



pint size PRODUCE

Tufaaxyo!

Buuga: Apple Farmer Annie (Tufaax Beerato Annie)

Agabka:

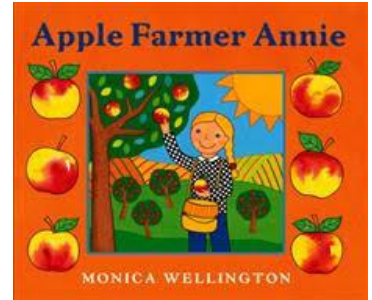
Buugga:

Apple Farmer Annie
(*Tufaax Beerato Annie*)
Ee ay qortay Monica
Wellington

Akhri buugga “Tufaax Beerato Annie”

Waxyaabaha qaar ee la tilmaamayo:

- Geedaha/beerta
- Noocyo kala duwan/midabbada tufaaxa
- Joogsiga suuqa beeraleyda



Dhadhaminta:

- 2-3 nooc oo tufaaxyo maxalliga ah
- Tufaax qode ama mindi
- Looxa wax lagu jarjaro

Halkan ka daawo fiidiyowga cod dheer ku akhrinta Tufaax Beerato Annie:
<https://www.youtube.com/watch?v=gOX4liJsHns&t=8s>

Dhadhamin: Xaleefyo tufaax

Dooro 2-3 nooc oo tufaaxyada maxalliga ah. Ku dar kala duwanaansho cad-cabirka, samayska, iyo midabka Haralson iyo Honeycrisp waxay isbarbar dhigayaan noocyada kala duwan ee kharaarka iyo Noocyo macaan, tusaale ahaan.

Haddii ay suurogal tahay, ku jeexjeex tufaaxa fasalka dhexdiisa. Bixi tufaax dhan si aad ugu gudbisoo fasalka sidoo kale.

Waxqabadka:

- Dhoobada ciyaarta oo gaduud iyo cagaar ah
- Jarayaasha buskud-tufaaxa

Ka dib dhadhaminta iyo isbarbardhigga noocyada kala duwan ee tufaaxa, ka wada hadal:

- Tufaaxyadu ma macaan yihiin mise waa kharaar?
- Jileec mise waa garmash?

Bogogga

Midabaynta:

<http://www.supercoloring.com/coloring-pages/fruits/apples>



Faro ku ciyaarid: Saddex tufaax oo cascas*

Waxaa laga soo qaatay heesta Apple ee Jane Warren

Kor u raac geedka tufaaxa (gacmaha kor u taag)
Saddex tufaax oo cas ayaa ii dhoolla caddeeyay.
(faraha tilmaamaya geesaha afka)
Waan ruxay geedkaas intii karaankayga ah;
(Iska dhigidda inuu ruxayo geedka)
Tufaaxii ayaa soo dhacay
(gacmaha hoos u lulaya)
Mmmm, way fiicnayd!
(duugista Caloosha)

Waxqabadka: Dhoobada Ciyaarta

Carruurta yar-yar gaar ahaan, ka fikir waxqabad is-dhexgal ah halkii uu ka ahaan lahaa buug. Hal suurtagal: dhoobada ciyaarta! Samee dhoobada ciyaarta oo casaan iyo cagaar ah, kana hadal midabka iyo qaabka tufaaxa. Bixi jarjarayaasha buskudka ama qaabab si aad ugu riixdo dhoobada - tufaaxyo, xarafka A, geedaha, iwm. Carruurta waaweyn sidoo kale waxay samayn karaan kubad 'tufaax ah' ama dirxi 'jirid'.

Samaynta dhoobada ciyaarta:

3 koob oo bur ah

1-1/2 fur oo milix ah

3 koob oo biyo ah

2 Qaadada miiska oo saliidda kariska ah

1 Qaadada miiska oo ah Qaadada oo ah kareemka

tartar-ka

midabaynta cuntada

Isugugee dhammaan walxaha marka laga reebo midabaynta cuntada digsi. Ku kari kuleyl hooseeya, adigoo si joogto ah ugu walaaqaya qaaddo adag, ilaa cajiin uu ka soo baxayo dhinacyada digsiiga oo ay adag tahay in la walaaqo. Ka saar isku darka digsiiga. Markay qabowdo, ku dar midabaynta cuntada oo xash ilaa uu midabku wada gaaro. Ku kaydi weel hawada ka xiran.



Ilo Dheeri ah

- Tixgeli ka qaybgalka [Great Lakes Great Apple Crunch](#) bisha Oktoobar – cantuugada fudud ee u horaysa Beerta ilaa Daryeelka Hore!
- Ka hubi degelkeenna shabakadaha xiriirrada manhajyada iyo waxqabadyada kale: www.renewingthecountryside.org/f2ece

