS

- VEGETABLE SCRAPS
- MEAL LEFTOVERS



WHAT'S YOUR WASTE WEAKNESS?

Figure out where you can make the biggest change and look at alternatives!

WWW.REEFCHECKAUSTRALIA.ORG for more great ideas.

