



QUESTIONS

ABOUT YOUR **W**ORKPLACE OR **C**ONTRACT?

CONTACT THE **MRC** (**M**EMBER **R**ESOURCE **C**ENTRE)

Your first point of contact @ SEIU-West!

CALL *Toll Free Province-Wide!*

1.888.999.**SEIU** (7348) ext. 1

EMAIL

Leave a message so we can call you back!

MRCinfo@seiuwest.ca

WEBSITE

SEIUWEST.ca/contact



The MRC is staffed by experienced Union Representatives.
The MRC is normally staffed **Monday to Friday** from
8:00 a.m. to 4:30 p.m.