



pint size PRODUCE

Dib ntsuab!

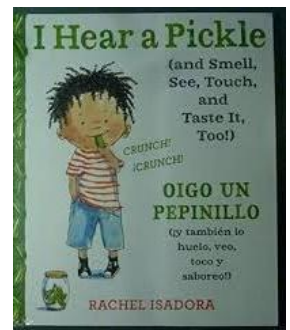
Khoom siv:

Phau ntawv:

*I Hear a Pickle
(and smell, see, touch,
and taste it, too!)*
Sau los ntawm
Rachel Isadora

**Phau ntawv: I Hear
A Pickle**

Tham txog peb cov senses thiab peb siv lawv li cas thaum peb noj zaub mov.



Khoom saj & ua si:

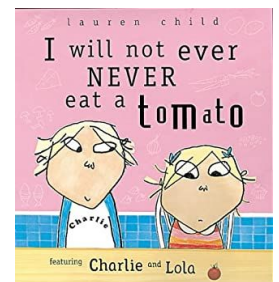
- Dib ntsuab
- Tus chais zaub
- Riam
- Lub fwm los yog hwj iav
- Kua qaub
- Zaub txhwb nyug
- ntsev
- Log cam

Saib daim video thiab nyeem phau ntawv:

<https://www.youtube.com/watch?v=JetHl3q2ldw>

Nyeem phau ntawv "I will Never, Not Ever Eat a Tomato" sau los ntawm Lauren Child. Yog koj nyiam, saib daim video:

<https://www.youtube.com/watch?v=OiHg3bRgSKc>



Khoom saj: Dib ntsuab

Dib ntsuab nws qab thaum de thawj zaug. Ib qho kev lom zem ua nrog cov menyuam yog kev ua pickles!

Muaj ntau ntau txoj kev los sim dib ntsuab ib yam nkaus - Qhov ib yog muab nws noj nyoos, los yog muab nws ntsw, los yog koj xav muab nws ua dib xyaw nplem thiab cream cheese - xaiv hom twg!

Ntawv tha xim:

<http://www.supercoloring.com/coloring-pages/vegetables/cucumbers>



Nkauj: Do you Eat your Vegetables?

(Tune: "The Muffin Man")

Do you eat your vegetables, vegetables,
vegetables?

Do you eat your vegetables, every single day?

*Txuas ntxiv hu nkauj nrog cov menyuam lub npe
thiab lwm yam zaub:*

Maria eats her cucumbers, cucumbers, cucumbers.

Maria eats her cucumbers, every single day.

Khoom saj & ua si: Pickles

Qhov no yog ib qho kev ua noj yooj yim - Cov tub
ntxhais hluas noj mov tuaj yeem tso lub dib hlais
rau hauv ib lub fwj. Rau cov menyuam me, muab
lawv ib lub hwj txawv vim hais tias yog lawv muab
cov dib noj, ces tsis huv lawm.

*Tub yeas Pickles **

1. Muab cos dib ntsuab hlias me me.
2. Muab cos dib rau hauv ib lub fwj los yog hwj
iav
3. Ntxiv nstev thiab zaub txhwb nyug (yog siv),
tom qab ntawd ntxiv kua qaub. Muab nws kaw
haum lub fwj thiab muab nws sib tov.
4. Tso rau hauv tub yeas - co dua tom qab ob peb
teev.

Cov no tuaj yeem noj tau sai li sai tau 2 teev tom
qab ua, los yog kav ob peb lub hlis hauv lub tub
yeas.



Kev kawm ntxiv:

- Xyuas peb lub website rau ntaum no:
<https://www.renewingthecountryside.org/f2ece>

Sources of Information

<https://www.goodreads.com/>

* <https://smittenkitchen.com/2014/07/easiest-fridge-dill-pickles/>

